

Igiugig News & Notes

Igiugig Tribal Village Council

September 2002

Volume 5, Issue 10

SCHOOL STARTS!

Students were anxiously awaiting the start of the new school year. On the morning of August 27th, the eager students arrived bright eyed and smiling, ready to begin the new school year. The kids said hi to their teachers, Mr. Pete and Ms. Bonnie, and met student teacher, Mr. Lester. They busily checked out each others new school supplies and found out where they were going to sit.

This year there are 14 students in school: 8 students in the primary class and 6 in the junior high/high school class room.

Sheryl "Sister" Wassillie, seventh grader, joined us from Newhalen School. Everyone is happy to have her here.

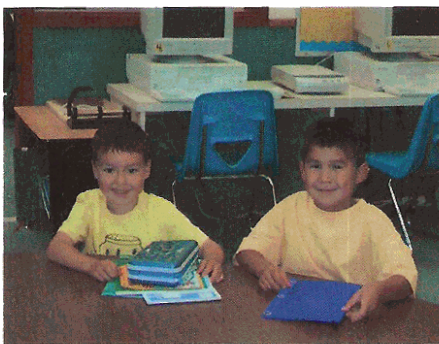
Shaun Andrew is our new kindergartner. He is excited about school and is getting used to having homework.

Other students are Tess Hostetter and Joshua Nelson in first grade; Sharolyn Zackar, second grader; Alicia Zackar, Jeremy Salmon, April Hostetter, and Shayna Nelson in fifth grade; Mary Hostetter, seventh grader; Jon Salmon, eighth grader; Tanya Salmon, sophomore; AlexAnna Salmon, junior; and Ida Nelson, senior.

Next week preschool starts. Watch for an article in next month's newsletter.

Have a great school year everyone!

Shaun and Joshua busily checked out each others new school supplies.



Ida busily checks her e-mail before school starts!



April and Shayna pick out their desks for the new school year.



Tess made sure her school supplies were all put away neatly.



Sheryl, a.k.a. Sister, checks in with Mr. Pete on the first day of school.

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Birthdays this month

- September 10
Sandy Alvarez
- September 27
Angel Alvarez

Fisheries Biotech Training – Old Nondalton July 7th – 27th, 2002

By Ida Nelson, 12th Grade, Igiugig School

One time someone told me that every one has an opportunity to be someone or somebody. It is up to you, the person, to take that opportunity to become that someone or somebody. This summer I took the opportunity to become a Fisheries Biotech.

Mary McBurney, a Lake Clark/Katmai National Park and Preserve subsistence program manager, organized the training that was three weeks long and involved intense class and fieldwork. If a student was able to complete the training they would get 5 college credits plus a stipend of \$1500. Although, if they did not pass the course or any particular reason they would still receive the stipend but would not receive the 5 college credits.

The training included 13 instructors from all over the state with their personal profession. We did not spend all of our time in the classroom, a lot of the time was spent out in the field learning how to gather data. The training included the following:

- Leave No Trace training
- Bear Behavior training
- The Introduction to Fisheries Biology
- Firearm Safety Training and Certification
- Introduction to weirs, operation, and maintaining
- Boating Safety Training and Certification
- Fish identification
- Test fishing theory and methods
- Basic First aid training and Certification
- CPR training and Certification
- Counting tower practicum
- And last but not least: GRADUATION!

An ordinary day in training was to awake around 7, eat breakfast by 8, and then be ready for class at 8:30 am. We had several breaks to get a drink of water, use the bathroom, and stretch. We would break for lunch at 12:00 PM for an hour and then go back to class or on a field trip to gather data and/or experience what it is like out in the field. Class would end around 6:00 PM and sometimes a little earlier depending on how fast we worked together. The time after dinner was yours to enjoy: take a steam, play games, and spend time to know each other for the three weeks.

If someone were to ask me “would I recommend this training to anybody else I?” I would say yes. Why? I think that this training is great for those who love to work outside and get a little bit of dirt on their hands. Much of the class time was intense but I was able to learn something in class and then apply it to life. We were able to learn a concept and then apply it to everyday life; instead of being in a classroom studying the concept just enough to pass the test and then forget about it. I think that is why I really enjoyed this training course because I can use it in an everyday environment.

CONGRATULATIONS TO IDA!

She passed this training and received the 5 college credits as well as the stipend and graduated as one of the top two students. Ida then went to count fish at river mile 22 of Newhalen River.

Way to go Ida!

Big Mountain Cruise by Tanya Salmon, 10th Grade, Igiugig School

Near the end of last month, Alex, Jon, Jeremy, Ida, Dean, mom, dad, and I went to Big Mountain. The trip was more exciting than most trips because everybody, except my dad, Jon, and Jeremy, were going to drive Hondas; Jon and dad took a Honda up with a skiff and Jeremy rode on the four-wheeler with my mom.

That afternoon, we all left the village. The ride was bumpy most of the way to Rocky Point because we drove on the tundra trail. From Rocky Point to Belinda Creek we drove along the beach, which made the ride much smoother.

Alex and I were cruising along the beach when two otters ran in front of our Hondas. We stopped the vehicles and watched the mother and its baby otter scurry into the trees. Although we saw lots of animal tracks, the otters were the only animals we saw on our trip.

Once we reached Belinda Creek, we had to drive our Hondas onto a skiff because the creek was so deep. The process of transferring Hondas was slow, so to pass time we threw rocks at the red salmon in the creek. When all the four-wheelers were across, we drove to Uncle Gabby's cabin.

When everybody met at the cabin, we decided to go to the top of the mountain. So, we followed a road

that led to the top. The trail is not as easy as it sounds because bushes grew on either side of the road and we had to drive really slow or we would get MAJOR bushwackings.

Soon, the trees thinned out and before I knew it, we reached the Big Mountain airstrip, which seems longer than ours! The rest of the drive was easy because bushes no longer lined the road.

At the top of the mountain, we all split up and explored the old buildings and looked at the beautiful scenery. From the peak, we would see Igiugig, Kokhanok, Iliamna, Newhalen, and Kukaklek. The lake was flat calm and had different shades of blue, which was outlined with green from the trees. The view was spectacular!

The trip down was exciting. Alex and I turned our Hondas off and rolled down the mountain. Sadly, my fun ended when I went through "Bush Wackey Road"

When everybody gathered at Uncle Gabby's cabin again, we parked the Hondas and all piled into the skiff; tomorrow we would bring the four-wheelers home. I can't wait to go up Big Mountain again, even if it means getting a "pellet face" from all the bush wacks!

The New Baby

Kyle Francis Andrew arrived on Wednesday, July 31, 2002 at 3:21 AM. He surprised his parents, Michael and Bernadette, with a weight of 10 pounds 6 ounces. He was 22 inches long. What a big baby!



Mike and Dallia with their three grandkids: Shaun, Kyle, and Camille.

Shaun and Camille are very proud of their little brother and love to hold him. Camille likes to pick out his clothes, help dress him, and give him baths. Shaun likes to tell him stories and says Kyle is fun to play with.



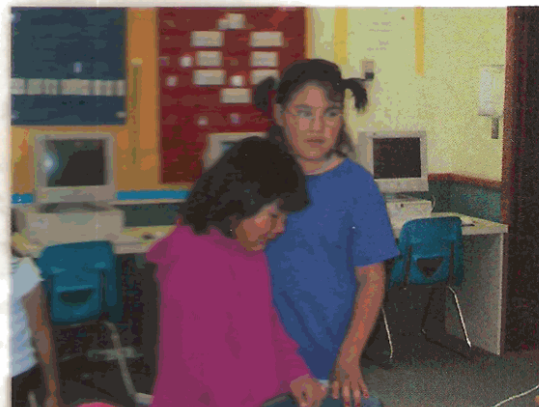
Shaun and Camille enjoy holding, kissing, and talking to their new baby brother, Kyle.



Shaun, Kyle, and Camille with their Grandma Sheila. They got to spend most of the summer with her in Anchorage, and then brought her home to Igiugig to visit.



Mary takes a break from the computer for a picture.



Alicia and Sharolyn arrived at school ready for a new year.

Library/Computer Lab News

Our library is looking great, thanks to AlexAnna and Tanya for their hard work and their dedication to the library. Here are more reading materials in the library, so drop in and check it out. Here are some of the books that you have missed... *Athabasca, Trackdown, Alaska Bear Tales, Orthodox Alaska, Stones of Tears, Wizard's First Rule, Special Ops, Cross Fire and The Web*

We also have some brand new videos that may interest you... **Bill Nye, The Science Guy, Cat in the Hat, Spy Kids, The Great Bears of Alaska, Crouching Tiger, Hidden Dragon and the Phantom Menace**

Books on Tapes are... **Old time radio All time favorites, The Loop, Nothing Good Can Stay, We were Soldiers Once and Young.**

Again we thank IMLS for their generous donation to our library. We could not have done anything without them. So, a great big thank you to IMLS...



WEB SITES OF THE MONTH

www.candystand.com

This site is full of sweets and treats. You may want to sink your teeth into it. It has games for everyone of all age groups, from trivia to card games to board games - - - so test your skills.

www.cartoonnetwork.com

This site has goofy games that your children can play while you relax just for a few precious moments. It also has a store you can shop from for birthdays and special occasions. So, click on this and enjoy the cartoon characters.

My First Road Trip by AlexAnna Salmon, 11th Grade, Igiugig School

On August 9, 2002, Gram, Auntie Lydia, and I flew to Anchorage. We picked up Auntie Sassa and began our trip by flying to Seattle. Once we got our rental car, the road trip began...and never ended.

The first stop: Quinault Reservation to see the Paddles 2002, hosted by the Quinault Indian Nation. This Canoe Journey is a cultural celebration that involves tribes who canoe for weeks before reaching their destination of Tahola where the fun begins. During protocol, a tribe from Juneau was honored first, because they traveled the farthest by water. This event was similar to the winter carnivals we have and I had fun wandering the streets eating fry bread tacos and looking at the sale stands. We were invited to stay at Justin James' house and decided to take a drive before the big potlatch took place. Once on the road though, we kept on driving to Canon Beach in Oregon.

Coincidentally, a national volleyball tournament was taking place that weekend at the beach, and the hundreds of motels within a 30 mile radius had NO VACANCY. We first thought the man who informed us was exaggerating and laughed at his warning. Four hours later, sleeping in the car in the dairy town of Tillamook by a blue heron cheese farm, in front of a rooster's house, waiting for the gas station to open, wishing we stayed with Justin James, is when I came to realize the man probably was telling the truth. The only gas station that stayed open all night was empty because a rodeo and fair came through town and needed gas. I learned one thing: it is fair time for farmers. After being pleasantly awakened by a rooster crowing at 5:00 AM, and my official road warrior initialization being completed, Gram climbed out of her bed (on top the luggage) and we gassed up and hit the road.

We stayed two nights in Portland so we could see Canon Beach and look at all the little shops, and to visit Auntie Lydia's friend Michelle who lives in farm country. From there, we were bound

for Disneyland in Anaheim California, an estimated 17 hour drive. We hit I-5 in temperatures reaching 110 degrees, and never turned back. One night, in the dark, we had a very unsuccessful time trying to find the town of Calinga to sleep. We followed the road signs into a very large feeding lot that brought nearly the driver and passengers to losing their dinner from the stench. Anyway, the next day we reached Disneyland. The whole day we spent in the land of Walt Disney, taking the two elders on all the roller coaster rides and meeting all the cartoon characters. Gram's favorite was the Matterhorn, but Auntie and I liked Honey I Shrunk the Audience, which is a 3-D movie. I waited 1 ½ hours to hug Pooh, Tigger, and Eeyore, but it was worth it. Disneyland was well worth the ride.

To make a long trip short, we drove back to Portland along the famous Big Sur highway, and saw the beautiful California Coast while jamming out to Johnny Cash and Kris Kristofferson. We stopped to check out the giant redwood trees that grow up to 368 feet! We crossed the Golden Gate Bridge and continued until Seattle to catch our flight.

Our road trip was filled with lots of laughs. Something kept us laughing whether it was Auntie Sassa washing her hair with perfume, me trying to choke Auntie Lydia in her sleep, the elders or "Chip and Dale" in the back seat munching on food-especially beef jerky- the entire way. We ate excellent fresh fruit, and I was introduced to eating uncooked corn right off the cob. At first it sounded unappealing, but I loved it! After playing the newly invented Atlas games four times (naming all the states and their capitals, and the states' nicknames), and seeing 32 of the 50 states' license plates, and after driving 3157 miles, our road trip was over and we flew back home. Overall, I had a great time and learned how to read road signs, and saw most of the west coast.

Electrifying News

Extra Electricity Used is extra money out of your Pocket!!!

ELECTRICAL FACTS:

DID YOU KNOW...

...listening to the radio or music rather than watching TV or videos will save electricity? Many people have the television on during the day for 'noise' while they do housework. If this is you, the radio would be a power (money) saving change you could easily make.

...making sure all the lights are off in the morning when kids leave for school and adults for work can save you lots of money. (Just five things left on can equal a cost of \$1.50 each day, or \$250.00 over the course of the school year.)

Win 100kwh of free electricity and other electrical prizes!

Submit your favorite energy saving tip and get your name entered in a drawing. For each tip submitted to the office and used in the newsletter, a ticket will be added to the drawing bucket on your behalf. The drawing will be held once a year.

19 entries to date!

ELECTRICITY SAVING TIPS:

- *Hanging heavy clothes like jeans, sweatshirt, and coats to air dry for a few hours before putting them in the dryer can cut the energy use in half. If you have lots of laundry to dry, skip the second warm-up cycle by taking the first load out while the machine is still hot and getting the next load going before it loses that heat.*

-Author's tip

I want to enter the drawing!

Here's my favorite electricity saving tip:

Name : _____

Drop off your tips to the office or send to Sandy through the Post Office or via e-mail.

GARDENERS GOODIES

SEPTEMBER garden activities:

- ☐ All through September – tour your garden regularly looking for seedpods that are ready to gather and save seeds from to grow again next year.
- ☐ September – continue to deadhead flowers to keep them blooming longer.
- ☐ September — collect and dry herbs both those you've grown and wild ones for winter use. (Dry by tying into small bundles and hanging upside-down in a warm well-ventilated area.)
- ☐ Early September – begin gathering up mulch materials like grass clipping, leaves or chipped bark to use around your perennial plants as the weather cools.
- ☐ Late September – put up stakes and markers near perennial plants so when the snowdrifts cover beds you will know where not to park snowgos, Hondas or trucks. Repair fences and bed edgings for the same reason.
- ☐ Late September – plan on emptying finished soil from your worm bin and getting the bin ready to move into a warmer area for the winter.
- ☐ September — Lawns
 - Mow grass prior to the first frost.
 - Rake up debris and move things off the lawn that would cause it to die-off over the winter.
 - Look at areas that you walk on regularly (frequently used “trails” will have shorter or brown grass where you often walk to the dog yard, steam bath, etc.) and consider making a gravel path there. This will make you a better-looking lawn next summer and save you from lots of muddy shoes throughout the coming fall, winter and spring!

REMEMBER those 5R's

Reduce – Refuse – Reuse – Renew – Recycle

Reuse – Old planks, pipes, caribou horns and other items can be used to outline the edges of flowerbeds and walkways.

Reduce – Have less garbage waste by adding paper such as scratch paper, napkins and Kleenex to the worm bin. This will not only reduce the amount of burning, it will provide you with more garden soil next year.



Back To School

Contributed by the Igiugig Environmental Department

Air: The air in Igiugig is fresh and clear.

Bulldozer: A bulldozer moves the dirt around at the new landfill.

Community: The community works together to keep our environment clean.

Dump: Do not dump pollution (oil, gas, batteries, or perfume) in the water.

Earth: Help us protect the planet Earth by reducing waste, recycling, and reuse.

Flex: Flex your muscles and pick up trash.

Groundwater: Water beneath the soil.

Harmful: Toxic (poisonous) pollution can be harmful to our health.

Igiugig: Home sweet home, Igiugig.

Junk: Junk clutters up the environment.

Kids: Kids help protect the environment.

Landfill: Our new landfill is far away from the school (yippee).

Mercury: Mercury is harmful to touch or to eat.

Noble: Protecting the environment is a noble cause.

Ocean: The fish in the ocean are depending on us to protect them.

Pollution: Pollution is not the solution.

Quickly: Pollutions need to be cleaned up quickly.

River: The Kvichak River is pristine; let us keep it that way.

Sunshine: Energy can be harvested using sunshine and it is called solar power.

Toxic: If something is toxic, it is bad for you.

Unity: Unity is community is working together.

Village: Igiugig is your village; help keep it clean.

Waste: Help reduce waste in our village.

X-ray: We do not need x-ray vision to see how important the Earth is to us.

Yuck: Yuck is what people say when they see trash everywhere.

Zap: Zap your litter into the garbage can.

WALK TO BE FIT

Back to School! Fall time is upon us and we are all getting back to our regular routine for winter. What better time to start some new healthy habits? Since lots of things change about now, adding activities at this point can help them to easily become part of your daily routine. Good eating habits that are easy to start right now include always eating breakfast and a small nutritious 'after school' snack.

Gather up your fleece clothing and warmer walking shoes and get them aired out for the upcoming chilly morning walks.

IDEAS!

- #1 ~ **W**alk to school and add at least a quarter mile to your daily walking log—that's several extra miles each week!
- #2 ~ **S**top by the weight room and give the punching bag a quick workout on your way to school. It's possible that a couple of extra minutes on the weight machine could really make a difference in your team's performance. It could also be that you'll start the day invigorated and maybe work out a few frustrations with homework woes as well.
- #3 ~ **P**arents can take a lunch break to walk up to the school and spend a meal with their child. (Check with the teachers, but the last time I ate there it was \$3, and quite healthy food.)
- #4 ~ **C**heck out the treadmill when the 'no-see-ums' are at their height of ferocity (the bugs, not the team). A good walk without being chewed up can be quite nice this time of year.
- #5 ~ **V**olunteer in a classroom or for outdoor activities at school. This will provide a reason for you to be up and moving, let the kids know you like to do things with them, and can be a big help to our busy teachers.

Total Village Mileage through July is 22,798. We are now only a little more than a thousand miles from walking all the way around the world!

In terms of distance, that means if we had started off walking south we would have gone all the way down North & South America, across the Antarctic continent back up the far side of the globe through Africa, & Asia, over the frozen Arctic, and we could now be somewhere on the northern part of Alaska—maybe Nome—hiking back down toward Igiugig.

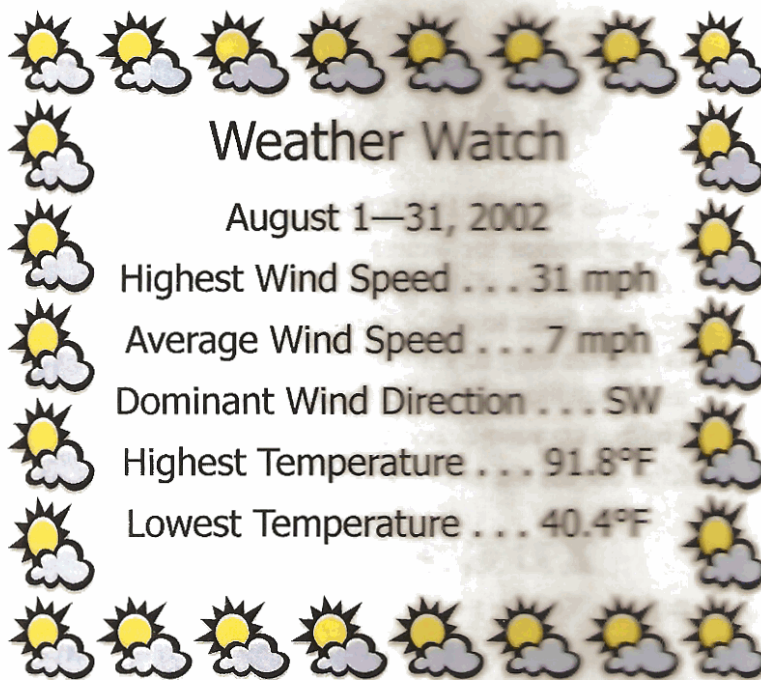
KEEP ON WALKING!

John	2368
Annie	1486
Joshua	1241
Sandy	1240
Shayna	1150
Marie	939
Lydia	929
Dallia	840
Yako	824
Mary	810
Kayla	645
Alice	557
AlexAnna	520
Tanya	497
David	472
Bernadette	455
Angel	452
Michael	447
Dan	436
Ida	427
Charlie	416
Julie	412
Shaun	402
Betsy	383
Alicia	313
Jonathan	305
April	270
Jeremy	214
Sharolyn	205
Tess	182
Camille	170
Kevin	155
Pete	75
Bonnie	20

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● Jason Nowatak, Library Intern



Recipe Corner

Contributed by ... Bernadette Andrew

Strawberry-Rhubarb Coffee Cake

(Taken from Martha Stewart Living)

1 1/4 cups chilled unsalted butter, plus more, softened, for pan

1/4 cup freshly squeezed lemon juice

1/3 cup cornstarch

2 3/4 cups sugar

1 pound strawberries, hulled and sliced

1 1/2 pounds rhubarb, trimmed and cut into 1-inch pieces

3 3/4 cups all-purpose flour

1 teaspoon baking powder

1/2 teaspoon baking soda

Pinch of salt

2 large eggs

1 1/2 cups buttermilk

1 teaspoon pure vanilla extract

1. Preheat oven to 350*. Brush a 9-by-12-by-3-inch baking pan with butter, and set aside. Make fruit sauce: combine lemon

juice, cornstarch, and one cup sugar in a medium saucepan. Add strawberries and rhubarb; cook, stirring frequently, over medium heat, until rhubarb is soft and liquid has thickened, 15 to 20 minutes. Transfer to a medium bowl; let cool.

2. Make the crumb topping: combine 3/4 cup sugar and 3/4 cup flour in a medium bowl. Melt 1/4 cup butter in a small saucepan over low heat. Drizzle butter over flour mixture; using your hands, mix until crumbly. Set aside.
3. Make cake batter: Whisk together remaining 3 cups flour and 1 cup sugar, baking powder, baking soda, and salt in a large bowl. Using a pastry knife or two forks, cut butter into flour mixture until it resembles coarse meal. In a separate bowl, mix eggs, buttermilk, and vanilla. Pour into flour mixture; stir to combine.
4. Spread half the cake batter evenly into the prepared pan. Top with half the fruit sauce. Carefully spread the remaining batter over the fruit, and top with the remaining fruit sauce. Sprinkle with the crumb topping.
5. Bake until cake is golden brown and springs back when touched in the center, about 1 hour. Transfer to a wire rack to cool slightly. Serve warm or at room temperature, cut into squares.