

Igiugig News & Notes

Igiugig Tribal Village Council

September 2004

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Another Buzzworthy Year!

By Tanya Salmon, Senior, Igiugig School

Everybody has different opinions about the first day of school. My dad claims it is his favorite holiday, most of the younger students are excited to be back in class, older students rather dread it, and teachers are sad their vacation is over, but are eager to get back to work.

Yes, it is that time of the year again where summer break is over and the school days begin. For the students attending LPSD, the school year started sooner than previous years; instead of starting around the 27th, school began on the 24th.

No-see-ums started buzzing into school classrooms and the gym by 8:00 AM, racing for the best computers or time to play before school officially started at 8:30 AM. Students eased into school mode on the first day. All students told their best summer moments, discussed last year, and then met in a classroom and watched last years' DVD year-book.

Later that day, the upper class discussed personal and group goals for 2004/2005: placing first in volleyball, basketball, and BOB, raising at least \$5,000.00 for the Student Activity Fund, learning Native dances and songs, and participating in out-of-school activities (AFN, Close-Up, Phases, etc.) to name a few.

The two most excited students were Camille Andrew and Dolly Ann Zharoff, who both began kindergarten this year. Everyday the girls continue to come to school in

(Continued on page 5)



Mark shows his students the new listening station in the primary classroom.

Inside this issue:

Word Building	3
Library/Computer Lab	4
Safety 1st	6
Gardeners Goodies	7
Environmental News	8
Walk To Be Fit	9
Weather Watch	10
Recipe Corner	10

Banana Splits Galore!

Summer Reading Club ended with a flurry of reading before the last meeting on August 23 so that we would earn the barbecue. A great effort ensued and it was well worth it—a total of 1502 books with 107,185 pages were read by the 32 members! In addition members also earned a banana split party which was celebrated on August 27th at the Back-to-School Potluck. There were many different flavors of ice cream and toppings besides the bananas, maraschino cherries, and whipped cream.

(Continued on page 2)

Birthdays this month

- September 3
Alexandria Nunez
- September 10
Sandra Alvarez
- September 11
Pete Suskuk
- September 27
Angel Alvarez

BANANA SPLITS *(Continued from page 1)*

Besides the yummy banana splits, certificates were awarded to all members. Members received a pencil and some, depending on the amount read, received either a \$2.00 or \$5.00 gift certificate to be used at the Book Fair in the spring.

Congratulations to the weekly winners since the last newsletter: Christina, Kiara, Kyle, and Dolly Ann. They each received a gift certificate for a free ice cream sandwich. In the different age groups the winners were: 0 to 4 year olds—Camille with 370 books; 5 to 8 year olds—Shaun with 27 books; 9 to 18 year olds—April with 26 books; and in the adult group it was Julie with 19 books.

Many thanks to all who participated in the Summer Reading Club and remember to keep reading throughout the year.



1. Jeremy and April munching on banana splits.
2. Kristin, Bernadette, and Mark dish up ice cream and toppings.
3. Kiara, youngest member of Summer Reading Club, sits on Pete's lap as she gets her certificate.
4. Chow time!
5. Fewnia receives her certificate from Bernadette.
6. Tess decides which topping to have on her yummy banana split!

0 to 4	total books read	total pages read
Kiara	75	1302
Rylee	325	10377
Kyle	307	8131
Simeon	15	363
Fewnia	42	961
Tatyana	31	858
Camille	370	9459
Dolly Ann	42	961
5 to 8	♦♦♦♦♦♦♦♦♦♦	♦♦♦♦♦♦♦♦♦♦
Gregory, Jr.	18	413
Shaun	27	2637
Tess	17	1526
9 to 18	♦♦♦♦♦♦♦♦♦♦	♦♦♦♦♦♦♦♦♦♦
Sharolynn	14	410
Corey	1	30
Alicia	7	1009
Jeremy	6	1553
April	26	7494
Mary	23	7162
David	2	645
Jon	16	5221
Dwight	1	544
Tanya	24	7276
19 & older	♦♦♦♦♦♦♦♦♦♦	♦♦♦♦♦♦♦♦♦♦
Bernadette	13	3609
Sandy	7	1587
Julie	19	8039
Lydia	17	6352
Betsy	16	4344
Terek	1	110
AlexAnna	8	1872
Ida	3	1383
Christina	14	4970
Alexan	3	1090
Cecelia	12	5497
TOTALS	1502	107185

WORD BUILDING:

Use the following letters to make words in the slots provided

OSPLOS

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

16.

17.

18.

19.

20.

Answers can be found on page 8.

All things good to know are difficult to learn. -**Greek Proverb**

The only time you find achievement before work is in a dictionary. -**Anon**

I have not failed. I've just found 10,000 ways that won't work. -**Thomas Edison**

I find that the harder I work, the more luck I seem to have. -**Thomas Jefferson**

The men who try to do something and fail are infinitely better than those who try to do nothing and succeed. -**Lloyd Jones**



Library/Computer Lab News

School just started up again. Welcome back to Mark and Kristin! It has been a very busy summer. And just because Summer Reading Club is over does not mean you shouldn't keep reading. Here are some books of interest.



EASY FICTION

Little Bear Goes to Kindergarten by Jutta Langreuter

"Little Bear like the teacher, other children, and activities on his first day of kindergarten, but he does not want his mother to. . ."

CHILDREN'S FICTION

Eleven Kids, One Summer by Ann M. Martin

"How do eleven kids, two parents, and a cat named Zsa-Zsa manage to hang out together on a small island for an entire summer? . . ."

Adult Fiction

Life of Pi by Yann Martel

"When Pi is sixteen, his family and their zoo animals emigrate from India to North America aboard a Japanese cargo ship. Alas, the ship sinks. . ."

Alaska Non-fiction

Alaska's Mushrooms by Harriette Parker

"When it comes to mushrooms, Alaska is a vast, uncharted territory. Whether you hunt mushrooms for the pleasure of eating them or for the thrill of the hunt, Alaska's Mushrooms is a unique and indispensable guide to many of the region's most fabulous fungi. . ."

INTERESTING WEBSITE OF THE MONTH:

www.childrensplace.com

For parents with children, and the budget is tight, here is a great sight for some inexpensive clothing. This sight has incredible fashion clothing for both boys and girls and you cannot beat the price!

www.hansonbanking.com

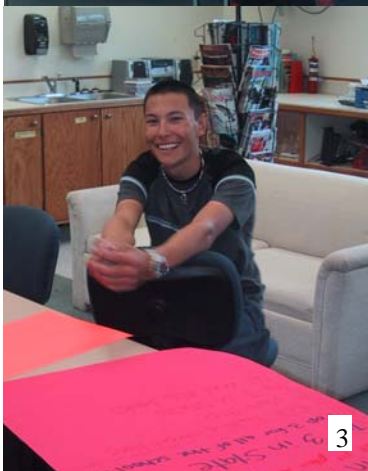
Great site for any age (4th grade and up) to learn about banking. Go through it with your child and let them start learning how banks work at an early age.

BUZZWORTHY (Continued from page 1)

their new clothes with smiles on their faces, glad to be a part of the “big kids” class. The kindergarteners are not the only ones excited to be advancing in school. Mary Hostetter, who is now a freshman, is also enjoying her high school privileges, which include going home for lunch and playing sports.

This is going to be another busy year for the No-see-ums. Already, the upper class has discussed plays, community events, and fundraisers for the school year. Students will be busy with school work...trying to pass those standards.

Good luck to the Igiugig Students! I hope they reach and surpass all their goals and make this one **incredible** school year!



1. Tanya and Mary work on posters stating goals for the year.
2. Corey, Dolly Ann, and Tess listen to a story “Good Families Don’t”.
3. Jon takes a break from his poster.
4. Jeremy and April plan their posters.
5. Kristin helps Alicia get started.
6. Sharolynn and Gregory enjoy a snack of apples and peanut butter.
7. Shaun and Camille are ready to start the new school year.

Office, Home & Personal Security!

Loss of important things ...CONTINUED....

Last month we talked of ways to make your important things less accessible and more secure to avoid problems. This month we will talk about important things to remember and do if things are lost either by theft or unintentionally.

Loss of important things can be costly both in time and money, but it can also in some cases lead to identity theft which allows someone else to use your name and social security number to set up charge accounts and credit cards. As usual, prevention is the key, but if certain things are lost or misplaced there are critical steps to take to avoid serious problems:

- ✓ **Keep Important Info:** Car/truck license numbers, credit card numbers, bank account numbers, account ID names and equipment serial numbers. These are numbers that you need to tell the police if something is stolen. Keep several copies of this information where you can get it to report missing things. Memorize your social security number and don't have it written down on things in your purse or wallet—never give it out unless it's necessary and don't carry your card unless you will need it for a job application, drivers license application or some other activity that requires seeing the actual card.
- ✓ **Lost personal property:** If you are in a public place when something is stolen or lost, talk to the people around you and describe the missing item to see if anyone noticed someone else taking it. Call security if you are in a place like a mall or airport, if done quickly enough they can check people leaving the building and may retrieve your lost item. Check with the 'lost & found' department in case it was turned in.
- ✓ **Lost Credit Cards:** Keep a copy of the number to call to report lost or stolen cards somewhere other than in the same wallet or bag with the card. Call the reporting number as soon as you are sure the card is lost. The company will change your number immediately, send you a new card, and refuse any charges on the old number so no one will be able to take your lost card and buy stuff with it.
- ✓ **Lost Checks:** Call your bank immediately and have your account closed, otherwise the checks can be written and could be your responsibility.
- ✓ **Lost Keys:** Don't have your address on the key chain with your house key, otherwise you may have to change locks on your house if the key ring is lost.
- ✓ **Lost important papers:** Report the loss to the issuing agency in case someone tries to change owner or address information and to request a replacement document (for example, if a car title is lost or stolen, contact the Department of Motor Vehicles).
- ✓ **Home or Office burglaries:** Once you realize that someone may have burglarized your home or office, try not to touch or move anything. Go next door to call someone in authority (police if you actually are somewhere that has them). By not disturbing things it gives the police or trooper a better chance of finding a clue left behind by the thief.
- ✓ **Home or Office burglaries:** If it appears that the thief got in with a key, consider changing the locks.
- ✓ **Computer Trespass:** If you have reason to suspect that someone has been on your computer, (people can do things to your computer either in person or through the internet connection), first run a virus scan, check "my recent documents" in the start menu to see if they are different from the last ones you used. Change passwords on important programs like your email and financial records.

Prevention

*****REMEMBER THAT UNDOING A PROBLEM ALWAYS***
TAKES LONGER AND COSTS MORE
THAN AVOIDING IT IN THE FIRST PLACE!**

GARDENERS GOODIES

SEPTEMBER garden activities:

- ❑ Early SEPTEMBER – Finish harvesting any garden produce that is still outdoors before the first frost.
- ❑ Early SEPTEMBER – Mow grassy areas. This should be the last time you need to cut the grass for this growing season.
- ❑ Mid SEPTEMBER – Make sure indoor houseplants are bug free to limit pest problems during the coming winter months.
- ❑ SEPTEMBER – Enjoy the last of the summer's flowers. If you like to bring them indoors to decorate your table, try this recipe for cut flowers to help them last long in a vase: 1 quart luke-warm water, 1 teaspoon sugar, 1 teaspoon bleach (Clorox), 2 teaspoons lemon juice.
- ❑ SEPTEMBER – Prepare a compost area that you can use through the winter for kitchen scraps, or get the worm bin moved to a warm winter location.
- ❑ Late SEPTEMBER – put the garden “to bed” for the winter, covering perennials with mulch and clearing away dead foliage to keep mold and other garden disease from hanging out in the soil.

REMEMBER those 5R's

Reduce – Refuse – Reuse – Renew – Recycle

Reusing disposable containers at least once helps reduce landfill trash. Do it several times and it may cut the load by up to half! ...and... here's the bottom line, using regular utensils, plates, bowls and containers that can be washed completely eliminates landfill trash.

ATTENTION ALL BERRY PICKERS!

IGIUGIG NATIVE CORPORATION

DOES NOT ALLOW BERRY PICKERS TO BE USED WHILE PICKING BERRIES!

These devices damage or kill the roots of the berry plants, causing fewer berries to grow.

Anybody caught using a berry picker will be fined \$150.00.

Thanks for your cooperation!



Igiugig Trees Infected with "Witches' Broom"

Contributed by the Environmental Department

This summer, a mysterious orange powder was found on spruce trees throughout the village. Nobody in the village knew what it was or what caused the strange dust. As a joke, the teens in Igiugig blamed all their ailments or misfortunes on this orange powder. When a girl had a case of the hives, it was "the dust." When someone came down with a cold, it was because of "the dust."

Finally, a few curious people researched the powder and found that it is called "Witches Broom." In interior Alaska and some parts of Canada, witches' broom (an abnormal outgrowth of branches of the trees resembling the sweeping end of a broom), is commonly seen on black and white spruce trees. From late fall through the winter, the brooms are dark brown or appear dead and are often mistaken for birds' and squirrels' nests. In the summer, however, these branches are a bright orange or a rust color.

Witches' broom on spruce trees is caused by a rust disease (a kind of fungus disease). The rust lives on the spruce tree throughout the year. Each spring, small yellow pustules appear on the new needles of the broom. A strong sweet odor, which is easily recognizable, usually accompanies the maturation of these pustules. Later, much larger and bright orange-colored pustules also develop on the needles where thousands of rust-colored spores (small reproductive cells) are produced. By late August, needles begin to fall off, and the witches' broom turns to a dark brown.

Although witches' broom does not kill trees by itself, it does deplete the tree of its nutrients and slows down its growth. A heavily infested tree becomes weakened and is vulnerable to other diseases (or effects of weather), which could lead to death of the tree.

So, the mystery of the orange powder is solved. It turns out that the powder does not cause hives or colds (as the teens thought) but is simply a tree fungal disease!

Answers to WORD BUILDING on page 3: LOP, SOP, POOL, POLO, OOPS, LOPS, LOOP, LOSS, SOPS, SOLS, SOLO, SLOP, POOLS, LOOPS, SPOOL, SOLOS, SLOPS, SLOOP, SPOOLS, SLOOPS



WALK TO BE FIT

Total **V**illage **M**ileage through June is 43,098.

Take Charge of Your Care!

YOU are the most important person in making sure you get the best health care possible!

When you become sick or don't feel as healthy as you think you should, here are some suggestions to help you prepare for a visit to your doctor or health aide:

- Do your homework. Gather as much trustworthy information as you can on your condition.
- Bring someone with you for support when visiting your physician and to help you remember what was said.
- Have key information with you, including your medical and medication history.
- Take a notebook, ask questions and double-check your notes for accuracy.

(The above suggestions are provided by the United Health Foundation in partnership with the National Patient Safety Foundation. They commented "We believe that the more you know, the healthier you will be".)

The other thing to remember when it comes to your health is this:

—there are no stupid questions except those that we fail to ask—

So when you don't understand something, feel free to ask your healthcare provider again until you get an answer that makes sense to you.

WALK TO BE FIT

Interested in attending the **Suicide Prevention Conference**

from October 11—17, 2004?

If you are, please contact Sandy as soon as possible so she can make travel arrangements.

If your child is under 2 and you need to take them, you must provide a babysitter and you will be responsible for any associated expenses for the sitter.

Igiugig Tribal Village Council

PO Box 4008
Igiugig, AK 99613
Phone: 907.533.3211
Fax: 907.533.3217
www.igiugig.com
Email: igiugig@starband.net

Michael Andrew, Jr., President
Dallia Andrew, Vice-President
Randy Alvarez, Member
Greg Zackar, Sr., Member
Lydia Olympic, Member &
Environmental Program Manager
Dan Salmon, Tribal Administrator
Sandy Alvarez, Administrative Assistant
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Services Director
Betsy Hostetter, Tribal Clerk & Librarian
Kevin Olympic, Administrative Trainee
AlexAnna Salmon, Clerk Trainee &
Assistant Editor
Tanya Salmon, IGAP Intern

Weather Watch

August 2004

Highest Wind Speed . . . 52 mph
Average Wind Speed . . . 7.6 mph
Dominant Wind Direction . . . NE
Highest Temperature . . . 79.8°F
Lowest Temperature . . . 38.2°F
Below Freezing . . . 0 days
Below Zero . . . 0 days
Precipitation . . . 2.07 inches

Recipe Corner

Contributed by . . . Bernadette Andrew

SALMON PIE

2 (9 inch) unbaked pie crusts
2/3 cup white rice
1 1/3 cups water
2 onions, thinly sliced
1/4 pound fresh mushrooms, sliced
1 tablespoon butter
1 (10.75 ounce) can condensed cream of mushroom soup
2 (6 ounce) cans salmon, drained and mashed
2/3 cup shredded Cheddar cheese

DIRECTIONS:

In a medium saucepan cook the rice with the wa-

ter.

Preheat oven to 450 degrees F (225 degrees C).

Line a pie plate with pastry and set aside.

In a large saucepan over medium heat, sauté the onions and mushrooms in the butter until soft.

Combine the cooked rice with the mushroom soup and spread half of the mixture over the bottom of the pie shell. Spread the mashed salmon over the rice mixture. Top with the sautéed mushroom/onion mixture and then top with the remaining rice mixture. Sprinkle with grated cheese and cover with pastry. Seal edges and pierce top.

Bake at 450 degrees F for 10 minutes. Reduce heat to 350 degrees F and continue to bake for another 30 to 35 minutes.