

Igiugig News & Notes

Igiugig Tribal Village Council

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No Fear of the Future:Igiugig's Graduation

By Tanya Salmon, 10th Grade, Igiugig School



CLASS OF 2003: Ida Nelson

It was minutes before the graduation was supposed to start when Ms. Bonnie rushed into the classroom where Ms. Lester, Ida, and I were. "We can't find Pomp and Circumstance!" she exclaimed. Ida, getting her hair fixed by Ms. Lester, looked worriedly around the mess of hair pretties, dresses, and shoes.

"I know we had a tape that we used last year," I said. I pulled it out of the deck player and gave it to Ms. Bonnie, only to have found that the graduation music had been recorded over.

"I tried to record a different Pomp and Circumstance off the Internet, but it didn't turn out," Ms. Bonnie said. I thought about what we were going to do, what is a graduation without the music?

Well, she could just walk down the aisle silently, I thought. Ida must have been thinking the same thing because she said it would be awkward walking in that silence and suggested playing Macy Gray "Time of Your Life" instead.

So, I ran into the gym, put in the CD, found the song, and watched as Ida walked down the paper trail we had made for her earlier that day. After the big rush of looking for music, the "Time of Your Life" sounded better than Pomp and Circumstance anyway. Next Mr. Pete thanked everybody for showing up. Then the guest speakers, Dan Salmon and Steve Atwater, spoke about Ida and her achievements throughout the years, about education, and life after high school.

Then Ida went to the podium to give her graduation speech; the one everybody had been waiting to hear. Ida thanked everybody who helped her and talked about school and what she plans to accomplish in the future. Parts of her speech were emotional and several people in the audience got teary-eyed or down-



Ida receives her diploma.

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Birthdays this month

- June 15
Kevin Olympic
- June 20
Jeremy Salmon



The delicious graduation cake!

GRADUATION (Continued from page 1)

right sobbed.

When her speech was over, cameras flashed as if Ida was a movie star when she received her hard-earned diploma and her unexpected Bristol Bay Telephone Company Scholarship. Afterwards, Alex hit the play button and the audience's attention turned to a projector where a slideshow of Ida growing up was displayed. When the slideshow was over, a short video of Igiugig School was played. The video was created by Alex, Ida, and myself and took many painstaking hours sitting in front of the school's Mac computer.

When the slideshows were over, Ms. Bonnie gave her students awards for the school year and Mr. Pete gave out sports awards. Mary Hostetter won the best attendance award, only missing two days of the whole year! When those were over, Alex and I went to the podium and talked about growing up in "da hood" with our home girl Ida, which wrapped up the ceremony.

The graduation ended with feasting on cake and other goodies, taking pictures, and watching Ida open her graduation presents. When all was done, community members helped rip down decorations and set up chairs for the dance that would be held later that night.

Ida's graduation was excellent. Although we had only one graduate, with all the speeches and awards, the ceremony was 2 hours long! We wish the best of luck to Ida. Have fun in UAA this fall!!!! PEACE OUT!



Guest speaker Dan Salmon giving his speech.



People filled the gym for the big event. The Nelson family occupied front row.



Only a few members of the Nelson family! Ida's graduation was a great time for a reunion.

(right) Ms. Bonnie presents (l-r) Bernadette Andrew, Betsy Hostetter, and Julie Salmon with outstanding volunteer awards during the Awards Ceremony.



The Annual Village Clean-up and Picnic

By AlexAnna Salmon, 11th Grade, Igiugig School



Gregory very carefully puts his over-sized gloves on, making sure each finger is in the right place.

Igiugig School began its annual Village Clean-up on May 13, 2003, at 9:00 AM. Volunteers, students, and teachers congregated in Ms. Bonnie's classroom. Lydia started the day with a lecture on littering -directed towards the younger generation who carelessly litter their candy wrappers. For every correct answer, kids received a piece of candy. Then Bernadette organized the teams and their clean-up areas. After, everyone suited up in yellow gloves and puddle boots and grabbed ALPAR bags. With about 7 teams we were able to cover the entire village and main beach landings. The weather cooperated beautifully: clear skies and sunshine!

Throughout the clean-up, Bernadette ran around distributing new garbage bags, gloves, and refueling teams with sodas. Tanya and Alex made a team called the "Drum Rollers" and traveled around loading heavy swamped gas drums into the truck; we found eight in all. The biggest piece of trash was a couch hauled from Gabe's yard.

Every year we do a total village clean-up. Some years we even do a fall coastal clean-up. And every year we collect truckloads upon truckloads of trash. Where on Earth does it keep coming from?

Jon and Ms. Bonnie partook in what has to be the record stinkiest trash in all of clean-up years. A rotten wolf-carcass found behind the dump in the trees, had to be transferred to the dump. "It smelled like crap," says Jon, trying to describe the

stench to people who did not get a whiff.

Ms. Bonnie, gagging from the reek, managed to hold down her breakfast as she helped pick-up the disgusting trash. It was by far the stinkiest thing she's ever smelled.

After all teams (Swamp Monsters, Lone Rangers, Road Warriors, Litter-bug Loop Patrollers, Beach Bums, Drum Rollers, Kitchen Crew) cleaned their area -everyone migrated to the dump to pick-up wind blown debris and trash.

Meanwhile, back in the kitchen, The Crew of Dallia, Mr. Pete, Kevin, and Betsy whipped up the picnic to follow. Participants quenched their appetite at the school. People had a variety of delicious foods to eat: grilled hamburger, roast beef sandwiches, tator tots, salads, cake, cookies, Betsy's famous dessert, and Kevin contributed moose steaks. What a feast we had!



Joshua (l) and Jon eagerly looking for trash.



Crewleader Annie and April picking up trash

THANK YOU ALL ADULT CLEAN-UP VOLUNTEERS AND CREW LEADERS!!!

Marie Nelson
Johnny Zackar
Annie Wilson
Bernadette Andrew

Jackie Nickoli
Mary Olympic
Brian Kornmann
Dave Hostetter

Agafia Nelson
Ms. Bonnie
Dallia Andrew
Mr. Pete

Kevin Olympic
Betsy Hostetter
Lydia Olympic
Gabe Gust

Library/Computer Lab News

At the end of May we'll be starting our Summer Reading Club. Monday meetings will be up in the library from 10:30 AM to 11:30 AM, not in the RecHall. Participate and help read 350 books so everyone can earn a free soda pop. Hopefully, this year we will reach 1500 for a barbecue! Books for the Battle-of-the Books are in so if you are interested in this, please drop by the village office.

www.billybear4kids.com

Fathers' day is around the corner. Do you want to impress your dad or Uppa with a one-of-a-kind gift? This site has many great ideas to choose from. Even moms could look this up! You can even make your dad a tie! You and your dad can color pictures together.

www.directgardening.com

Do you have a "green" thumb? Cannot wait to smell flowers? Why not check this website out and order your gardening supplies here? This site may spark your "green thumb" instinct and let you start planting extraordinary plants... for your neighbors to "OOOH" and "AHHH" at.

Easy Books:

Why Do Mosquitoes Buzz in People's Ears? The Very Busy Spider, Singing Down the Rain, Dandelions are Growing, We're Going on a Picnic, The Alphabet Tree, We Share Everything, Ask a Silly Question, Summertime in the Big Woods, Just Like Daddy, and Growing Colors.

Easy Fiction Books:

The Return of the Indian, The Wish Giver, Witches' Children, Here We All Are, Best Enemies, Oh, the Places He Went, The Sign of the Beaver, All but Alice and The Lottery Rose.

Fiction Books:

The Tenth of the Gale, The Kings' Shadows, Gray Boy, Saving Faith, Leaving Cold Sassy, Princess in the Spotlight, Iced, Orange Crush, The Black Stallion, and True Believers.

Alaska Books:

The Field and Forest Handy Book, Track of the Kodiak, Animal Tracks of Alaska, Guide to the Birds of Alaska, Cold River Spirits, Cooking Alaska, The Longest Story Ever Told, Song of the River, Storm Run, If you Give a Moose a Muffin, Go Home, River, Nessa's Fish and The Gift.

Non-fiction Books:

Yesterday, I cried, Kids on Strike, Pesticide Alert, Posterity lost, Eating the Plates, Spirits of the Earth, And it is Still that Way, The Nature Reader, Fish Eyes, Tom Brown's The Vision, The Weather Handbook, Trees, Animals Trails and Tracks and Ducks Don't Get Wet.

Videos:

Reptiles, Atlantic, the Lost Empire, Tooth Walkers; Giants of the Arctic Ice, Follow that Fish, Magic School Bus—Gets Planted, Just Dancing, Remembering Those Who Served and Qayaqs & Canoes.



Twenty Years From Now

By Tanya Salmon, 10th Grade, Igiugig School

In twenty years, I will be 35 years old! It is hard to predict my future, but I will try my best to "feel the vibes" and look beyond the present.

Being 35, I will already have graduated from the University of Oregon, traveled the world, gotten married and had two kids: a boy and a girl. I will have a nice, cozy house by the lake where I can walk out on my balcony hear the waves and see Iliamna Lake.

I will be a primary teacher, teaching kindergarten through 6th grade. During the summer, I will have a bunkhouse that I rent to tourists. My husband will be a tour guide, spending most of the summer outside. For extra cash, I will also rent vehicles: four-wheelers, skiffs, and snow machines.

Reaching 35 years old is not all work and no play. My husband will have an airplane, flying me to surrounding villages where I could visit my relatives, friends, and play Bingo. Every Christmas break, we will go to Maui where we have a cabin and enjoy our vacation in the hot sun. My family will also go on a lot of camping trips, which explains our many cabins scattered around the lake and down river.

I will still be an "out doorsy" type of gal, who enjoys taking canoe rides, camping, and even hunting. My husband will think I am bossy, but deep down, I think he will be glad I give him something to do!

That is how I see myself in twenty years, it makes me wonder how much will actually happen!

My Life in Twenty Years

By Charley Apokedak, 8th Grade, Igiugig School

In twenty years I am going to be a four wheeler, snow-machine, and boat mechanic and my customers will pay me well. I am still going to be living around Iliamna Lake or on the Kvichak River. I will live in Igiugig in the fall and will move back to Levelock in the summer to go fishing at Bristol Bay. I will have at least two kids who will come to school in Igiugig and I will make them work hard fishing! Whenever someone that is a good friend of mine has a Honda that is broken down I will be proud to fix it for them at a low cost. I hope I will still see all my friends here in Igiugig twenty years from now and I think I am going to be happy.

My Life in Twenty Years

By Jonathan Salmon, 8th Grade, Igiugig School

In twenty years I will be a 34-year-old bush pilot. As a bush pilot I will fly all over without having to worry about expensive plane tickets. I may also be a heavy equipment operator or maybe even be the boss of a business that has something to do with heavy equipment. Another cool thing to be would be a motorcycle racer because I enjoy the thrill of ripping all over the ground on two wheels. I would also like to be guide because that has always seemed kind of fun.

In twenty years I will be married and have two

or three kids. I would like to move back to Igiugig so my children can grow up in a safe environment. While I am off on the river my children could be taking care of the work needing to be done at home. Another reason I want my children to grow up in Igiugig is so they can get the once in a life-time experiences I get. For example, how many kids get to see caribou so close they are looking into your eyes or see an angry wolverine? That will be my life in twenty years.

Electrifying News

Extra Electricity Used is extra money out of your Pocket!!!

ELECTRICAL FACTS:

Heat from the sun is free heat. Manage it to your benefit and you can save electricity and oil.

QUESTION: Is it hot in the house when you come home from work and school in the afternoon?

ANSWER: If you said yes, then maybe you could consider shutting off your heater, furnace or toyostove or at least setting back the thermostat to around 65 degrees.

With the sun coming out earlier the heat from your windows creates lots of extra warmth in the house, sometimes making it too hot for comfort. Keeping it cooler during the night will make it easier to keep the house from overheating in the afternoon. It also makes it much easier to sleep when you can't open the windows due to the pesky little mosquitos and no-see-ums (the bugs, not the students) that are just waiting to get in and attack you.

If turning down the heater doesn't do the trick and it still gets too hot by evening, try closing curtains on windows that get afternoon sun before you leave for the day. Insulated curtains (thick material with two layers) work both ways—in winter they insulate out the cold and in summer they can insulate out the heat.

Win 100kwh of free electricity and other electrical prizes!

Submit your favorite energy saving tip and get your name entered in a drawing. For each tip submitted to the office and used in the newsletter, a ticket will be added to the drawing bucket on your behalf. The drawing will be held once a year.

19 entries to date!

I want to enter the drawing!

Here's my favorite electricity saving
tip: _____

Name: _____

USE YOUR CREDIT CARD!

IVC IS NOW ACCEPTING VISA AND MASTERCARD CREDIT CARDS TO PAY FOR YOUR COUNCIL OR ELECTRIC BILLS!!! YOU CAN ALSO SET YOUR ELECTRIC UP FOR AUTO PAY! VISIT THE COUNCIL OFFICE FOR DETAILS.



New Money!

The Treasury Department's Bureau of Engraving and Printing introduced the new design, still featuring Andrew Jackson on the front but without the old circle, and a background with subtle green, "peach" and light blue hues.

Other new features include small 20s in faded yellow in the background of the back of the bill. In the background of the front of the bill is a faded bald eagle and the words "Twenty USA/USA Twenty."

The Treasury plans to redesign bills every seven to 10 years to keep up with technological advances in counterfeiting. Be watching for this colorful new twenty-dollar bill.



Do you know where the children are?

With summer comes construction season and heavy vehicle activity. Also with summer comes long daylight with no school so kids are always out and about. This combination can spell tragedy if everyone doesn't take steps to avoid it.

- **Teach** your children about staying away from moving vehicles and not playing in roadways. Remind them that they are short and drivers can't see them behind or near a large vehicle.
- **Park** vehicles so you can see around them. That way when you are ready to drive you can be sure there are no children near you.
- **Drive** slowly through the part of town where houses are close together and kids could run out unexpectedly.
- **Keep away** from the airport and parking apron unless you have business there. Especially during the summer when there are lots of airplanes coming and going and they are not watching for children or passing Hondas.
- **Watch** for your coworkers and signal them to stop if you see something they don't.

Prevention

It always costs more to deal with an accident than to prevent it!

IGIUGIG VILLAGE COUNCIL MEETING

By Sandra Alvarez

The regular meeting of the Igiugig Village Council was held on May 23, 2003 in the Council Office. Council Members reviewed the regular financial and travel information.

Program reports highlighted the beginning of this year's construction season, with the Iliamna Lake Contractor's Big Mountain work beginning on Wednesday, initially staging out of Igiugig until the camp is constructed on the site.

Local training provided since last meeting included a re-certification course for HAZWOPER and asbestos. One application is in process for adult vocational training with that individual planning to attend a business and office technology program in Seward during the fall session.

Council staff gave reports on all grants that are currently being administered by the Village Council, along with plans for use of funding that is available for smaller projects.

Three policies came before the Council with approval being given for the credit policy upon its third reading. The other two, an investment policy, and a travel policy are in their second reading.

Tribal funding was a topic of concern, with discussion about the proposed regionalization that is being pushed by BBNA and various other regionals who stand to benefit as pass-through entities when the tribal option of receiving direct funding from the federal government is removed. Everyone at the meeting was in agreement that tribes should have the freedom to continue doing their own programs if they want to and have the capabilities for it. A resolution was passed in support of local tribal control in response to the regionalization issue. It was also noted that BBNA couldn't legally pursue this if their member villages voice their non-support of the proposal.

A resolution was also passed in support of a request submitted to the Corp of Engineers for a feasibility study of a dock facility.

GARDENERS GOODIES

JUNE garden activities:

Early JUNE – Plant those flowers out into their beds and boxes. Be sure you have prepared and added nutrients to the soil before putting in the plants.

Early JUNE – Plant radish, turnip, carrot seeds and other cool weather crops.

Early JUNE – Fertilize perennials and trees. They should begin their rapid summer growth this month and the extra nutrition will help them grow faster, more and stronger.

JUNE – Watering—Get serious with that water. When plants take off growing outdoors they do their most rapid growth mid-summer and with that they need major amounts of water. Remember to water until it's at least 2" into the soil to encourage deep root growth. Fruiting plants such as tomatoes and cucumbers need to have lots of water when they are 'setting' fruit—just after the blossom starts to wilt. If they get too dry at that point the tiny fruit will wither up and fall off.

JUNE – Seed in wild flowers and bare spots in the lawn.

Late JUNE – if you planted radishes they should be almost ready to eat by now!

Late JUNE – Mow the grass as soon as it begins to grow and keep mowing frequently. Grass grows best (staying soft and green) if you never cut off more than a third of the leaf at a time, so if your lawn is three inches tall you shouldn't cut off more than an inch.

REMEMBER those 5R's

Reduce – Refuse – Reuse – Renew – Recycle

** Are you feeding those worms? And are they beginning to overpopulate the bin? Move some of the extra worms to your regular compost pile to speed it up too.*

** Cardboard boxes can make good windbreaks for newly planted flowers. Just be sure to anchor them down well so the wind doesn't take them out along with the plants, and remove them after the plants are settled in, or if the box gets wet and soggy.*

Outdoorsmen, Outdoorswomen, Hunting & Fishing Enthusiasts!

Check out the Alaska Department of Fish & Game website located at:

www.state.ak.us/adfg/adfghome.htm

This site will provide links to just about anything you want to know about sport or commercial fishing, hunting, regulations, permits and the department itself. You will find opening announcements, and if you really look you can even find an online tidebook.

SPRING CLEANING VS. IGIUGIG'S EYESORES!!!

THE UGLY TRUTH

By AlexAnna Salmon, 11th Grade, Igiugig School

Recently the Igiugig Village Council received a call from the Anchorage Daily News (ADN) – one of the largest newspaper companies in Alaska. Of all questions to ask, the reporter wondered, "I heard your village is clean. How do you keep it so clean?" Compared to other rural communities in Alaska, Igiugig is exceptionally unpolluted and litter-free. Compared to the Lower 48 there are still areas in Igiugig that look like a heaping junkyard.

Believe me, we've had comments from the past contradicting the thoughts of ADN. One day people were docking on our beach and hadn't been to the village for a long time. They looked along our beach and had a horrible first impression. When you live here all your life you become oblivious to the junk around you. For us to see old oil drums, kid clothing, old nets, old motor parts, rickety shacks, and cardboard boxes strewn all over the ground or covering the beach front is a natural sight. For incomers and tourists our beach is an **EYESORE**: a hideous area destroying the natural beauty of the land!

The village keeps itself clean and organized. Our dump has the reputation of being a "clean landfill" and with the new waste treatment facility we are only improving. Community and public buildings are clutter-free and even beautified by plants and gardens to attract business. So, half of our village looks welcoming and pretty.

The remaining half of the village is a whole other story. The new road leading through the back of the main houses, parallel to the airport, has revealed the **UGLY** truth about people's yards. Now, we have begun noticing how cluttered, un-maintained, overgrown, and polluted we continue to keep our yards. We've heard comments from incomers driving down the new road saying "Wow! It looks like you are entering a third world country." We have even heard comments from kids saying that part of our village looks like a dump.

We should be ashamed of ourselves. Every one of us community members is guilty of a messy yard. I'm not blaming or accusing any individual family; I'm simply telling the straightforward truth. Maybe then we can quit denying our laziness and dirty living conditions and fix the problem. Keeping your yard filthy, trashy, and downright **UGLY** is an embarrassment not only to your family, but the entire village. In the city, people are actually outlawed from having unacceptable yards.

That said we have two solutions. We can continue this inhumane, publicly unacceptable lifestyle, or we can clean up our yards to make Igiugig a more beautiful village. This has to be a team effort. One dirty yard is a stain on **OUR ENTIRE VILLAGE!** We can do a spring cleaning before tourist season and hopefully we will all start hearing more praises and comments on Igiugig. **LIVE WITH PRIDE!!! CLEAR OUT THE EYESORES! MAKE AN EFFORT TO CLEAN IGIUGIG!**



BYE HELEN HAUSCHKA!!!

The Hauschka's left Igiugig on May 23, 2003. We will miss the teachers as well as their baby Helen (left). Often, in the mornings, Kyle Andrew (right) would come visit Helen in the classroom before school started. The two babies are 3 1/2 months apart. What a cute picture!

NO More Litterbugs

Environmental Staff

We had our clean up day on the 13th of May. Many residents of Igiugig have noticed an increase of candy wrappers, gum wrappers, empty potato chip bags, juice containers, and soda pop cans littered around the village. Before the clean up, Lydia Olympic gave a lecture at the school about the littering problem and the importance of keeping our village clean.

A friendly reminder to ALL the kids of Igiugig, please do not throw your garbage on the ground, put in the trash can or in your pocket until you find a trash can. You the kids of Igiugig can make a difference; you must be on the litter patrol and remind anyone you catch littering to throw it away in the proper place and the ground is NOT the proper place.

Kudos to the older kids who have been teaching the younger ones about throwing away their candy wrappers into the right place.

Igiugig recycles all pop cans. Residents have noticed an increase of pop cans in with the regular garbage. Make a box just for pop cans which will make it a lot easier than separating the cans out.

We will be using our new landfill soon and separating our garbage will be encouraged to save space at our new landfill.

For those of you who smoke, throw away those cigarette butts in the various cans set around the village. Thanks for your help. It takes a whole village to help keep it beautiful and clean.



Agafia picks up trash behind drums.



Teammates Shayna and Shaun on Village Clean-up Day.



Look at the trash bonfire in the background!!! A truckload of garbage is being thrown in the dump by enthusiastic highschoolers.

Daily Food Diary

Name:

Date:

Guidelines

Max. daily calories:

Max. daily fat
grams:

Meal	Food Eaten	Amount	Fat Grams	Calories	Comments
Breakfast					
Snack					
Lunch					
Snack					
Dinner					
Snack					
Water	() () () ()				
	() () () ()				
	() ()				
Total:			0	0	

Percent fat of total calories consumed: 0%

Comments:

WALK TO BE FIT

Total Village Mileage through April is 32,349

8 Reasons to Walk

This list is courtesy of the Runner's World website, located at www.runnersworld.com. This website has lots of good information, exercise products, and other things of importance to people interested in physical fitness.

- #1 - **YOU'LL GET FITTER**—Walking is a great cardiovascular activity and doesn't take lots of time.
- #2 - **YOU'LL LOSE WEIGHT**—Walking burns calories and keeps your metabolism rates up even after exercising. (Just be sure you don't eat more after exercising!)
- #3 - **IT'S SIMPLE**—You don't need to be in good shape to walk and you don't need special equipment, just a pair of shoes that don't make your feet hurt (although it is fun to have a pedometer so you can know how far you've gone).
- #4 - **IT'S SOCIABLE**—Walking with friends or running into people as you go.
- #5 - **YOU'LL BE LESS STRESSED**—Walking is a healthy way to let off steam.
- #6 - **IT'S FLEXIBLE**—You can walk alone, with a friend or with your dog, and you can do it anytime of the day at any place you prefer--indoors, outdoors, at the gym, on a treadmill, up and down stairs...
- #7 - **EVERYONE CAN DO IT**—Walking is something you learn around the age of one and can continue to do until you're very old!
- #8 - **YOU WILL DEVELOP EXCEPTIONAL MUSCLE TONE**—Walking works the large muscles in your legs, behind and lower back. Your upper body muscles will also get a workout if you carry something or swing your arms while walking.

If your goal is also to lose weight, just remember, "calories count". Lots of diets promise quick results with pills or eliminating certain foods from your diet, but by far the best method for controlling weight is to eat your normal diet *in moderation*. An easy to use Daily Food Diary is available for your computer, which you can either print or use right on the computer. If you fill it out on the computer it will do the adding and figuring for you. (Ask newsletter staff for a copy of this document if you would like to try it.)

If you have no idea how many calories are in a certain food, look for the "Nutrition Facts" program that is on some of the computers at the Council Office or available on the internet at www.silvertriad.com/software.html.

KEEP ON WALKING!

Daily Food Diary					
Name: _____ Date: _____					Guidelines Max. fat calories: Max. fat (in grams):
Meal	Food eaten	Amount	Net Grams	Calories	Comments
Breakfast	Cherry Pies	1 pie	2	20	
	Ordnal				
Snack	cherry fat		2	40	
Lunch					
Snack					
Dinner					
Snack					
Total			6	300	
Percent fat of total calories consumed				5%	
Comments:					

Personal Totals (Since Mar.00)

John	2871
Annie	2068.5
Sandy	1867.5
Joshua	1580.25
Lydia	1563.25
Shayna	1497.25
Pete	1189
Yako	1134
Marie	1123.5
Mary	1052.5
Dallia	975
David	875
Kayla	831.5
Ida	827
Alice	817.25
Angel	751.75
AlexAnna	719.75
Tanya	651.75
Julie	622
Alicia	597.5
Michael	597
Bernadette	590
Dan	586
Betsy	578
Shaun	571.75
Jonathan	514.75
Charlie	491
April	392.5
Bonnie	380
Jeremy	365
Sharolyn	295.25
Camille	279.5
Tess	277.5
Kevin	270

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Greg Zackar, Sr., Member
Lydia Olympic, Member &
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Dan Salmon, Tribal Administrator
Sandy Alvarez, Administrative Assistant
Bernadette Andrew, Editor & Social
Services Director
Betsy Hostetter, Tribal Clerk & Librarian
Ida Nelson, Environmental Program Intern
Kevin Olympic, Administrative Trainee
AlexAnna Salmon, Clerk Trainee &
Assistant Editor
Tanya Salmon, Library Intern
Brian Kornmann, VISTA Worker

Weather Watch

May 1—30, 2003

Highest Wind Speed . . .62 mph

Average Wind Speed . . .10.4 mph

Dominant Wind Direction . . .SSW

Highest Temperature . . . 69.4°F

Lowest Temperature . . . 27.2°F

Below Freezing . . . 5 days

Below Zero . . . 0 days

Precipitation . . . 0.94 inches

Recipe Corner

Contributed by . . . Bernadette Andrew

Maple-Glazed Salmon

Substitute 2 teaspoons regular chili powder if you don't have ancho chile powder. Use a spatula to separate the fish from its skin after grilling. Round out the spicy-sweet salmon with a simple spring salad.

Ingredients:

2 teaspoons paprika
1 teaspoon chili powder
1 teaspoon ground ancho chile powder
1/2 teaspoon ground cumin
1/2 teaspoon brown sugar
1 teaspoon sea or kosher salt
4 (6 ounce) salmon fillets
Cooking Spray

1 teaspoon maple syrup

Directions:

1. Prepare grill, heating to medium
2. Combine first five ingredients. Sprinkle fish with salt; rub with paprika mixture.
3. Place fish on grill rack coated with cooking spray; grill 7 minutes. Drizzle fish with syrup; grill 1 minute or until fish flakes easily when tested with a fork. Yield: 4 servings.

