Igiugig News & Notes

Igiugig Tribal Village Council

March 2000

Volume 3, Issue 4

IVC Monthly Meeting by Sandra Alvarez

The regular meeting of the IVC was held on February 19th, 2000. Village Staff provided information about the many programs and projects that Igiugig is involved in. The Electric Company is scheduled for a full redesign and installation of all new gear & equipment with assistance from the State. The Council is collecting information about the local residents to set up a data bank of all the skilled workers available locally. The Dump Road Project is still in planning stages, but the Village expects work to begin next fall. Dan Salmon was recently in town to meet with attorney David Case who's been retained to represent the tribe in the particulars of this project. Portions of the Airport Building completion are on hold, but the Council will complete the offices and lobby for use this summer. Several airlines have expressed an interest in leasing space. Marie Nelson and Lydia Olympic reported on their recent training's. It was also reported that we received approval on the ANHB Solid Waste Grant application for a wood chipper and home compost units.

The "R Carnival" is one of the upcoming community activities and planning is underway for this summer's beautification project including flowers and other landscaping efforts.

The next meeting of the IVC is scheduled for March 14th.

February LSAC Meeting by Sandra Alvarez

The regular meeting of the Local School Advisory Committee was held in the Igiugig School Library at 4 p.m. on Thursday February 24, 2000.

Student, Christina Salmon, reported on fund raising activities including the upcoming "R Carnival" which will have a student sponsored snack bar and craft sale table. The yearbook is nearly ready to send out and will be available for sale before the end of the school year. T-shirt and hat sales have brought in approximately \$200 for the students.

Tanya Salmon reported on the recent AA Meet in Newhalen. She mentioned group sessions about nutrition, cold weather survival, gun safety, and job shadowing. Students also participated in NYO events, practiced public speaking and put on a skit.

Recent achievements for our students include, AlexAnna's victory in the District Spelling Bee, and Battle of the Books teams, 2^{nd} grade, $3^{rd}-4^{th}$ grade, $5^{th}-6^{th}$ grade, $7-8^{th}$ grade and High School. The latter two teams made it to the state level, while the other three teams received honorable mention for their participation at the district level. Thanks were extended to the Village Council for their contribution toward the student's efforts by purchasing Battle books for summer reading.

A moment of recognition was given for the late Reuben B. Eaton III for his contributions to the people of Alaska in weather reporting and for his personal contribution to the school district in providing related student sessions at regional AA meets.

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Diabetes Prevention Program by Sandra Alvarez

More and more Alaska Natives are getting diabetes each year. This disease does bad things and is related to our lifestyle - - the food we eat and how much exercise we get. Trucks, Hondas, snow machines and power tools make our lives easier so we get less and less exercise. Diets have changed to include lots of sugar, pop, Crisco and greasy snack foods, rather than the natural foods that people in Alaska ate years ago. All these things go together to put us at risk of getting diabetes.

BBAHC has started a program to be of figures case. One of their ideas is the "WALK TO BE FIT" program. By joining you will receive a T-shirt and can earn awards for the miles you walk. It doesn't cost anything to the you can win prizes and improve your health, all at the same time. If you are interested, stop by the Village Council office for a book about it and a registration form.

REMEMBER!

Your Permanent Fund Dividend application
MUST be postmarked no later than MARCH 31, 2000!
Applications are available at the Post Office.
Get yours filled out and mailed today!

Super Assistant Superintendent by Christina Salmon, 11th Grade, Igiugig School

Roy Rowe is the assistant superintendent for Lake and Peninsula School District (LPSD). In his position he is in charge of what goes on in the classrooms. Mr. Rowe works out the district curriculum and visits the classrooms. The assistant superintendent spends 2-3 days a week out at the school sites and the rest of the week he is working in the District Office. Almost every week he is traveling to different schools in LPSD. When Roy Rowe visits the schools he evaluates the teachers and students.

Mr. Rowe has been working for LPSD for two years now. Before working here he worked two years in the North

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YAHOO! Igiugig Receives ANHB Grant by Lydia Olympic

Dan Salmon, village administrator, applied for and received an ANHB Solid Waste Management Demonstration Grant on behalf of the Igiugig Village Council. With this grant the village council will be able to acquire a hydraulic tree chipper-mulcher and can-o-worms. The hydraulic tree chipper-mulcher will be used to grind trees, shrubs, grasses, and etc. The shredded-mulched material will be an excellent source for compost soil and it will also

help reduce dust in the community along with our village beautification project. Another alternative is to make shredded local Igiugig wood chips for smoking fish. Each interested house will receive a can-o-worms, a composting unit, using household food scraps. Igiugig environmental staff will invite the public to a meeting for set-up and demonstration on the can-o-worms. We will keep the community posted on the date.

(Continued from page 1) LSAC Meeting

A spring clean up date was scheduled for May 16th. Other dates of note including; Benchmark testing for 3th & 8th grade March 7-8, teacher in-service days March 15-17 (student dismissal at 1 p.m. on the 14th), and CAT 5 testing for 4th through 11th grade during the week of March 27th.

Community use of the internet is still in the process of being addressed by the school board, but we will continue to be updated as the program develops.

Other things discussed included the need for bleachers in the gym, the library grant under the Village Council, student preparedness for the exit exam, the district budget and next year's calendar.

The next regular meeting will be held on March 23".

Respect the Culture of your People by Lydia Olympic

At a current Village Council meeting it was brought to governing bodies attention that animal carcasses were being discarded into the local dump. According to local native tradition animal carcasses, especially bones, must be put into water because it is believed that the spirit of the animal gets thirsty. Animal carcasses at the dump attract bears, birds, and foxes. They also pollute the air with a rancid odor. Please respect the culture of your people by properly disposing your animal carcasses.

Bad Puff on Smoking by Christina Salmon, 11th Grade, Igiugig School

Cigarette smoke contains more than 4,700 chemical compounds, including cardiac poisons and industrial solvents which cause heart disease, stroke, lung disease, and birth defects. No wonder smoking causes so many deaths in America each year. In the United States alone tobacco use kills about 420,000 people each year. The U.S. Environmental Protection Agency (EPA) estimates that secondhand smoke causes 3,000 lung cancer deaths a year. Estimates for death from all diseases related to secondhand smoke are around 53,000. Even if a person does not smoke, but lives with a smoker, secondhand smoke is responsible for 3,000 lung cancer deaths a year.

The first target of tobacco advertising was for males who were shown as rugged and tough. Women were not targets of tobacco advertising until the 1930's, showing glamorous elegant women as central images. Today ads like Joe Camel target young adults, making smoking look "cool" or an activity that all teenagers do.

Inhaling the hot toxic fumes from the burning tobacco burns the linings of the air passages and reduces the smoker's ability to fight off diseases. An easy way to stay healthy is to not smoke. Your breathing comes easier, your breath smells fresher, and your teeth stay white.

Can Crushers by AlexAnna Salmon, 8th Grade, Igiugig School

Many times I, a volunteer can crusher, have dealt with swarming mosquitoes, odiferous trash, flies buzzing around me, loud, jangling cans being squished, and wet, slimy pop and beer oozing out of their cans and onto my clothes. Yes, can crushing is nasty work and Igiugig community owes a lot of thanks to the can crushing volunteers that have recycled Igiugig's pop cans.

Can crushing is important for reusing items in the environment, and not taking up space in the landfill, and it is important for the volunteers to work together for their community. There is also a reward for the volunteer can crushers: a ticket for a free pop, complements of the Igiugig Village Council, which they receive from the store.

All summer long and sometimes during winter,

Bernadette Andrew leads a can crushing group, who sort cans from garbage, crush and bag them, and send the cans to Anchorage to be recycled. The people who save their cans in a separate bag are very helpful because otherwise the cans would have to be dug out of the dump, (by volunteer can crushers), and placed in the white shed at the dump. "I have searched for cans in the dump with Bernadette twice. It is very disgusting, stink, and unsanitary. Please don't throw your pop cans in the dump," says Tanya Salmon.

For years 1998 and 1999, Igiugig volunteer can crushers crushed an average total of 625 pounds of cans, and earned \$125.12, which went towards community activity funds. Recently they crushed a total of 10 bags of cans, and that is a crushing amount of work.

Good Driver Tips of the Month

Information for everyone who drives a vehicle—truck, honda, snow-go, or bicycle

- When two vehicles reach an uncontrolled intersection at the same time, the vehicle on the right has the right of way (gets to go first).
- Never pass a school bus that is stopped in the roadway.
- Red flashing lights at an intersection mean that you must stop and then proceed when the way is clear.
- Signs shaped like this are always what?

School Calendar 2000 - 2001 by Sandra Alvarez

At the March meeting of the LSAC a calendar will be set for next school year. Comments from community members will help in this process. Some things to consider are:

- Two in-service days can be selected in February.
 Which Fridays should they be?
- Do you want a spring break (four-day weekend)?
 Without spring break school would end on May 23rd, with
- a spring break it would end on May 25th.
- Should the Christmas break be on the traditional Christmas, Russian Christmas, or over both (as it did this year)?

If you have any preference when holidays should be, speak with one of your LSAC members, Julie Salmon, Betsy Hostetter, Sandy Alvarez or Greg Zackar Sr., or attend the next meeting and help decide there.

Rural Entrepreneurs by Christina Salmon, 11th Grade, Igiugig School

Starting and operating a business in rural Alaska is a lot more challenging than many expect. To start the business a person needs determination, dedication, and a will to follow through on the project.

Michael and Bernadette Andrew's Kvichak Cabin opened for business in the spring of 1999. "We needed to diversify our income and take advantage of the tourists who come through here," said Mr. Andrew. In communities where job opportunities are scarce people must be self-motivated to survive with a decent yearly income.

Starting the rental cabin that the Andrew's own was not as easy as they expected. "It was very challenging to get a loan, there was a lot of paper work, and we had to keep following up on it," stated Bernadette Andrew. Dan Salmon, owner and operator of Igiugig Boarding House, said that, "It's harder to find financial institutions because many do not want to involved with bush Alaska." Finding money to start a business is hard and complicated. If the Andrew's ever build another cabin they will have the

money ready so the process of receiving finances is faster. It is also challenging to get the supplies out here to build the cabins or business facilities. You cannot drive to the local hardware store and buy your lumber and nails. Several strategies are needed when building in rural AK. The supplies need to be transported here, construction workers hired, and the building needs to be kept in working condition.

Once the building is open and servicing there is still the challenge of maintaining the building and finding clients or buyers. Dan Salmon said that he never advertised, but got his first clients from friends, referrals, and fellow businessmen. Julia Salmon, owner of Sayak's Lavguq (the local store), says that in her business she needs to keep her store stocked or customers complain. Mrs. Salmon says, "I learned to order food and supplies before the store was getting low on products." Running a business in a city like, Anchorage, would be much easier because of the availability of materials, but the owner does not have a close personal friendship with the clients.

(Continued on page 5)

Hobbies by AlexAnna Salmon, 8th Grade, Igiugig School

Q. What is a hobby?

A. A hobby is a favorite leisure time activity or occupation.

Q. What types of hobbies are there?

A. There are collective hobbies, where you collect a certain item; there is an entertainment hobby such as knitting or playing games; there are musical types of hobbies, outdoor hobbies, and indoor hobbies.

Examples of collective hobbies of yesteryear: Collecting stamps, coins, baseball cards, spoons, small plates, bottles and their caps, toy cars and trains.

Examples of collective Hobbies of today: Collecting TY Beanie Babies, Pokemon cards, Barbie's, cars, state quarters, and paintings.

Library News By Betsy Hostetter We are in the process of ordering furniture and more supplies for both the RecHall and the school from the Library Services Grant. I sent out a questionnaire, asking the community what kinds of materials the community would like to see in the RecHall and the School. If you filled the questionnaire out already, please drop it off at the Village Office. If you haven't, please do so as soon as possible.

(Continued from page 2) Assistant Superintendent

Slope Borough School District as a principal and assistant principal. He has no plans to become the district's superintendent simply because he has no interest in the position.

Roy Rowe especially likes his job because he travels to all of the different schools and meets the students. One thing Rowe dislikes about his position is that our district is so large he doesn't get to each school as much as he would like to. The weather is often a factor in determining whether he will visit many of the South schools in the district.

The assistant superintendent enjoys visiting our school because he says, "There is a good "feel" when you walk into the building, all students are engaged in learning. The students are happy, the buildings are kept clean, which show s a sense of respect and pride for the school, and the teachers here are good also."

If any student were interested in becoming an assistant superintendent or superintendent Mr. Rowe suggests they go to into teaching and then become a principal in order to become a qualified superintendent.

(Continued from page 4) Rural Entrepreneurs

Julia Salmon said, "Our community is a safe place where we do not have to worry about locking the store door and we don't think about stuff being stolen from the store, like you would in a larger community." When maintaining a small business you are allowed a close friendship with your customers and

are guaranteed they will continue doing business with you. Communication with customers is healthy and you hear all the great raves about how beautiful our village is. Rural business are harder to start and maintain, but the rewards are priceless. "It is great to know all of your customers on a personal basis," says Dan Salmon.

Are You in Favor of a . . . by AlexAnna Salmon, 8th Grade, Igiugig School

80% in favor

10% in favor

state state \$25,000 income sales PFD tax tax

10 people were surveyed to see if they would favor a 3% name tax on all income to go towards public services such as roads parts scrool etc. They were also surveyed to see if they would favor a 3% sales tax on all merchandise to go towards public services. These ten people were also sure end to see if they would prefer a \$25,000 PFD one time and end the discrete \$1000 every year. These were the results.

Shoot for the moon. Even if you miss it, you will land among the stars.

- Les Brown

Are They Really Suppose To Run Free?

By Tanya Jo Salmon, 7th Grade, Igiugig School

Is your dog in your yard or chained up? Do you really want to keep your dog? Well, if you do, then the owner should take care of them and not have other people do the task for them.

Igiugig has had plenty of loose dogs running around in the village. They have been going in other peoples' yards, sometimes being destructive. They have also been hungry, so they steal the chained dogs' food. I know that more than several times, a few dogs would go into the shed where I keep my dogs' food and eat it. Dogs get pesky when the owner lets them run wild, especially when you see the dogs in your yard that don't even belong to you.

The dogs also take objects. One time, when Christina Salmon went to visit Bernadette Andrew, a dog came and stole her shoes, she had to have a search

"crew" go out and look for them. "Loose dogs get annoying when they always come to your yard and take things," says Julia Salmon who has seen a lot of loose dogs in her yard that take her objects. The dogs also trample flowers in gardens, and chew on anything that they can find in a yard.

These loose dogs leave their waste in peoples' yards, and it is not the owner that is shoveling. Sometimes dogs leave their scat on the road. Seeing dog manure anywhere is not a pretty sight. People could step on the feces and track it into their houses, which could cause people to become ill. Also, if the loose mutt has rabies or worms, they could spread it to other dogs, animals, and even people. So, dog owners, please chain your dogs. They can still run around if the owner is with them, or if they are on a leash.

No TV, For Better or Worse?

By Christina Salmon, 11th Grade, Igiugig School

When I was told "No TV for a few days!" Panic struck me. No TV? How could I, (the average teenager) survive more than 8 hours without television? What would I do every evening? How would I keep in touch with what was going on in the rest of the world?

The answer to my fears was simple. Easily.

After recovering from my nervous breakdown I realized there was more to life than watching MTV for 2 hours a day. I began reading the newspaper for current news. The radio was constantly on giving me information about what was happening in the Bristol Bay area. I spent more time than usual reading for fun and enjoyment instead



The sign is a yield sign and means you must slow down and prepare to stop for traffic or pedestrians.



REMEMBER TO REGISTER
TO VOTE!

Are We Going by the Rules? By Ida Nelson, 9th Grade, Igiugig School

Around the Iliamna lake area are people really following the warnings on their vehicles? People who live in the bush don't think about the safety for themselves and others. When a person travels to different places in rural Alaska we see people driving with passenger's on the ATV's, not using their seat belts while driving, and not using a life jacket in a boat.

By not following the rules or caveats on the vehicles are we pushing our luck to far? Is it common sense to buckle our seat belts in cities most of the time, but not in rural villages? People would have to learn how to use the equipment correctly instead of sloppily. By doing the right thing there will be a decrease of accidents and deaths in Alaska and in the United Sates.

In Alaska what people have to do is learn what to do and to limit one self to a certain point. By following the caveats a life or lives can be saved.

A student from Igiugig School had done a survey about people and their vehicles. Are people really following the rules that the vehicle requires them to follow or just risking there own life? Hear are the results. 90 people were asked, by person and telephone conference, in a survey done by Ida Nelson.

Which traveling vehicle do you think is the safest to travel?

Boats: 10% Airplanes: 70% Snow-go: 14% Motorcycle: 0% Don't know: 16%

(Continued from page 6) No TV

of reading because I had too. I'm sure our TV receiver had some thing to do with our junior high and high school battle book teams winning the district Battle of the Books. I spent time interacting with my family; time we never use to spend together because we had to be quiet while the 6 o'clock news was on. The younger kids spent more time playing outdoors be-

When you drive your car or truck do you use a safety belt?

Yes: 55% No: 45%

While in a boat do you use a life jacket?

No: 44% Yes: 56%

When you use a snow-go do you use a helmet?

No: 44% Yes: 15%

Don't have one: 41%

While driving your Honda or ATV do you carry passengers?

No: 26% Yes: 74%

While traveling in an airplane, snow-go, and boat, do you use earplugs?

No: 45% Yes: 55%

Do you believe that there should be safety courses for all vehicles?

No: 58% Yes: 42%

While driving a snow-go or ATV do you wear the proper

gear? No: 68% Yes: 32%

cause "Simpson's" wasn't going to be on. I spent quality time with my homework because I wasn't rushing to get it done to watch "Friends" every Thursday evening.

As much complaining, cursing, and crying I did over wanting the TV I came to realize there is life beyond the sitcoms and soap operas. Maybe the TV being out was the best for me. My time was spent reading and participating in productive activities instead of staring lethargically at a television screen.

Big Storms in Alaska by David Alvarez, 5th Grade, Igiugig School

Big storms in Alaska can be dangerous. The winds, which can reach hurricane level, can become dangerous because of the strong gusts. These high gusts cause trees to topple and power poles to break at the bottom.

High gusts during big storms destroy property, make windows vibrate like waves are hitting them, and make people stagger and slip. If the places where the person is walking is very icy, while walking somewhere in the winds they can fall and hurt themselves. And if the weather is blowing and snowing, the blizzard can make

steering hard for trucks, cars, and ATVs. Airplanes and helicopters can't land or depart the airport because of the snow so the pilot can't see the airport. No bush pilot would fly in big storms in Alaska. My sister's uncle, Charlie Nelson, says "He had 8 square feet damaged on the west wall of his house."

In the most recent big storm, our wind gauge measured the wind at 80-85 mph. These winds, for the lower-48, would be a small hurricane, but in Alaska, that small hurricane is just a big storm.

Hobbyist's and their Hobbies

By AlexAnna Salmon, 8th Grade, Igiugig School

Everyone has hobbies, collecting, trapping, drawing, painting, engraving, which are profitable, relaxing, enjoyable, peaceful, and often useful. In Igiugig, where winters are dark and cold, and where there's small population, people have many hobbies.

You can sell your craft, like Julie Salmon. Making beaded earrings is her hobby, and she beads in her spare time. Julie Salmon sells her intricate crafts at the local store, at a lodge, and at the craft fair, "It's good extra income, and it's relaxing," she says. Beading is an inside activity to do during cold and dark days.

Mary Olympic also makes a profit off her hobby of making grass baskets. She learned this meticulous craft from her mom, one cold winter in Big Mountain, when she was 17 years old. She says, "First time I tried it was sloppy, then they [the baskets] started getting better." Making grass baskets is monotonous, and requires patience. Mary Olympic makes grass baskets, "'Cause I want to copy my mom," she says.

Other hobbies are useful and save money, like Annie Wilson's. She sews, knits, crochets doilies, mostly October through mid January because holidays and her family's birthdays are during those months. She makes wolf ruffs, slippers, gloves, and sweaters, all excellent Christmas gifts, and all relaxing crafts. "Whenever I make gifts people seem to appreciate them more because they are handmade, and you always try to do your very best job on them," Annie Wilson says.

George Wilson reloads bullets during fall before hunting season and in spring. "It's cheaper, and reloading costs less than half the price of buying bullets," he says. There's another benefit to reloading bullets. George Wilson says, "They are more accurate because you can reload them hotter so there is more power," if you buy quality gunpowder. Hobbies don't require sitting down. For example, Dan Salmon's hobby is flying. He always had an interest in aviation, and flying opened a lot of opportunities and freedom for him. "It's intellectually and physically stimulating," he says. Flying is the quickest form of transportation and helps his small business. This hobby requires good hand/eye coordination, quick decision making, good judgement, and knowledge of weather and mechanical systems. "I don't have to charter to get where I want to go. It's also useful for spotting game," Dan says, a benefit of flying.

Marie Nelson makes picture frames. "I enjoy it, it's fun and is something to do," Marie Nelson says. She makes picture frames when school pictures come in. She says her picture frames make good gifts for family members, "They look nice, they are more creative, and are prettier." Marie's interest in picture frames originated when she saw a relative making them. Marie has made her own ever since.

Hobbies are not only for adults. People of all ages have hobbies. For example, seven year-old Jacob Askoak has a hobby, "I collect rocks," he says. He likes to collect rocks, and he finds them by the boarding house. "I collect green rocks, red rocks, and kind of bluish rocks," Jacob Askoak says.

Another young hobbyist is Jonathan Salmon, who is hobby is reading <u>Archie Comics</u> and chapter books. "I read for fun and for educational purposes," he says. His favorite character in <u>Archie Comics</u> is Jughead Jones, but his role model is <u>Archie Andrews</u>. He reads comics, "Because they are funny," he says.

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Is Your Box Still Blazing? by Tanya Salmon, 7th Grade, Igiugig School

Do you think that you watch too much TV? Do you think that your kids spend too much time playing video games or watching too many movies?

6.8 hours is the average amount of time that a television is on, and the average amount of TVs per household is 1.7. Out of the ten people surveyed, one person has satellite and two have cable. Not many people watch TV for educa-

tion, but for entertainment. 60% watch the ension for entertainment and 40% watch TV for education. Almost every household in Igiugig has one channel, and three have cable or satellite, so the average number of channels per household is 21.6 channels, wouldn't that be a glory. Comedy and news at 40% are the two main types of shows that people like to watch, and only 10% people like to watch is tary and sports.

Winter Weather of Igiugig by Ida Nelson, 9th Grade, Igiugig School

Traveling, hunting, and everyday jobs are affected by weather changes. Igiugig experienced weather evolving, and affected the people who lived there. The villagers used the weather as a disadvantage and advantage.

Weather is a concern for Igiugig; determining it was to hunt, travel, or visiting other neighbors. This winter season, Igiugig received a large amount of snow that affects one's traveling plans. With temperature changing, the amount of precipitation, Greg Zackar, an experienced hunter and traveler said, "During the four or five year drought there was hardly any snow. This year is warmer than last year and it only got to 30 degrees below zero for two days and last year we had it for almost two weeks."

The snow on the ground, hunters and travelers are thinking about setting aside their Hondas and taking out the snowmobiles. Transporting game animals, and food supplies are easier with a snowmobile than with a Honda; won't get stuck in the deep snow. George Wilson, a game hunter and traveler exclaims, "In some areas while coming back from Pecks Creek I went through some over flow on the river, because of the snow on the ice." Although the snow enhances the

(Continued from page 8) Hobbyists

Ponty Askoak also has a hobby, drawing. "I like drawing animals," Ponty Askoak says. He enjoys drawing and his goal in drawing is to, "Learn how to draw good like my dad [Father Wassily Askoak]" Ponty Askoak said.

snowmobile it can be hazard when traveling

From the early eighties to the late nineties the amount of snow that fell this year (1999-00) was the end of another drought. It is said this has been the most amount of snow that fell in twenty years. "Probably in about eight years from now another dry drought will happen," Greg Zackar said. It is never what to say when nature will do her thing.

From a Kids Point of View

"I like making tunnels in the snow by my house," Alicia Zackar said excitingly playing with her sister Sharolyn. While the children were enjoying the snow, their parents were not happy with it at all. Making snow men, snow-angels, and having snowball fights with each other is more entertaining than having to work. The children of Igiugig enjoyed the snow received from nature. The children making the best out of the snow before it starts to melt.

The kids don't have to worry about the dangers of an over flow on ponds or getting stuck with a Honda in the deep snow. The children of Igiugig enjoyed the snowfall of year 1999 and 2000.

The purpose of hobbies is to enjoy your interest during extra-curricular time. Hobbies are relaxing, and are a time to think by yourself, and do something creative. Hobbies cover all ages, and are so relaxing and enjoying because you aren't pressured to do it, your hobby is something you are good at, and they help sharpen skills.



Igiugig Tribal Village Council

PO Box 4008

Igiugig, AK 99613-4008

Phone: 907.533.3211

Fax: 907.533,3217

Michael Andrew, Jr., President

Dallia Andrew, Vice-President

Randy Alvarez, Member

Greg Zackar, Sr., Member

Lydia Olympic, Member &

Environmental Program

Manager

Dan Salmon, Administrator

Sandy Alvarez, Administrative

Assistant

Bernadette Andrew, Editor & Social

Services Director

Betsy Hostetter, BIA Clerk

Christina Salmon, Environmental

Program Intern

Kevin Olympic, Environmental

Program Intern

ŎĠĠĠĠĠĠĠĠĠĠĠĠĠĠ Weather Watch

February 1 - 28

Highest Wind Speed . . . 89 mph

Average Wind Speed . . . 9.7 mph

Dominant Wind Direction . . . ENE

Highest Temperature . . . 45.8°F

Lowest Temperature . . . -12.6°F

Below Freezing . . . 24 Days

Below Zero . . . 1 day

&&&&&&&&&&&

Recipe Corner

Grandma's Bread

Ingredients:

1 package dry yeast

1-1/2 quarts warm water

1c. vegetable oil

small handful of salt

1c. instant mashed potatoes

5 lbs. All-purpose flour, less 2 c.

Dissolve the yeast in the water. Add the oil. Stir well. Mix in the potato flakes and salt. Start pouring the flour into the liquid mixture while stirring the mixture at the same time. Sprinkle a cutting board with flour and put the bread dough on the board. Knead the dough for 10 minutes. Flour your hands. Fold the dough toward you, then push away, receal folding and pushing, and turn the dough as you knead. Put the dough in a bowl and cover it with a clean cloth, and then set the bowl in a warm place. Let the dough rise to double its original size, which takes about 45 min. LATER- Punch down the dough with your fist, cover it and let it rise again. Grease loaf pans. Form 4 loaves from the dough. Stretch a piece of dough until it is 3 times as long as the loaf pan. Fold the dough into thirds, press out the air, and pinch the edges to gether. Place the dough in the pan with the smooth side up. Let the bread rise once more in the loaf pans. Bake at 350 degrees for an hour. Always remember WE KNEAD BREAD!