

Igiugig News & Notes

Igiugig Tribal Village Council

June 2007

Volume 10, Issue 6

From Igiugig to Costa Rica by Kristin Hathhorn

After two and a half years of fund raising, planning, and dreaming, our Costa Rican adventure began on May 12th when Jonathan, Dawsey, Mary, Jackie, Jeremy, April, Alicia, Dan and I boarded a US Airway jet bound for Phoenix and then on to San Jose. For most, *Costa Rica* conjures up images of exotic wildlife, long beaches, and thick jungles. The reality is so much more...

Our first stop, San Jose, as much as we would like to forget it, was one that will undoubtedly remain with us for a long time. We arrived to a dark, raining city, but endless iron bars topped with razor wire protecting homes and businesses caught our attention and sent out a signal that this was a place to be on our toes. We arose early the next morning and opted to walk rather than take a taxi to the bus station since we wanted to stretch

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The Costa Rica gang standing atop a hill at La Cruz.

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Igiugig Beautification Project

By Tanya Salmon

Igiugig was successfully beautified once again on June 2, 2007. Going through town, one will notice that the flower boxes are plum full, the Igiugig sign is full of greens and random splashes of pink, red, blue, and purple, and a new addition has been added to the Igiugig Beauti-

(Continued on page 2)



Kyle busily digs holes ready for Grandma Dalia to plant the flowering cabbages.

Birthdays this month

- June 15
Kevin Olympic
- June 20
Jeremy Salmon

BEAUTIFICATION PROJECT *(Continued from page 1)*

fication Project...under the satellite dish by the store.

The Igiugig gardeners planned on planting the flowers on Thursday, May 31st while Bonnie Thurston and Sandy were at the Village Council and were able to plant the garden outside of the hangar as it was protected from the wind, but the blustery weather made the gardening expert, Sandy, decide that it was too windy for the little flowers to be planted elsewhere. On Saturday at 1:00 PM, volunteers met at the Igiugig sign. The weather (sunshine with a slight breeze) was perfect for gardening and was a nice break from the constant winds.

Like previous years, the young kids paired up with



Stacie and Tanya model their very stylish gardening gloves!



Jeremy and Mary busily beautify the satellite boxes.

older people. Once they had their flowers picked, they conquered one flower box and bed at a time. Awhile later, the younger ones decided that watering flowers was more fun, so they all took turns with the hose while the older ones continued to plant. This year, there were so many flowers that everybody decided it would be a good idea to plant the left over ones on the dirt pile that is under the satellite dish by the store.

After two hours of planting and 2 lilac and rose bushes planted, the gardeners were done. They packed up their supplies and headed off. Thanks to Sandy, Bonnie, Bernadette, Stacie, Annie, Dalia, Julie, Tanya, Mary, April, Jeremy, Dolly Ann, Camille, and Kyle for taking their time out of their weekend to make Igiugig even more beautiful!



Dolly Ann teamed up with Stacie and Camille with Tanya to tackle the many flower boxes. Camille and Dolly Ann were very excited for the evening to come as they were having a "girls sleep over" with Tanya and Stacie that evening.



April got busy planting flowers in the boxes outside of the pump house.



Hiking our way to the falls at Nicoya.

COSTA RICA *(Continued from page 1)*

our legs and see what San Jose looked like in the daylight. Our stroll down a main street filled with nice homes and businesses, quickly turned into what reminded me of “the projects” in large U.S. cities. Jonathan was the first to notice a man lying on the sidewalk. It took a few seconds for the realization that *the black plastic garbage bag over his head was not moving* to sink in. We continued quickly to the bus station – unfortunately, that image remained in our minds, and although shocking, was undoubtedly a good reminder that “staying on our toes” was indeed important, at least in parts of Costa Rica.

The rest of the trip progressed without mishap. We first traveled to the southern end of the Nicoya Peninsula via bus and ferry where we were treated to our initial dose of Costa Rican hospitality and relaxing accommodations. The Hotel Maquinay, defini-

nately off the beaten path of most tourists, is nestled in among local farming and fishing villages. It looked like a movie star would step out of one of the Spanish style building terraced on the hillside at any moment. But none did, and we had the manicured grounds, swimming pool and large restaurant all to ourselves. The owners and staff helped us plan a trip up to an incredible waterfall in the Karen Moganson Reserve one day and a trip to Tortuga Island via fishing boat the next. To get to the waterfall, we traveled by local bus to Jicaral and then had to arrange a taxi to the reserve. No problem – that is if you can speak Spanish. After lots of words, sign language, and supposition of meaning on both sides, we got two taxis to take us up a windy, rocky road full of potholes to the trailhead. Somehow the drivers thought we were going to be camping up there, but miraculously we were able to get them to understand we needed to be picked up later that afternoon. They turned out to be great guys and the students had fun trying to tell them about Igiugig, etc. on the way back to our hotel. The following day we enjoyed an hour and a half boat ride to Tortuga Island known for its white sand beaches that felt like baby powder under our feet. There were many other tourists there, most arriving in catamarans from tourist centers up the coast. It was a great people watching spot and everyone had fun swimming in the warm

waters. The challenge was to make it through the day without getting sunburned. Some did, some didn't.

After a long day of hot, crowded buses we arrived at stop number 2 – the Blue Dream Hotel outside of La Cruz which is in northwestern Costa Rica next to the Nicaraguan border. La Cruz, in sharp contrast to the southern end of the Nicoya Peninsula, was dry and hot. The owner of this hotel is from Italy, but has lived in Costa Rica for thirteen years and created his hotel and business around kite surfing which seemed to be the main draw in that area. Our luck continued and since we arrived after the windy season, again we had the place to ourselves. Although incredibly beautiful, perhaps this spot was most difficult for us. The main attraction of this part of the Guanacaste Region of Costa Rica is the beautiful long stretches of white sand beaches and islands dotting the coastline. So of course, we wanted to spend our time there



Relaxing at the falls at Nicoya.

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Library/Computer Lab News

The library and computer lab are temporarily closed due to remodeling. We will let you know as soon as it will be open. Summer Reading Club meeting will be held at the hangar until further notice. Please contact the village office with any questions.



"Any views, findings, conclusions or recommendations expressed in this publication do not necessarily represent those of the Institute of Museum and Library Services"

The More You Read, The Richer You Become By Tanya Salmon

It's time to pull out your books again because the Summer Reading Club has already started! For ten years Igiugig residents have participated in the club, which is organized by the Igiugig Village Council. The SRC began as an incentive for students to continue reading when school was out, which proves to be very successful.

There are four age groups who compete against other readers in their category on who reads the most books and pages. Every Tuesday, people of all ages meet at the library (or at the hangar) and bring their reading log showing the books they read, the author, number of pages, and their favorite character. Once the books are logged in, the readers write the title of their book on a piece of paper and put it above their name. Last year, the theme was catching butterflies and this year, it is putting "coins" in your piggy bank.

This year the SRC started on May 29th. At 10 AM, Bernadette called every house to remind them about the annual event. The SRC officially started at 10:30 AM. Kids and adults were able to check out books and the younger kids had books read to them by adults at the hangar. So far twenty-five people signed up for the club, so if you didn't join, you should hurry on down to the office and begin putting "money in your bank"!



Crab at La Cruz



Tortugero Beach



New Baby

By Tanya Salmon

Leif Talarik Richards, son of Martha Crow and Phil Richards, was born on May 15th, 2007 at 11:58 PM at the Bartlett Regional Hospital in Juneau. He was exactly 7 pounds and 20 inches! The handsome baby boy has Phil's nose and Martha's eyes and dark hair. He will be arriving in Igiugig the middle of June so he can meet his family. Martha and Leif will stay in the village for several weeks so make sure you stop by to welcome the newest addition of the Olympic family. Congratulations Martha and Phil!

Leif Talarik Richards



Grandma Mary cuddles with her youngest grandson.



Sudoku

Answer can be found on page 11.

7			8				3	
	5			2		1		
		6				7		
				5				
3	7		4					6
2		4						3
8						6	7	
	4	1	3	9				5
	2		1		8			



1. Kristin with her Red Snapper.
2. Jonathan holds an octopus.
3. Dawsey trolling along a beach at La Cruz.
4. The Coastal Guard telling us to put on life coats.



WORD BUILDING

Use the following letters to make words in the slots provided.

BROIUTR

1. □□□

2. □□□

3. □□□

4. □□□

5. □□□

6. □□□

7. □□□

8. □□□

9. □□□

10. □□□

11. □□□

12. □□□

13. □□□

14. □□□□

15. □□□□

16. □□□□

17. □□□□

18. □□□□

19. □□□□

20. □□□□□

21. □□□□□

22. □□□□□□□

Answers can be found on page 11.

COSTA RICA *(Continued from page 3)*

swimming, snorkeling and fishing. We did just that, but were not quite prepared for the intensity of the sun and its effects. A few students got heat rash and virtually everyone got at least a little sunburned. However, it was a small price to pay for time spent in the water where we were treated to views much the same as a Jacques Cousteau movie. We also got to interact with a wonderful Nicaraguan family – two of the brothers are fishermen and patiently showed us how to fish, dive, and generally move as gracefully as a fish in the water. The mother prepared delicious meals at our hotel and the language barrier was not an obstacle in understanding her sweet nature.

Another long day of travel on local buses (entertainment in itself) brought us into the mountains and cloud forests of Santa Elena. Again we had beautiful accommodations, great food, and friendly people to help us out. The clouds came down right upon us and provided a nice cool respite from the heat of the Pacific coast. Santa Elena/Monte Verde is an area set up for tourists and had much to offer in the way of wildlife museums, coffee plantation and cheese factory tours, and most notorious, the zip lines across the top of the cloud forest. We all left early our first morning there to be fitted in harnesses, leather gloves and helmets for a few hours of non-stop adrenaline rush. Each person's harness was equipped with webbing and a pulley that clipped on the cables that suspended us about 150 feet above the forest floor. These cables were attached to platforms and set at varying angles of slope, some allowing the brave to travel along at high speed for several thousand feet. To slow down, you simply leaned back and pulled down on the cable behind you using the leather gloves to protect your hands. Sounds simple – it was – but boy, did it get your blood flowing. Of course, the kids loved this adventure and Jeremy and Dawsey, who couldn't get enough, tried a different zip line company that very afternoon. Again we were impressed by the professionalism and tastefulness of the Costa Rican tourist industry. Our guides spoke perfect English, were incredibly knowledgeable, and most importantly, were friendly and had a keen sense of humor.

For our journey from Santa Elena to the Caribbean coast of Costa Rica, we hired a private bus because public buses could not get us to Squirrels in time to catch a boat to Tortuguero. Luiz, our driver, was scheduled to pick us up at 4:00 A.M., but arrived about 45 minutes late due to an unrelated accident on the way up the mountain. I'm not sure if Luiz is naturally a kamikaze driver or if he was just trying to make up lost time, but we had a very hair raising drive back to San Jose where we switched to a bus provided by the Turtle Beach Lodge. Our driver was sane this time, and we were introduced to Ignacio who was to be our guide for the next three days. How lucky – what a knowledgeable, fun-loving person! Most of the bus ride to the Caribbean was through banana plantations that went on forever. The bananas are picked by hand, clipped to a cable and then to the back of a runner's belt who runs the bunches of bananas into the packing plant. Very interesting to watch. After four hours of travel by bus, we nestled into cushy seats on our riverboat that whisked us two hours down canals through thick jungle to the Turtle Beach Lodge. Soon after we took off, we spotted a crocodile – and soon after, another! Amazing. We had truly gone into a different world. Our lodge was something right out of a magazine – tasteful, comfortable cabins, bar and dining area covered by beautifully thatched huts, swimming pool in the shape of a turtle, palm trees along the rolling surf

(Continued on page 8)



Alicia poses with the frog at Ranario.



Jackie on the Monteverde walkway bridge.

COSTA RICA *(Continued from page 7)*

of the Caribbean...ahhhh. Heaven. The first morning we got up early for a tour along the canals where we saw howler, spider, and white-faced monkeys, two species of toucans, several species of herons, and much more. Mary thought she saw a tapir, but we weren't sure. Later in the day we were guided through a jungle trail and were lucky enough to see a red coral snake – and fortunately it was shy and quickly moved away from us. We also passed by a bee's nest and were told not to linger there. I stopped a good distance away to take a photo, but obviously had not gone far enough. Dan and I both got stung a couple of times and the nasty black bees somehow got all tangled up in our hair and we were still killing bees several minutes later. That was a little creepy. In the afternoon we toured the village of Tortuguero, about a half an hour boat ride from our lodge. Tortuguero's economy used to be based on the hunting of turtles and their eggs, but since the area is now protected, the government provides locals with a stipend and has tried to substitute tourism as a means to make a living. While in the village, students adopted a turtle which is tagged – we will be able to follow its wanderings via the internet next year.

We had only scheduled two nights at both our stays on the Caribbean side, so before we were really ready, we boarded the riverboat once more, transferred to a public bus and headed south to Puerto Viejo. Again, we were treated to a completely different landscape and culture. Many of the people living in and around Puerto Viejo are originally from Jamaica and immigrated (or, more correctly, were taken as slaves) to Costa Rica to work in the banana plantations. The atmosphere in Puerto Viejo, to put it mildly, was very relaxed. Many tourists travel to this part of Costa Rica for the



Banana plantation on the way to Tortuguero.



Water Buffalo in the river to Turtle Beach Lodge.

beautiful beaches and surfing opportunities, but again our choice of accommodations was perfect and we had the place virtually to ourselves. Most of us decided to rent bicycles for our one full day at this gorgeous spot. It was the perfect way to travel to nearby beaches and experience the town.

Before we were ready, we were on another bus for the four hour ride to San Jose. Kattia Soto, who was a foreign exchange student in Haines 6 years ago, met us at our hostel and led us to downtown San Jose for shopping. The city was literally crawling with people and we were all in shock after being in relatively small towns for so long. Afterwards, Kattia took us up the hill to the outskirts of San Jose where her family lives. Her extended family had gathered, prepared delicious treats, and greeted us with

(Continued on page 10)



Alicia, April and Mary posing.

GARDENERS GOODIES

UNE garden activities:

- ❑ JUNE – If you’ve not planted your flowers and vegetables out yet, do it soon. With our short growing season you will miss out on lots of summer blooms if you wait too long to get them hardened off and planted out.
- ❑ JUNE – Water well with a good shot of fertilizer as soon as you plant out and follow up again in a week with another. This will give your flowers what they need to take off and grow well.
- ❑ JUNE – Be sure you have *all purpose* fertilizer—check the numbers on the bag if they are about the same (for example 5-5-5) its good for all plants. As a rule of thumb, the first number encourages foliage, the second number is for flowering and fruit, and the third number is for roots. So if you are fertilizing for greener thicker grass (which is foliage) you would want something with a big first number like 20-5-5. If you are fertilizing flowers you would want the middle number to be the largest, and if you are fertilizing for good roots (like carrots, potatoes, tulips or perennial shrubs & flowers) you would want the last number to be bigger.
- ❑ MID JUNE – If you are a summertime/outdoor worm bin user, be sure they are located in a shady spot—too much direct sun will make it hot enough inside the black container to ‘cook’ your worms. On the north side of a building is good because it will only get early morning and late evening sun.
- ❑ LATE JUNE – Be sure to dead-head your flowers. Pansies and violas in particular will stop producing more flowers if you allow them to make seeds.
- ❑ LATE JUNE – If your are going to plant trees, shrubs or perennials that you expect to come back every year, you will want to do it by the end of this month so they have time to put down good roots to survive next winter.

What’s blooming now?



All the flower beds and boxes!

COSTA RICA (Continued from page 8)

hugs and kisses. What a warm welcome. We only wished we could have stayed longer, but after a short visit and tour of the local cathedral, we made our way back to our hostel and then back to Anchorage early the next morning.

Its hard to summarize our trip – after next school year begins it will be interesting to hear and read the stories from the

students' point of view. I don't think our itinerary or accommodation could have any more perfect – this was all arranged by our students and they did a fantastic

job! For me it was incredible experience. I was most impressed by the quality of tourism in Costa Rica. We never saw a high rise hotel or any other intrusive construction that detracted from the natural beauty of the place. The colors – hundreds of shades of green and vibrant flowers everywhere - the variety of landscapes and climates in a such a small country also surprised me, but most of all, I'll remember the sense of humor and easy pace of life of the friendly, accommodating, patient people we met along our travels.



Dan waits patiently for a bite.



Jonathan arm wrestling with locals at Tortuga Beach.



April with the Renario frog.



Jeremy and Jackie at the waterfall at Nicoya.



Dan walking along a beach at La Cruz.

- Jonathan and Jeremy on the ferry ride to Playa Naranjo.
- Mary enjoyed the warm Costa Rica weather.



Answers to WORD BUILDING (game on page 6)

ORT, OUT, ORB, OUR, TUB, ROT, ROB, RIB, RUT, RUB, BIT, BUT, BUR, TOUR, TRIO, ROUT, RIOT, BOUT, BURR, ORBIT, BURRO, BURRITO

Check out Word Definitions: (from www.dictionary.reference.com)

ort [awrt]

-noun

Usually, orts. A scrap or morsel of food left at a meal.

bur [bur]

-noun

A rough, prickly case around the seeds of certain plants, as the chestnut or burdock.

route [rout]

-noun

A defeat attended with disorderly flight; dispersal of a defeated force in complete disorder. Any overwhelming defeat.

burr [bur]

-noun

Also, buhr. A protruding ragged edge raised on the surface of metal during drilling, shearing, punmching, or engraving.

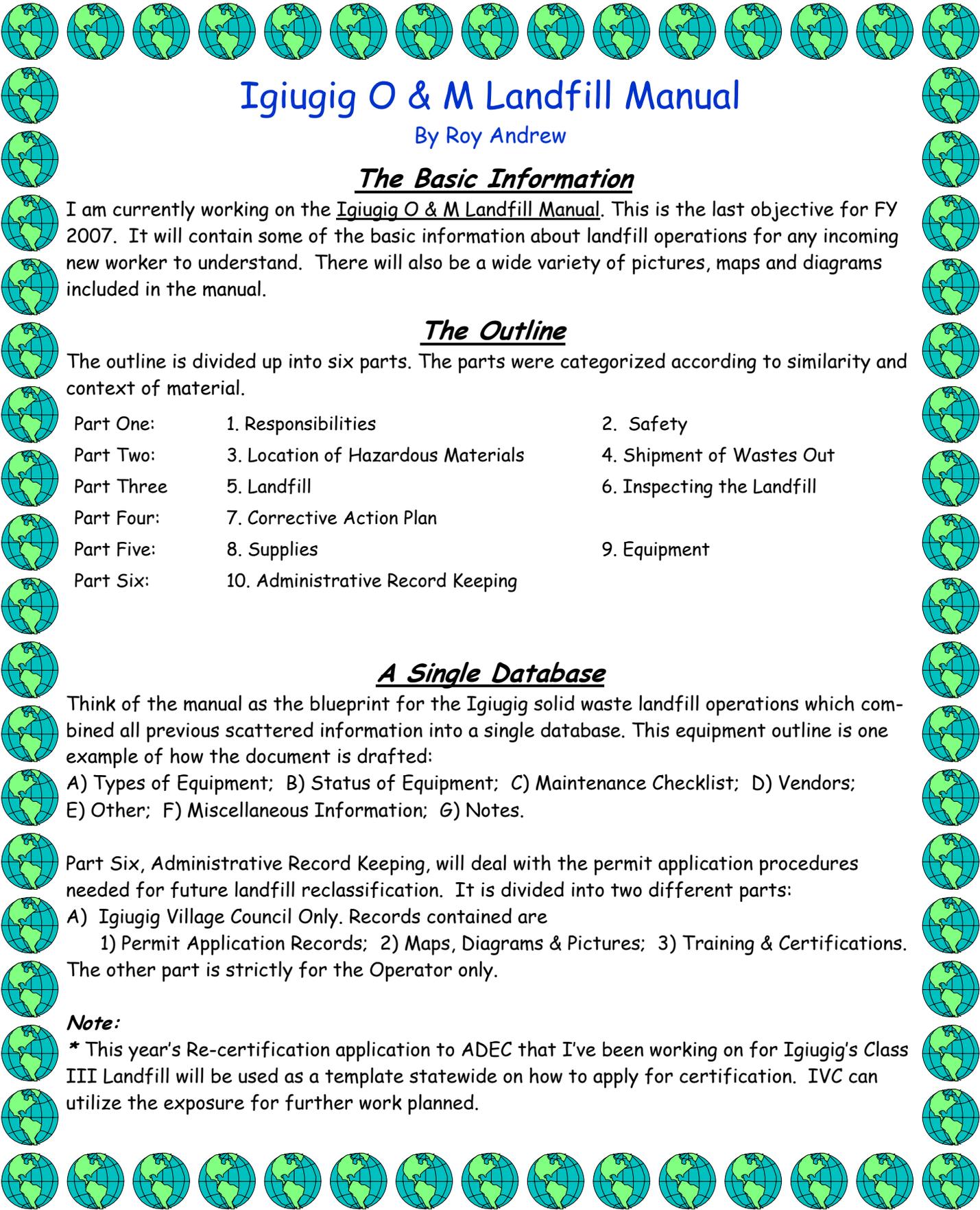
A rough or irregular protuberance on any object, as on a tree.

A small, hand-held, power-driven milling cutter, used by machinists and die makers for deepening, widening, or undercutting small recesses.



Answers to SUDOKU (game on page 5)

7	9	2	8	1	6	5	3	4
4	5	3	7	2	9	1	6	8
1	8	6	5	3	4	7	9	2
9	1	8	6	5	3	4	2	7
3	7	5	4	8	2	9	1	6
2	6	4	9	7	1	8	5	3
8	3	9	2	4	5	6	7	1
6	4	1	3	9	7	2	8	5
5	2	7	1	6	8	3	4	9



Igiugig O & M Landfill Manual

By Roy Andrew

The Basic Information

I am currently working on the Igiugig O & M Landfill Manual. This is the last objective for FY 2007. It will contain some of the basic information about landfill operations for any incoming new worker to understand. There will also be a wide variety of pictures, maps and diagrams included in the manual.

The Outline

The outline is divided up into six parts. The parts were categorized according to similarity and context of material.

- | | | |
|-------------|------------------------------------|----------------------------|
| Part One: | 1. Responsibilities | 2. Safety |
| Part Two: | 3. Location of Hazardous Materials | 4. Shipment of Wastes Out |
| Part Three: | 5. Landfill | 6. Inspecting the Landfill |
| Part Four: | 7. Corrective Action Plan | |
| Part Five: | 8. Supplies | 9. Equipment |
| Part Six: | 10. Administrative Record Keeping | |

A Single Database

Think of the manual as the blueprint for the Igiugig solid waste landfill operations which combined all previous scattered information into a single database. This equipment outline is one example of how the document is drafted:

A) Types of Equipment; B) Status of Equipment; C) Maintenance Checklist; D) Vendors; E) Other; F) Miscellaneous Information; G) Notes.

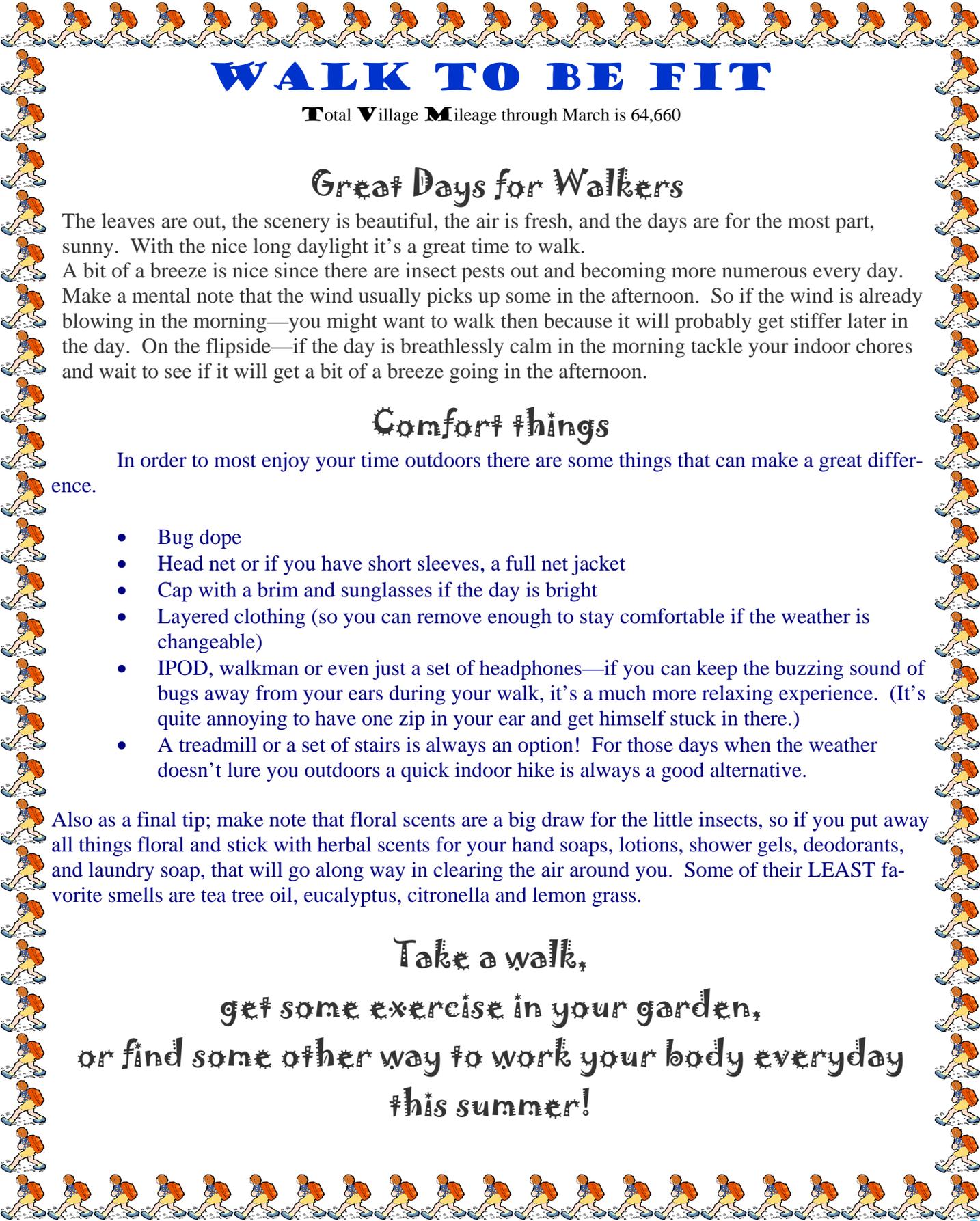
Part Six, Administrative Record Keeping, will deal with the permit application procedures needed for future landfill reclassification. It is divided into two different parts:

A) Igiugig Village Council Only. Records contained are
1) Permit Application Records; 2) Maps, Diagrams & Pictures; 3) Training & Certifications.

The other part is strictly for the Operator only.

Note:

* This year's Re-certification application to ADEC that I've been working on for Igiugig's Class III Landfill will be used as a template statewide on how to apply for certification. IVC can utilize the exposure for further work planned.



WALK TO BE FIT

Total Village Mileage through March is 64,660

Great Days for Walkers

The leaves are out, the scenery is beautiful, the air is fresh, and the days are for the most part, sunny. With the nice long daylight it's a great time to walk.

A bit of a breeze is nice since there are insect pests out and becoming more numerous every day.

Make a mental note that the wind usually picks up some in the afternoon. So if the wind is already blowing in the morning—you might want to walk then because it will probably get stiffer later in the day. On the flipside—if the day is breathlessly calm in the morning tackle your indoor chores and wait to see if it will get a bit of a breeze going in the afternoon.

Comfort things

In order to most enjoy your time outdoors there are some things that can make a great difference.

- Bug dope
- Head net or if you have short sleeves, a full net jacket
- Cap with a brim and sunglasses if the day is bright
- Layered clothing (so you can remove enough to stay comfortable if the weather is changeable)
- IPOD, walkman or even just a set of headphones—if you can keep the buzzing sound of bugs away from your ears during your walk, it's a much more relaxing experience. (It's quite annoying to have one zip in your ear and get himself stuck in there.)
- A treadmill or a set of stairs is always an option! For those days when the weather doesn't lure you outdoors a quick indoor hike is always a good alternative.

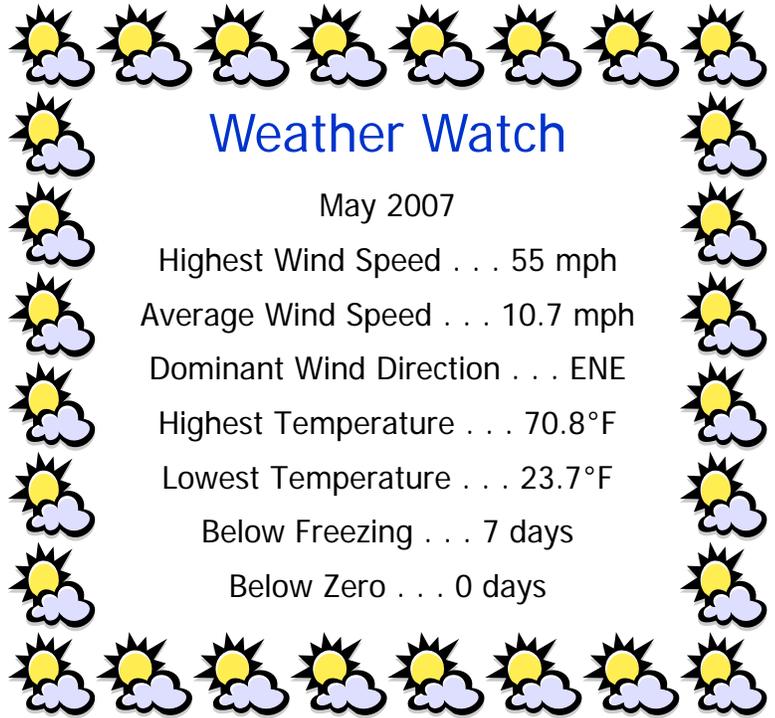
Also as a final tip; make note that floral scents are a big draw for the little insects, so if you put away all things floral and stick with herbal scents for your hand soaps, lotions, shower gels, deodorants, and laundry soap, that will go along way in clearing the air around you. Some of their LEAST favorite smells are tea tree oil, eucalyptus, citronella and lemon grass.

Take a walk,
get some exercise in your garden,
or find some other way to work your body everyday
this summer!

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Recipe Corner

Rustic Rhubarb Tart

Crust:

1 1/3 cups all-purpose flour
1 tablespoon sugar
1/2 teaspoon salt
6 tablespoon unsalted butter, cold, cut up
3 to 4 tablespoon ice water

Filling:

1 pound fresh rhubarb, tops trimmed, cut into 1-inch pieces
1/2 cup plus 2 tablespoon sugar
1 1/2 tablespoon cornstarch
3/4 teaspoon grated orange zest
6 ounce raspberries
1 1/2 tablespoon finely chopped crystallized ginger
1 tablespoon unsalted butter, cut into small pieces

1. Crust: In a food processor, combine flour, sugar, and salt. Pulse to mix. Add butter; pulse until coarse crumbs form. Pour 3 tablespoon of the water over top of crumbs and pulse just until dough begins to come together. (If dough is dry, add the remaining water.) Gather dough into a ball; press into a disc and wrap in plastic wrap. Refrigerate 1 hour or overnight.

2. Filling: In a large bowl, toss rhubarb, 1/2 cup of the sugar, cornstarch, and 1/2 teaspoon of the grated orange zest until combined. Let stand 25 minutes, stirring occasionally. In a small cup, combine the remaining 2 tablespoon sugar and the remaining 3/4 teaspoon grated zest.

3. Heat oven to 425 degrees F. Line a large baking sheet with parchment paper. On a lightly floured surface, with a floured rolling pin, roll dough into a 13-inch circle, pressing any cracks together at edges. Drape dough over rolling pin and transfer to baking sheet.

4. Gently stir raspberries and ginger into rhubarb mixture. Spoon filling onto dough circle, leaving a 2-inch border of dough uncovered. Fold edge of dough up onto filling, pleating dough and pressing any cracks. Dot filling with butter. Brush dough with water and sprinkle sugar-zest mixture over dough and filling.

5. Bake 15 minutes. Reduce temperature to 375 degrees F. Bake 25 to 30 minutes longer, or until crust is brown and filling is bubbly. Let tart cool on pan on wire rack 15 minutes. With a spatula, slide tart onto wire rack to cool completely. Makes 8 servings.