

# Igiugig News & Notes

Igiugig Tribal Village Council

April 2003

Volume 6, Issue 5

## To Yosemite and Beyond by the Alvarez Family



David, Angel, and their cousins Grace, Curtis, and William at Yosemite.

Our family trip this spring took us to Fresno, California where we visited our cousins. There was lots of riding and sitting down including a three-hour ride in their motor home to visit Yosemite National Park. This park is in the Sierra Nevada Mountain range. It is a very narrow valley with lots of huge rock cliffs, very tall trees and the highest waterfall in North America, which drops 2,545 feet. We couldn't go to some parts of the park because it was closed for the winter, but it was about 60 degrees in the part we did visit. There were still some small snow patches in the shade and higher in the mountains.

On our way back home we had a four-day layover in Anchorage and got to go to the new water park there called the "H2Oasis". The best thing there was the biggest water slide.

Another exciting thing was a fire alarm in our hotel that made us run outside early in the morning without our shoes or coats.



Angel and her cousin, Grace, in front of the waterfall.



H2Oasis in Anchorage

### Inside this issue:

Anchorage House	2
Reading Contest	2
Technology Class	3
Toyostove	3
2002/03 Winter	4
Library/Computer Lab	5
Poetry	6
Frostbite	6
Electrifying News	7
LSAC	7
Close Up	8
N3546T	9
Gardeners Goodies	10
Environmental News	11
Mission Statement	12
Walk To Be Fit	13
Weather Watch	14
Recipe Corner	14

### Birthdays this month

- April 14  
Renae Zackar
- April 23  
Mike Andrew, Sr.
- April 27  
Randy Alvarez



## Anchorage House Phase II by Tanya Salmon, 10th Grade, Igiugig School

Anchorage House Phase II (a.k.a Voyage to Excellence) is a program that the LPSD and the Chugach School District created to help high schoolers with transition from school to life. I attended this 8-day program from March 12-20 with 8 other students: four from our district and three others from the Chugach School District.

While at the Phase, we had to keep the house we were staying at clean. We were given chores that we had to finish everyday at a certain time before doing other activities. During the day, we were given assessments on career development, personal/social health, and service standards, which we had to complete by the end of the week. At the Phase, everybody had to do job shadows.

I was able to job shadow the child development area at the Providence Hospital, take a tour of the Anchorage Daily News and job shadow a graphic designer (she even let me make an ad for the newspaper!), toured Aly-

eska Prince Hotel (I viewed the house keeper and the front desk), and Channel 13 News. At Channel 13 News, I watched April, Traci, and Nicole (reporters) work on their stories and I was even on the news for the weather.

The Phase was not all work; I went to see my first Anchorage Aces Hockey game. The game was really exciting, but the fights were the best part. Even though I sat behind some loud and obnoxious kids (one was even thrown on Ashana and I), I had a blast. Another fun activity we did was going to the Alaska Rock Climbing Gym. Rock climbing is easier than I thought it would be. After we mastered the easy walls, we climbed some harder ones. The next day, my arms were sore.

Overall, I had a great trip in Anchorage (although I became very sick and missed the tour of Fed-EX). I had fun meeting new people and exploring the different job opportunities out there! I am excited for Phase III, which is also in Anchorage.

## Iditarod Reading Contest Winners By Bonnie Hauschka

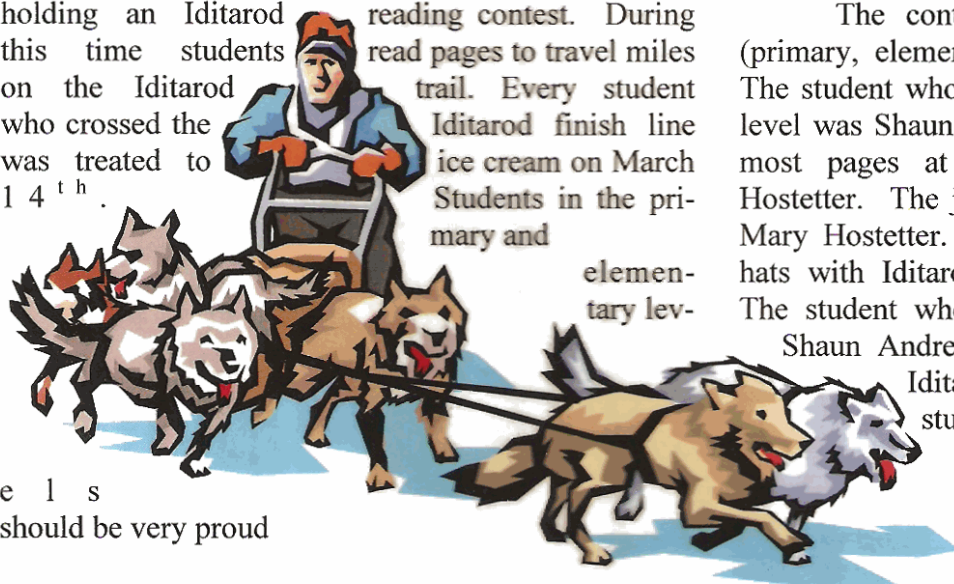
Why were all of the students reading feverishly from March 1<sup>st</sup> to March 10<sup>th</sup>? Our school was holding an Iditarod reading contest. During this time students read pages to travel miles on the Iditarod trail. Every student who crossed the Iditarod finish line was treated to ice cream on March 14<sup>th</sup>.

Students in the primary and elementary levels

of themselves because they all participated and they all finished the race.

The contest was divided into three levels (primary, elementary, and junior high/high school). The student who read the most pages at the primary level was Shaun Andrew. The student who read the most pages at the elementary level was April Hostetter. The junior high/ high school winner was Mary Hostetter. These level winners received knit hats with Iditarod 2003 embroidered on the front. The student who read the most pages overall was Shaun Andrew. He received a commemorative Iditarod baseball cap. Way to go Igiugig students!

Students should be very proud





## Technology Class 101 By AlexAnna Salmon, 11<sup>th</sup> Grade, Igiugig School

The plan stemmed from an idea. A simple chat with Mike Roberts (a teacher in Newhalen who specializes in technology, and a former teacher in Igiugig). In reality –an educational dream come true.

This year Igiugig School has reached its technological prime. Our school received a flashy new iMac computer to complete our video collection composed of a state of the art tri-pod, a fairly new video camera, new portable microphones, DVD/CD's, and the right software. One problem....with a classroom full of Gateway PC programmed students and staff, where were we supposed to learn how to use this equipment? On one of my trips to Newhalen I encountered Mr. Roberts and talked about technology. His solution: host a week of training in Newhalen.

Somewhere between teaching science class, watching his boys in basketball practice, and working with students for the Newhalen Cultural Heritage Project (NCHP), Mr. Roberts managed to write up a proposal for the district to review and approve.

About a month later, AlexAnna and Tanya Salmon, and Ida Nelson, accompanied by Pete Hauschka, were in Newhalen School taking Technology 101 with Mr. Roberts. We roomed at the Newhalen House from February 24-27. During the school day we learned about the advantage of a networking system, we were intro-

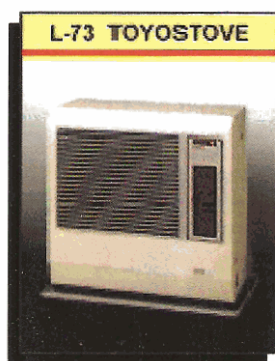
duced to the programs available on our iMac and which programs were compatible with Windows or Gateways. After learning the basics of different operating systems we dove into videoing techniques –establishing different angles and perspectives, how to master the art of storytelling through video, and establishing emotion. As a final project we produced a video of Newhalen School, what makes it unique, different, and the personality of the students, which we will also do for Igiugig.

Upon returning to Igiugig we were filled with new knowledge, ideas, and inspiration to create Ida's senior video, create a video capturing the reflection of Igiugig School, and to design future school yearbooks through CD-ROM or DVD's.

The eligible highschool students at Igiugig School were more than fortunate to participate in this educational opportunity of a lifetime. We cannot even begin to express the gratitude we feel towards Mike Roberts' dedicated teaching. Saying thanks is not enough, but we can apply our new knowledge to the betterment of our school, and can teach other students how to take advantage of our equipment. On behalf of all the students at Igiugig School, thank you Mr. Roberts for your efforts in making this experience possible, and for your guidance and personal instruction.

### **Toyostove dealer in town!**

Igiugig Repair Shop is now the local area authorized Toyostove dealership. If you have any questions or want to get prices on new units, parts or service, please see or call Dave at 533-3293. Until May 31, Toyostove is offering a \$50.00 rebate on 73's and \$45.00 on 56's. As an introductory offer I am matching those rebates. That makes your cost for a Laser 73 only \$1399.00 + shipping! Get 'em while they are hot! Offer good 'til May 31, 2003. Also, come to the house to get a brochure on the new stoves that burn #2 heating oil!





# 2002-2003 Winter

By Jonathan Salmon, 8th Grade, Igiugig School

As you can see the winter throughout Alaska was very mild. The temperature had a hard time staying below zero and when it did finally start to get cold it warmed up again right away. El Nino and the moving of the jet stream has attributed to the unusual weather. This winter the wind blew from a very different direction, from the south much of the time bringing the temperature into the 40's. If it wasn't from the south it was from the east but the east wind that usually blows in bitter cold wind from the lake was warm from the oceans, without the ice to cover the water the water also rose this winter. In the Lower 48 the jet stream that usually brings cold air from the north moved and pushed cold air to places that don't get snow often. It is getting cold now because a very large high pressure moved over almost all of Alaska and with clear skies you get cold, still air. For a couple of days it blew north wind when a low started to push the high around our lake area; winds blew up to 30 mph and averaged around 0 degrees out.

With warm weather like this all of Alaska was impacted such as the Iditarod, which had to take an alternative route. Instead of the traditional Anchorage to Nome, mushers had to begin the race in Anchorage on the first Saturday in March then fly up to Fairbanks to start over on Monday. All of the ponds and creeks had to be detoured to avoid getting wet. Near the end of the race was when the high moved in and got colder. The colder weather made thin ice over the water and creeks and so they still had to be avoided for it would be bad to get wet while it was so cold. Robert Sorlie is the winner of the Iditarod this year. Yet another problem surfaced when there was not enough snow for the Iron Dog race this year. This race had to be canceled because the warm weather melted all the snow and there wasn't enough for the snow machines to drive safely and driving on the bare tundra would have broken the machines along with scarring the land.

Along with the ponds not being frozen the creeks and rivers that flow into our lake were not frozen so they continuously filled our lake. High east winds combined with a higher than normal water level led to the lake being higher than previous years. Although there may be high water now, later on in the year the river may be shallow for if there is hardly any mountain runoff in the spring there won't be much water flowing into the lake. Therefore the water might be lower than before this summer.

The lake never froze over this year enough for winter travel and now in mid March the lake is pretty much all covered with ice as it was in January but melted in 40+ temperatures. During Slavi time everybody had to fly which meant that not as much villages were going other places as compared to previous years. That means the carnivals and Slavi had a lot less people going than in previous years.

How will the winter be next year? How will the summer be compared with a winter like this? Questions like these will be haunting all of Alaska until we do see what will happen.





# Library/Computer Lab News

Have you been up in the library lately? Seen the new bookshelves? The taller shelf is full of nonfiction books, and the shorter one is full of all the Alaska books and the easy fiction books are shelved on the other side. Thank you Dave for putting the shelves together. Looking good, looking good!

## Easy Books:

The Storm Book, A Special Day, The Very Busy Spider, ABC Easter Bunny, The Easter Bunny that Overslept, The Wind Blew, The Bunny who Found Easter, Bunny Cakes and Grumpy Bunnies.

## Alaska Books:

The Trail Led North, The Otter, Tupag the Dreamer, The Gift, The Sleeping Lady, Rails Across the Tundra, Keepers of the Night, Athabaskan, Spill! The story of the Exxon Valdez, Alaska Bear Tales and Cooking in Alaska.

## Fiction Books:

Case of the Missing Cat, Journey of the Sparrows, The Money Creek Mare, The Court of the Stone Children, 2001 A Space Odyssey, Where the Stars Begin to Fall, Calico Bush, What a Year, and On my way.

## Nonfiction Books:

Native Wisdom, Ultimate Kids' Money Book, American Indian Myths and Legends, Spirits of the Earth, Straight Talk about Drinking, Clever as a Fox, Nature's Miracle Medicines, The Amateur Pilot and The Tracker.

## VIDEO AND DVD:

The Great Bears of Alaska, African Animals, The Fall of Communism, The Man Behind the Last Great Race, The Rookie, Man Beasts and Survival!

## C.D. ROMs, Cassette tape/Books on tapes:

Beneath the Ashes, The Last, Black Hawk Down, Tales from Cultures Near and Far, My Father's Dragon, The Wanderer, Life these Days, Toddler Play and Learn, Magic School Bus Lands on Mars, and Reader Rabbits Preschool

## [www.24hourbatteries.com](http://www.24hourbatteries.com)

Have you ever needed batteries, but can not find anywhere to purchase them at a reasonable price? Do you need a battery that fits into that new toy? Or a new watch you got for Christmas? Their logo is "No minimums to buy, no handling charge, and always low prices!" They are quite true to their word, so take the time and check this site out... You have my word on it.

## [www.funbrain.com](http://www.funbrain.com)

Do you want your children to play another interesting game, but don't know where to find any? Think you are good at "Hang-Man?" Super at connecting dots? Think you are unbeatable at playing tic-tac-toe? This site may be the one for you. So take the time and check this out.



### Runny Nose

My nose is runny.  
It isn't funny.  
Hand me some tissue  
And I'll feel sunny.



### Wash Your Hands

Wee Willie Winkie  
Washes his hands,  
At night when he sleeps,  
And in the morning when he stands.  
Using lots of soap,  
He says with a smile,  
"My hands are clean and I've  
not been sick in a while."

### Germ

Germ, germ go away,  
Don't come back another day,  
We all want to go and play!



Primary students Sharolyn Zackar, Joshua Nelson, Corey Olympic, Shaun Andrew, and Tess Hostetter wrote these poems as a group effort.

## Frostbite by Jeremy Salmon, 5th Grade, Igiugig School

Why should you dress warmly in cold weather? Because you don't want to get frostbite. Frostbite is frozen body tissue usually skin deep, but sometimes deeper. Frostbite appears as white or pale patches on skin that has not been protected in cold weather. Frostbite must be treated carefully to prevent permanent tissue damage.

Children are at greater risk for frostbite than adults are because kids lose the heat from their skin much more quickly. Most adults can get frostbite in temperatures of ten below zero. However, a few minutes of unprotected exposure to temperatures below 10 degrees Fahrenheit can give kids frostbite.

To prevent frostbite you should wear

warm clothes when you go out on cold days. Another way to prevent frostbite is to go inside before you get too cold. You can also use hand warmers when you are traveling to places on cold days. A final thing you can do to prevent frostbite is to stay inside when it is really cold.

If you get frostbite you should take off any wet clothes and put on dry ones. You should then keep warm until an adult or a health aid can help you. Whatever you do don't rub the area that has frostbite. This can damage the skin. Frostbite can be prevented if you dress the right way for the weather, so don't forget to wear those gloves and hats.



# Electrifying News

*Extra Electricity Used is extra money out of your Pocket!!!*

## **ELECTRICAL FACTS:**

**QUESTION:** Do you use overhead lights or a lamp when you read?

**ANSWER:** If your answer was overhead lights, you could be paying as much as \$40 more than you need to each month.

*A little attention to only using the lighting you really need for the job can make a big difference in your monthly bill.*

## **Win 100kwh of free electricity and other electrical prizes!**

\*\*\*\*\*

Submit your favorite energy saving tip and get your name entered in a drawing. For each tip submitted to the office and used in the newsletter, a ticket will be added to the drawing bucket on your behalf. The drawing will be held once a year.

19 entries to date!

### **I want to enter the drawing!**

Here's my favorite electricity saving tip:

---

---

Name: \_\_\_\_\_

## **LSAC** by Bernadette Andrew

The February meeting of the LSAC took place on March 3rd and the meeting for March was on March 27th. Pete informed the LSAC of some important dates of note including: testing March 4th—6th; upcoming high school AA meet; and graduation and awards ceremony on May 16th. A new record board has been posted in the gym for physical fitness—it should have some names on it soon. Pete said the students are plan-

*(Continued on page 10)*

## Close-up at the Nations' Capitol

By AlexAnna Salmon, 11<sup>th</sup> Grade, Igiugig School

MARCH 7-16, WASHINGTON DC

On Friday, March 7<sup>th</sup> at 9:45 AM an unexpected travel fax came to Igiugig School, surprisingly informing that I was to leave Igiugig for Washington DC at 10:15 AM. You could imagine the panic to follow, as I had no prior notice that Friday was the departure day for Close-Up. Nonetheless, I still made my flight, a little discombobulated.

Senior Brian Janti from Newhalen School and chaperone Tripp Oakley from Chignik Lake School were also chosen to attend Close-up, a week-long closer look at our national government. This action-packed week involved hundreds of kids from around the U.S. At our hotel, most kids were from Massachusetts, Arizona, Connecticut, Indiana, Alabama, Texas, Oregon, Iowa, Chicago, and us from Alaska. We were divided into ten groups and five buses and assigned PI's, or Personal Instructors. Everyday breakfast was served at 7:30 and we hit the road by 8:30 AM. We toured all of the 'Mall' or the monuments and memorials, explored most of the Smithsonian Museums, saw the White House, had a Capitol Hill day where we toured the Capitol building and met with our Senators and Representatives, endured seminars on different topics, and ate meals at exciting places like the ESPN Zone. Everyday each group had workshops led by PI's, and even bus transfer time meant instruction/workshop time. We continued sightseeing and overall 'seizing the day' until 10:30 at night where dog-tired students headed to their rooms for the night. I even visited a Muslim mosque—wearing a scarf and without my shoes of course.

On the last day we met with our chaperones (who by the way were experiencing a teacher's schedule and were treated VERY WELL) and had a chance to explore whatever we wanted. Brian, Tripp and I, along with some newfound friends, visited the depressing Holocaust Museum, revisited some of the Smithsonian museums (it

would take a good week to explore all of them thoroughly), and went to Georgetown for shopping. That was an adventure!

Two highlights of the week included Capitol Hill Day and watching a hilarious play comedy Sheer Madness. Brian, Tripp and I met with Senator Lisa Murkowski, and Senator Ted Stevens, and House Representative Don Young. The visit to Young's office was very fun. He was the only congressman who took time from his overly busy schedule, to hold a long detailed discussion with the kids from Alaska. He answered all of our questions, told some stories, and had our picture taken and printed within 5 minutes for us to frame. That type of attention is unusual because our congressmen have conflicting schedules and hundreds of kids from the Close-Up program visit their offices each year. We were lucky. The absolute highlight of that day was visiting a committee hearing on HB 39, the bill to open the Alaska National Wildlife Refuge—a hot topic in Alaska. We heard the Secretary of the Department of the Interior Gail Norton's argument in favor of the bill, but unfortunately we didn't have enough time to listen to the Gwi'ichn Natives' argument opposing the bill. I also saw Senator/Former First Lady Hillary Clinton while watching the Senate in session.

Last year I attended Close-Up in Juneau to explore the state government. I experienced the opportunity of a lifetime while in DC at an important time in history, the week before the war with Iraq. I highly recommend high school students fill out an application for this program. It is the best way to make new friends, and have a good time while learning how our government operates. Classes are intense but the outcome is priceless! I appreciate LPSD accepting my application and giving me this opportunity.



### CAMPBELLS LABELS

We have collected a total of 9950 Campbells Labels!!!  
Remember you can earn a prize by saving labels and  
turning them in at the Village Council office.



# N3546T

By Jonathan Salmon, 8th Grade, Igiugig School

N3546T are the numbers of an old 1973 Taylorcraft that once belonged to my dad, Don, Randy, and not to long ago Brian. It all started with Randy who owned the Taylorcraft after he bought it from a man in Bethel. He learned how to fly in it with instruction by Edwin Peterson from Levelock. Randy had the plane for many years but wanted a different one. So, he sold his t-craft to Don Perrin who used to be stationed here at Igiugig when he was with Fish and Game. Don learned how to fly by getting some pointers from Randy and practicing on the runway. He got his pilots license later. He stripped the plane down to the skeleton and put it back together again with new fabric, paint, and a rebuilt engine. My dad was also stationed here, employed by Fish and Game at the same time as Don. He wanted to have the freedom to go wherever he wanted whenever he pleased but my dad needed a plane and a pilot's license. After learning to fly at Merrill Field, and getting his license, he bought the plane from Don in 1996. Just last year my dad decided that he needed

a larger plane. He found a 1953 170B Cessna in good condition in Canada and bought it, selling the old t-craft to Brian Kraft, after putting 1200 hours on it. Part of the deal in selling the plane to Brian was that Brian assured that he would take good care of it. Brian wanted the plane for a cheap transport between Anchorage and Igiugig and a simple plane to get used to flying again after he lost his license in a plane crash.

Just last week, however, there were extremely high winds in Anchorage that destroyed about 31 planes. Sadly, among the many planes was the old t-craft. It wasn't tied down well and didn't have the wing covers put on, so it was flipped down the Merrill Field parking lot. The wings are torn off and the frame bent with a tattered body. A picture of it was in the Anchorage Daily Newspaper the next day. Many people called my dad to offer condolences for they thought he was the only owner of N3546T; some never even knew that he sold it.



Shaun and Corey had a fun afternoon playing with trucks on a warm Spring afternoon.



## GARDENERS GOODIES

### APRIL garden activities:

Early APRIL – Watering—be sure your seedlings don't dry out. If they require watering daily, try setting them in a tray with a mat that can wick water to them, or transplant them to larger pots.

Early APRIL – Transplanting—if the roots on your sets are getting crowded, move them into larger cells or pots. If they become root bound, growth will slow down and they will not transplant out doors as well.

Early APRIL – Check your outdoor plants, trees and shrubs. If there seems to be damage from wind you can put in stakes and use soft rope or heavy twine for trees to tie them upright and help them grow straight. For other damaged plants you may need to provide a 'windbreak' of boards, rocks, or other material for protection while they get growing this year.

APRIL – keep your sets growing compactly. If they are becoming leggy (tall and weak) give them cooler temperatures and more light.

APRIL – Larger houseplants that are becoming top-heavy should be transplanted into larger pots with some fresh soil for best growth during the summer season.

APRIL – be sure to have good airflow. As seedlings begin to grow larger and leafier the air has a hard time circulating and mold or plant fungus can damage them.

Late APRIL – start planting seeds indoors for the cool weather crops such as cabbage, broccoli, or cauliflower, which only need about four weeks to be ready to plant outdoors.

Late APRIL – check out your grass areas and if there are bare spots from winter use or cold, put in grass seed and then fence it off to keep people (and animals) from walking on that area for about six weeks.

### **REMEMBER those 5R's**

#### ***Reduce – Refuse – Reuse – Renew – Recycle***

*\*An old coffee pot with the end out, can be pushed into the ground as a 'windbreak' around seedlings when you first plant them outdoors (so begin saving them up now).*

*\*Digging compost materials into your beds now will renew them for better plant growth this summer.*

LSAC (Continued from page 7)

ning on holding one more fundraising event before the end of the school year.

Tanya Salmon reported on her recent trip to Juneau for Close up. She enjoyed the trip; she met with Fran Ulmer, Gary Stevens, and Governor Murkowski, went to the prison and spoke with some prisoners, viewed the house in session, and had a mock legislative trial.

Jon Salmon and Charley Apokedak reported on their recent travel to the AA meet in Kokhanok and also to Newhalen House. At the AA meet the students helped to build flower boxes for the community beautification project, participated in NYO events and had a presentation from Earl Polk. At Newhalen House, the

(Continued on page 13)





# Earth Day

Contributed by the Environmental Department

Earth Day is celebrated on the 22<sup>nd</sup> of April. This year marks the 32<sup>nd</sup> anniversary of Earth Day. The founder of Earth Day, Gaylord Nelson, then a senator from Wisconsin, proposed the first nationwide environmental protest. He said, "to shake up the political establishment and force this issue onto the national agenda." "It was a gamble," he recalls, "but it worked."

With no fear, industries were polluting the air and water. Earth Day 1970 got support from Republicans, Democrats, the rich, the poor, farmers, and city dwellers. People protested from coast to coast on the poor health of the Earth. The United States Environmental Protection Agency, Clean Air, Clean Water, and the Endangered Species acts were the results of the first Earth Day.

Senator Nelson was awarded the Presidential Medal of Freedom, a highest honor given to civilians in the United States, for his role as Earth Day founder.

Senator Nelson's many accomplishments include legislation to:

- Preserve the 2,000-mile Appalachian Trail
- Mandate fuel efficiency standards in automobiles
- Control strip mining
- Ban the use of DDT
- Ban the use of 245T (otherwise known as "agent orange")
- Create the St. Croix Wild and Scenic Riverway and the Apostle Islands National Lakeshore.

Roland Shanks, an Alaskan and a resident of Anchorage helped organize the first Earth Day at San Jose College as part of the National Earth Day. Roland remembers this as a first national event concerned about the environment.

Denis Hayes coordinated the first Earth Day. He is the current chair of Earth Day Network and President and CEO of the Bullitt Foundation in Seattle. Time magazine picked Hayes as one of its "Heroes of the Planet" and the Look magazine named him one of the most influential Americans of the 20<sup>th</sup> century.

You do not have to be Denis Hayes or Senator Nelson to help the Earth because the philosophy of Earth day is:

*Every voice counts; every action matters. Earth Day is based on the philosophy that ordinary people, acting together, can achieve extraordinary things.*

Whether you organize an Earth Day event, take part in one, or make a personal commitment to the Earth in honor of Earth Day, you are an important part of the Earth Day movement.

For more information visit these websites:

[www.earthday.org](http://www.earthday.org)

[www.earthsite.org](http://www.earthsite.org)

[www.wowzone.com](http://www.wowzone.com)



# Revisiting the Mission

By AlexAnna Salmon, 11<sup>th</sup> Grade, Igiugig School

KING SALMON- Feb. 3-5

Along with Betsy Hostetter I attended this meeting to revisit Lake and Peninsula School Districts' mission statement, to learn and review the standards based system, and examine how the new learning system is meeting the mission. For the last 2 ½ years LPSD has been slowly implementing the Standards Based System.

At least one person -a board member, teacher, principal or community member- were invited from every site in the district. More than 27 people, including the south student representative Tianna Carlson, attended the 2-day meetings held at the Vo-Tech center.

To revisit the mission we divided into groups to discuss basic but thought-provoking questions such as: what are our strongest beliefs and values about learning and teaching? What is the fundamental reason our school system exists? In which spheres of living do you want your children to be successful after they finish school? What are the key conditions and challenges students will face in these spheres that they will need to successfully meet? What will graduates need to be able to know, do, and be like to successfully meet these conditions and challenges? And what will our school system look like when we are operating at our ideal best? These led to extensive discussions where we analyzed each and every aspect of the question (this took hours). By the end of the 2 all-day meetings we were able to change the original mission statement to fit the new Standards Based System and LPSD's new goals.

Overall, revisiting the mission turned out to be a successful learning experience. I am thankful Steve Atwater invited me; I learned a lot about LPSD that has helped me to better understand the new changes and system designed to improve our education.

## OLD MISSION STATEMENT:

The mission of the Lake & Peninsula School District is to develop self-directed problem solvers who are excited about learning, technologically literate, and secure in their heritage; we will accomplish this in partnership with parents and the community in a safe, secure, and stimulating learning environment characterized by:

- a Personal Education Plan for each student
- student-teacher teamwork
- alternative strategies of teaching and learning
- the effective use of technology

## NEW MISSION STATEMENT

The Mission of the Lake & Peninsula School District is to develop productive citizens who are

- ♦ self directed problem solvers,
- ♦ excited about learning,
- ♦ academically proficient,
- ♦ resilient, and secure in their heritage;

we will accomplish this through our Standards Based System, in a safe and stimulating environment characterized by:

- ♦ Committed Partners
- ♦ Alternative Strategies of Teaching and Learning
- ♦ A Personal Education Plan
- ♦ The Effective Use of Technology



# WALK TO BE FIT

**T**otal **V**illage **M**ileage through February is 30,623

## Beat the Bugs

Only two months (more or less) until those pesky little critters are out and about again, so take time now to enjoy some quality walks outdoors without breathing the wildlife.

## IDEAS???

- #1 ~ **P**hoto collection—begin now walking with your camera. Look at Igiugig through your lens in search of 'calendar photos', such as nice scenery, close ups of plants, interesting buildings, etc. After a few good walks you should be able to put together your own photo calendar or make one for someone else who enjoys the views of Igiugig.
- #2 ~ **B**egin longer walks—with spring coming on we should have warmer and more enjoyable days (maybe). Also, with longer daylight hours you can again enjoy early morning and late evening strolls.
- #3 ~ **W**rite up your goals for miles, hours or days of the week and then check off each one as it's accomplished, or just keep a calendar that you can 'X' off the day if you exercise.
- #4 ~ **M**ake it fun, get a new walking partner, new music for your Walkman, or a thermos full of your favorite beverage to enjoy at the far end of a good walk

## KEEP ON WALKING!

### Personal Totals

(Since Mar.00)

John	2859
Annie	2068.5
Sandy	1732.5
Joshua	1490.25
Lydia	1463.25
Shayna	1417.25
Marie	1093.5
Mary	1052.5
Yako	1044
Pete	994
Dallia	950
Alice	797.25
Kayla	781.5
David	745
AlexAnna	684.75
Angel	681.75
Ida	677
Tanya	601.75
Julie	594
Michael	577
Bernadette	575
Dan	571
Alicia	547.5
Shaun	546.75
Betsy	536
Charlie	491
Jonathan	430.25
Bonnie	355
April	354.5
Jeremy	320
Sharolyn	275.25
Camille	264.5
Tess	257.5
Kevin	250

*LSAC (Continued from page 10)*

boys had to help cook meals, worked on team building, and social and communication skills, as well as working with little kids.

The 2003/04 school calendar was decided upon with Christmas vacation beginning on December 25 and returning to school on January 13. The first day of school is on August 26 and the last day is May 20.

Bernadette's position on the LSAC is open as she is now on the school board. This position should be filled at the next meeting. If interested in being on the LSAC, let Pete know. The next LSAC is scheduled for April 24th.



## Igiugig Tribal Village Council

PO Box 4008

Igiugig, AK 99613

Phone: 907.533.3211

Fax: 907.533.3217

www.igiugig.com

Email: igiugig@starband.net

Michael Andrew, Jr., President

Dallia Andrew, Vice-President

Randy Alvarez, Member

Greg Zackar, Sr., Member

Lydia Olympic, Member &

Environmental Program Manager

Dan Salmon, Tribal Administrator

Sandy Alvarez, Administrative Assistant

Bernadette Andrew, Editor & Social

Services Director

Betsy Hostetter, Tribal Clerk & Librarian

Ida Nelson, Environmental Program Intern

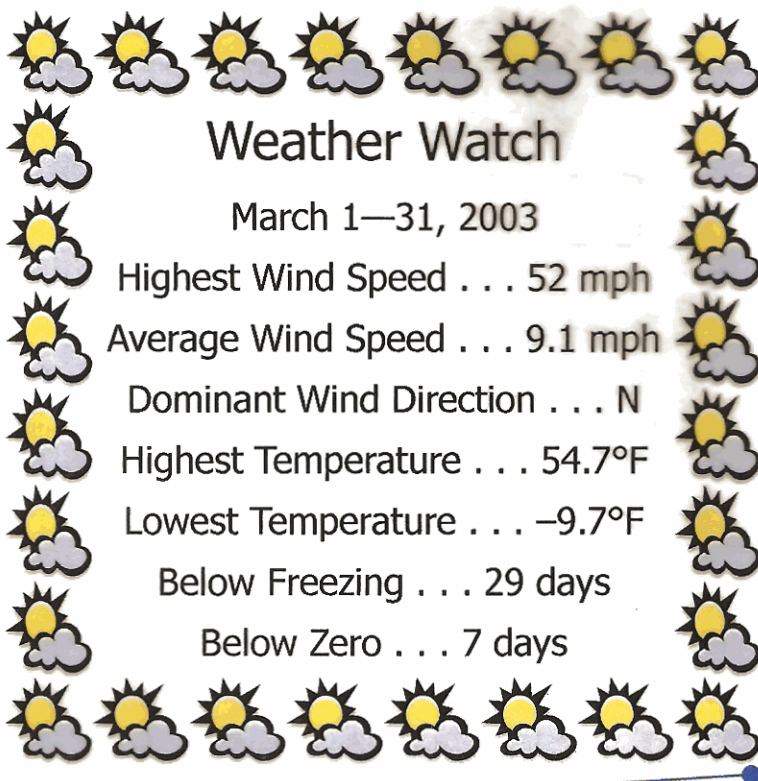
Kevin Olympic, Administrative Trainee

AlexAnna Salmon, Clerk Trainee &

Assistant Editor

Tanya Salmon, Library Intern

Brian Kornmann, VISTA Worker



## Recipe Corner

Contributed by . . . **AlexAnna Salmon**

### Chocolate Oatmeal No-Bakes

This is by far my favorite cookie recipe. These cookies take no more than 15 minutes TOPS to make and they are so delicious!

#### Ingredients

3 tablespoons unsweetened cocoa powder  
2 cups white sugar  
1/2 cup milk  
1/2 cup butter  
3 cups quick cooking oats

1/2 cup crunchy peanut butter  
1 tablespoon vanilla extract

#### Directions

Heat cocoa, sugar, milk and butter over medium heat. Boil these verrrry slowly (they will turn out better) when they reach the boiling point boil them for no longer than 90-120 seconds. Meanwhile, stir together oats, peanut butter and vanilla in a big bowl. Pour the hot mix over the oatmeal mix and stir until all the oats are evenly coated then drop on wax paper (I used Aluminum Foil) and let cool.