

Igiugig News & Notes

Igiugig Tribal Village Council

September 2008

Volume 11, Issue 9

A Village Wedding



All of the villagers were dressed in their Sunday best on August 3rd. Jack Wassillie and Christina Salmon married in St. Nicholas Russian Orthodox Church amidst friends and relatives from the surrounding villages. Reverend Archpriest Father David Askoak officiated the ceremony—the second wedding in Igiugig in twenty-two years since he married Dan and Julie Salmon. This was a special wedding for Father David because they were the first babies he baptized in the Lake Iliamna area.

Jack and Christina were sponsored by Maid of Honor, AlexAnna Salmon and Best Man, Terek Anelon—two friends who have been there since their very first date. Aiden Wassillie, the oldest son, was an en-

(Continued on page 2)

Wedded Bliss

Davy Alvarez & Maureen Wilson were married at 6 p.m. on the evening of Wednesday the 30th of July at the Community Bible Chapel in Naknek. The day was blessed with beautiful sunny weather and was full of busy preparations. The ceremony was attended by many family and friends from the community and was a very enjoyable time celebrating the beginning of this new family.

The day began as any other, with a quiet sunrise and a few undisturbed moments, but quickly became a bustling scene of activity with the continuation of the prior day's preparations. Considering that all the beds and available sleeping surfaces in the house were occupied by family and friends who made a special trip to mark the day, it's not hard to imagine the "busy-ness" of the house.

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Birthdays this month

- September 7
Sandy Alvarez
- September 18
Barbara Brown
- September 27
Angel Alvarez

A VILLAGE WEDDING *(Continued from page 1)*

tertaining Ring Boy—he thought it would be a good idea to take Madison for a last minute cruise in his jeep before the ceremony. Camille Andrew, Christina’s goddaughter, was the flowergirl—a role that her younger sister Madison envied. Bridesmaids Tanya Salmon, Sheryl Wassillie, and April Hostetter looked ravishing dressed in brown satin dresses, holding bouquets of stargazer lilies. They were escorted to the church by Groomsmen Thomas Wassillie, “Uncle Buck” Amadon, and Jonathan Salmon. The beautiful bride walked down the aisle with Don Perrin—the designated “Best Man” that could not make it to Dan’s wedding 22 years ago.

After the two were announced Husband and Wife, the congregation joyously sang “God Grant



(Continued on page 13)





WEDDED BLISS *(Continued from page 1)*

The morning started off with some panicked moments as calls were made to Anchorage to rush order out some important items, followed by nervous anticipation and a hot run to King Salmon to meet the flight. Food preparations were a continuing theme with aunts, uncles, cousins and friends rushing in and out dropping off trays, platters, menu items, or picking up more raw materials that needed to be chopped, diced, tossed or otherwise dealt with. Interspersed between the food preparations, were last minute dress alterations, the locating of parts and accessories for all the wedding outfits and suits, and setting up of the church for both the ceremony and the potluck dinner reception to follow.

The cake was made and gently transported and set up at the church by Roberta Bakken.

Cousin Michelle Watson headed up the bridal preparations, doing hair, gathering up necessary clothing items and assisting with final things at the church. Through it all her daughter



Vicky (the newest family member at just over three weeks of age) was in attendance at everything--all be it mostly asleep in her cute little baby chair. Grandmother Marie Alvarez involved herself in whatever needed to be done to help keep everyone going in the right direction with all the things they needed.

As the day progressed, everything began to fall into place nicely--flowers were picked up from the shop and arranged into vases and bouquets to finish up the church decor, and after severely testing the hot water system with numerous showers everyone headed over to the church.

(Continued on page 11)

Library/Computer Lab News

Just because the Summer Reading Club is over with it doesn't mean that it is time to put books away. Reading has many benefits: it is entertaining, helps develop language, vocabulary, & comprehension skills in both children & adults, reading helps people learn about the world around them, is an excellent interactive tool, a great conversation starter, & a wonderful way to help relieve stress. So pull out a book or magazine & read a few pages....it is a great way to balance a healthy lifestyle!



INSTITUTE of
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Fiction: The Goose Girl by Shannon Hale: "A magical retelling of the Grimm's fairy tale... Hale's retelling is a wonderfully rich one, full of eloquent description & lovely imagery."
~*School Library Journal*

Junior Fiction: The Monsters of Morley Manor by Bruce Coville: "Werewolves, vampires, mad scientists, wizards, aliens, ghosts, ancient curses, giant frogs, evil clones, fallen angels, zombie warriors...& two clever kids in whose hands rests the fate of the Earth." "Unquestionably weird, but nevertheless highly addictive." ~*School Library Journal*.

Alaska Book: The Island Within by Richard Nelson: "Richard Nelson doesn't name the uninhabited island that is the setting & subject of this luminous book. He doesn't even tell us where it is, other than somewhere in the Pacific Northwest. What Nelson does tell us is far more important, however: what it's like to share a pristine ecosystem with deer & bear & humpback whale; how a trained scientist transcends his cultural biases in order not just to observe nature, but to participate in it; what it really means to claim the place one lives-& to allow oneself to be claimed by it."

Children's Book: Berry Magic by Teri Sloat: "Every year during berry-picking time, the old women frown & complain. All that grows around the village are dry, tasteless crowberries. But young Anana has a plan for changing those frowns into smiles, & it involves a bit of magic."

The library received new, educational, yet highly interesting DVDs:

- *When We Left Earth: The Nasa Missions
- *Blue Planet: Seas of Life
- *Time Life's Lost Civilizations
- *A Century of Flight: 100 Years of Aviation

Come to the library & check out the new DVDs!

All books & DVDs featured in this newsletter can be found on the black rolling rack in the library.

Back to School

By Jeremy Salmon, 11th Grade, Igiugig School

On August 19, 2008 the kids of Igiugig, AK awoke to their alarm clocks for it was the first day of school. Although summer is fun, there is a time when students have to return to their desks and work for another year awaiting for the next summer to come. The first week of school we had activities to get us back into the learning mode, getting us ready for our fund-raisers, and planned for travel during the year.

At 8:30 A.M. on Tuesday, August 19, the students arose to say the Pledge of Allegiance, thus starting off the day. Then we moved on to getting our binders up to date so our teacher, Jeff Thurston, knew where all of us were at in our Standards. Next, we passed our first standard of the year, which was following directions. We made bracelets with the American flag designed on to it with safety pins and beads, which we all passed of course. After finishing our bracelets we moved on to the purpose of government and the constitution. As the day dragged on, the students bellies grumbled for Dallia Andrew's corn dogs and tator tots. After the fantastic first lunch, the students moseyed to the gym for some Physical Education. Enjoying the last of the summer sun the teacher took us outside to play freeze tag, after running laps around the school. The half hour flew by and we were forced to return to learning, when we measured our paces to see how many paces it takes us to walk a hundred feet. This was to prepare us for our compass activity we would be working on during the week. Time seemed to slow down near the end of the day but thankfully the school day came to an end. The next few days we continued learning how to use a compass and about

the Constitution and before we knew it, Friday came along and the students happily greeted the weekend coming their way. The first week of school zoomed by but the students have a long way to go.

A major goal for us this year is to make as much money as possible to help us go on a senior trip next year. This requires a whole lot of fund-raising, such as movie nights and bake sales, so the students work hard on planning and preparing for the year. Some of the fund-raising activities we held last year included bake sales, bike-a-thons, movie nights almost every weekend, selling concessions at volleyball and basketball games, and sometimes we had game nights. Grant writing is also important to the students for it is not only required in the writing class, but it gives them an opportunity to travel and learn new things. Grants pay for Eddie Wood, a dance instructor, to come to our school every year and for our travel to Anchorage to compete in the AkNOS competition.

Every year the high school and junior high students fly to Anchorage with speeches passing through their minds. The Igiugig students also plan on traveling throughout the year to the district gatherings, school to life phases in Newhalen and Anchorage, and hopefully to Close-Up in Juneau and Washington D.C. The students of Egegik, Levelock, and Igiugig also hope to get Eddie Wood back here to increase our dancing skills. Before we know it, the school year will be over and summer will once again return.



Answer can be found on page 15.

	8	4	9		5			
7				3	6			
5	6			8				
		1				5		
3			5					9
			8	7				
8	2			1		7		
							1	5
		9	4			2		

Summer Sunrise by Angel Alvarez, 11th Grade, Igiugig School

This summer I was planning to do it all. I wanted to find a job, get out to the camp in Port Alsworth for a week or two, spend at least half my time with my dad on the boat, hang with friends, and make my usual travel route at the ending of it all...major fail.

I endured the first three weeks of my summer in Naknek, Alaska just soaking up my freedom and spending time with friends. I had received a few job applications from local places such as Naknek Trading and Napa, but decided not to turn them in until after I returned from Tanalian Bible Camp in Port Alsworth. On June 2, 2008, I flew away in a Cherokee 6 to work as ground crew during the first week of the camp season at TBC.

About three days into the week I finally warmed up to the campers enough to participate in the all-camp activity. My thoughts before joining in on this rambunctious event: "One little break from work would be fine! It's not entirely productive, but it couldn't hurt." Towards the end of the game, I was chasing someone from the opposing team through the trees and I tripped on a root...big deal, I got up planning to dart towards the path to catch them, but that plan failed with just one step. I fell – once again – flat on my face, only this time to the cause of my foot being in excruciating pain. The game continued on of course, but no questions asked, I was out, out of the game, out of work for the night, and to my dismay, out of chances to fish with my dad in the upcoming season.

After injuring my ankle, my plans made a drastic change. My ankle looked dead, it was swollen to about the size of my calf muscle and was discolored to the lightest shades of yellow, purple and blue....but thankfully it wasn't broken, just a little sprained. I only used crutches for a day or two, because a couple days into the injury I had fallen down stairs and on the rocks so often that it was safer for me to just hobble around with the air cast I had been given. I went home the following Monday to help my parents with preparation for the fishing season and get my foot x-rayed.

Instead of turning in any of my job applications, I made plans to go back up to Port Alsworth to visit my friend Kalee for a week, and then start work at the camp the week after that. My plans altered once again. The camp director, James Walsh, heard that I would be in Port Alsworth that Monday the night before I arrived, but he thought I was planning on working at the camp. Last minute, James placed me on dish crew. I got into town, walked inside the main building at the camp *planning* to call Kalee to let her

(Continued on page 16)

WORD BUILDING

Use the following letters to make words in the slots provided.

UEGLNP

1. □□□

2. □□□

3. □□□

4. □□□

5. □□□

6. □□□

7. □□□

8. □□□

9. □□□□

10. □□□□

11. □□□□

12. □□□□

13. □□□□

14. □□□□

15. □□□□

16. □□□□□

17. □□□□□□

Answers can be found on page 15.

An Action-Packed Saturday



Thirty-one villagers and a handful of dogs participated in the Community Walk that started at fish camp on August 23rd.

August 23 was an action-packed Saturday for the residents of Igiugig, Alaska. For some, the day began with finishing the final touches on the old “red house” that was renovated for our newest residents, the Brown family—scheduled to move in the 23rd. (The September issue will provide a cover story).

By mid-day people were energized by the beautiful sunny day for the 2nd Annual Bristol Bay Community Walk. With *akutaq* season well under way, it is a good time to walk off the diabetes inducing Crisco-sugar deliciousness. “Eat More Salmon” was the theme of this event, sponsored by the BBAHC Diabetes Prevention/Lifestyle Change Program. Villagers, many bringing their dogs, gathered at Mary Olympic’s smokehouse at 1 PM to sign up for the walk and receive free t-shirts.

This year’s walk featured an advanced trail—

we began the hike from the smokehouse all the way to 2nd Creek (the creek located just before Glenn’s house). Walkers had the option of following the beach, the tundra trail, or a combination of both. Most chose the beach route simply because the biting insects, which Igiugig is so famous for, were out in full force. Although it was a more difficult route, it was definitely more scenic and the youngest kids were troopers—the three and four year olds walking the entire distance. Everyone was rewarded with fresh oranges at the end of the community walk.

But the day did not end there. At 4 PM the villagers gathered again at the airport to welcome the arrival of the new family and escort them to their home. After giving a quick tour, we hustled off to prepare food for the Back-to-School Welcome Potluck and Summer Reading Club Banana-Split Party at the gym, starting at 5:30 PM. Elementary teacher Mark Battaion welcomed the new family and formally introduced them to the community. He provided a brief overview of changes in the Lake and Peninsula School District, including a new Superintendent and Director of Personnel. He also welcomed back former Igiugig School secondary teacher Jeff Thurston. Afterwards, Bernadette Andrew—organizer of the Summer Reading Club Program—handed out impressive reading awards. (See chart on page 12 for winners!)



The walking route was rather strenuous for the youngsters. Teacher Jeff Thurston carried Madison and Jack carried Keilan.

(Continued on page 8)



(left) Kristin Fewnia and Shaun race along the tundra trail hoping to beat their beach running competition. (right) Shaun, Fewnia and Dolly Ann look out over the river. They were so hot at the end of the walk they were ready to go swimming!



After such an action-packed Saturday, it was fun to kick back and enjoy a big feast and banana splits. Events such as the annual community walk and village potlucks not only help to build community cohesion, but give us an opportunity to celebrate our success at building a healthy community. Walking along the river and lake reminded us of the healthiest food we have in abundance—and that is salmon and fresh berries. All in all, the day was a reflection of what healthy living looks like: eating right, exercise, and finding happiness at home. Because most people of Igiugig Village live a healthy lifestyle, I did not mind that we ended our Diabetes Prevention day with a celebration involving Alaska-sized banana-splits complete with all the toppings. After all, we waited until *after* we had eaten the freshly grilled salmon!



Madison Andrew proudly displays her reading award.



Thanks to these three youngsters: Keilan, Aiden, and Madison, SRC members earned a Barbeque this year!

GARDENERS GOODIES

SEPTEMBER garden activities:

- ❑ Early SEPTEMBER – If your house plants have summered outdoors (and are still out there), be sure to get them in before the first frost arrives. Also if you have some pots of nice garden flowers that have been slow to bloom and if you have enough room, consider bringing them in to finish out the season. Just be sure to wash off the bugs and pests if you do this or you may end up with lots of pests on your indoor plants.
- ❑ SEPTEMBER – Prune your bushes and shrubs—nicely trimmed trees look nice even after their leaves drop.
- ❑ SEPTEMBER – Pick berries and other wild plant foods—try making jam from cranberries while they are still white on the bottom. The half ripe berries make a much lighter colored jam with a flavor more like strawberry, and it jells up very quickly since there is lots of pectin in unripe fruit.
- ❑ Late SEPTEMBER – Clean up your yard and flower beds in anticipation of the coming winter.
- ❑ Late SEPTEMBER – If it's still not freezing and if it's taller than about 5" give the grass one last mowing to help avoid disease and to make it easy to begin to mow again in the spring.

REMEMBER those R's

Re – Re – Re – Re – Recycle

Every little bit helps—remember that even one piece of litter that doesn't go to the dump is progress.



What's Blooming Now?

Delphiniums outside the office in four beautiful colors

Student Government by April Hostetter, 11th Grade, Igiugig School

As the end of summer arrives, I reluctantly get back into the routine of attending school. Though I am not yet ready for the school year, I am also very excited for it because of all the activities I get to participate in. The secondary students had our first student government meeting of the year, which made the next few months look promising as we fill it with new as well as traditional activities of our student government.

In our meeting we decided to continue sponsoring a Juliet Buribawa (an intelligent young woman from Uganda) to go to school. Every year we pay about \$360 for her health and school services. The entire school (secondary and elementary alike) will also continue to sponsor Jamur, a turtle the high school students began sponsoring in Costa Rica. The secondary student government is also going to try to start new service projects such as a penny drive or a recycling program that will possibly include other schools as well. Our fundraisers will be the same: movie nights every weekend or so and a larger fundraiser (like hamburger or pizza nights) every month. We will also have our annual Craft/Book Fair and we hope to revive the R-Carnival this spring. We are also go-

ing to invite Eddie Wood back, but instead of writing the grant ourselves we are going to help another school (either Levelock or Egegik) write the grant. We are also hoping to attend the Alaska Native Oratory Society (AkNOS) this year but are planning to save for a larger trip next year. We're not sure where that location will be yet, but we hope to incorporate a project within that trip and receive a grant to help finance it.

The secondary student government also had nominations for the officers of student government, which are Angel and Tess for Secretary, Jeremy for Vice President, and me (April) for President. Each of the nominees will present a speech to the school, and then everyone will vote during the last week of August.

Other goals outside of student government are to have a sports team, to place first in the district Battle of the Books, participate in the School to Life Programs (New Beginnings, Phase I, II and III), Close Up, and the junior high and high school Academics and Athletic Meets. The upcoming year looks promising for us and we hope to make it just as successful as our previous years.

Igiugig Elementary Student Government Goals

By Shaun Andrew, 6th Grade, Igiugig School

Fundraisers, ballgames, movie nights, game nights the Igiugig elementary class are busy this year. Because the elementary class's trip was cut off short last school year they get a good start of money for this school year. The elementary class has many ways to raise money and plan for a future trip.

A bake sale is one of the many ways the elementary class will raise money. We work together to bake delicious desserts to auction off to the community. Another way we fundraise cash is to make and sell arts crafts, huge plants, and glittery Christmas ornaments.

Last year, the elementary class's arts, crafts, and plants were a big hit and we sold almost everything. This will be the first time the elementary class will have a bake sale. I hope both of these fundraisers will work out and we can raise a good chunk of change.

The elementary class had a huge success raising over \$3,000 beating the older kids \$200. We are planning another bike-a-thon if the conditions are reasonable. We hope to raise a couple thousand dollars so we can go on a

class trip.

Another way to fundraise money is host a game night like the older kids did last year. If we hold a game night it will be the first time the elementary class will do one on their own. We can do a game night with dance-dance-revolution, Nintendo games, board games, and bingo. The younger kids also run concessions at ball games and movie nights where we earn 10% of the profits.

The elementary class has many trip possibilities and we are thinking about going to Anchorage to finish the trip we never completed. We also want to go to the Iditarod and Alyeska to ski and snowboard. We can also go to Homer and maybe see Eddie Wood and spend some time there.

In my opinion it will be a busy year, but in the end it will work out because we'll go on a fun and exciting trip. I hope to raise at least five thousand dollars for our student government because I want to on a long and action packed adventure.

WEDDED BLISS *(Continued from page 3)*

Mother of the bride, Mary Dawn Wilson had arrived from her home in Shungnak, several days before the ceremony. Father of the bride, James Wilson of Yakutat arrived the day prior just in time for the rehearsal. Parent of the groom Randy & Sandy, of course were in residence in Naknek for the occasion.

At the church Pastor Dan O'Hara did last minute adjustments to the groomsmen's attire along with the additional last minute instructions that go with such occasions. In the next room Aunt Rose along with Mary Wilson, were doing much the same for the bride and her attendants, obviously with a lot more lacing, tucking, and adjusting.

And so began the service with Dan O'Hara officiating. Groomsmen were Derek Na-shookpuk, Connor Riddle, and Tommy Wilson (brother of the bride). Bridesmaids were Angel Alvarez and Laurinda Hill. After a short sweet ceremony that included touching vows for the couple and some words of wisdom about the serious eternal nature of the bond of marriage, everyone adjourned to the reception area for some great food, and time to congratulate and enjoy a visit with the newly wedded couple.

By the time it was all over everyone was full of delicious foods of every variety, a stack of

gifts and well wishes were shared, toasts were made to a marriage that would endure both this life and into eternity and it was marked as a day of significance for the Alvarez and Wilson families.

Many thanks to the people who made it all such a special day, those who willingly cooked whatever they were asked, those who cleaned and arranged the church, the many who helped shop, ship and gather the necessary things to make the day a beautiful, memorable and special one.



0 TO 4 YEAR OLDS		
Shealayla	58	1755
Leif	40	1131
Keilan	296	11189
Aiden	406	13419
Madison	349	11061
Kiara	58	1763
5 TO 8 YEAR OLDS		
Kyle	34	2538
Hunter	29	875
Fewnia	20	708
Camille	45	5642
Dolly Ann	6	506
9 TO 18 YEAR OLDS		
Shaun	46	10375
Tess	13	3634
Jeremy	8	2136
April	12	5434
ADULTS		
AlexAnna	5	1669
Annie	5	1633
Bernadette	15	4110
Betsy	11	4445
Bonnie	14	3383
Christina	25	7655
Ida	3	1182
Jack	6	1355
Jeff	3	700
Jon	5	1486
Julie	14	7955
Kristin	6	1947
Mark	3	750
Martha	29	9268
Sandy	9	1500
Sheryl	2	1192
Stacie	17	5157
Tanya	20	5565
TOTALS	1612	133118

Igiugig Reads Program

The goal of this program is to continue the summer reading program throughout the school year to insure that our students are reading on a daily basis.

“The more you read, the more things you will know. The more that you learn, the more places you'll go.”
– Dr. Seuss

How it works:

- students are required to participate
- adults, please join in – talk to Kristin
- participants determine their reading goals weekly (i.e. if you would like to read 10 pages a day, you're goal would be 70 pages)
- all reading is included in the weekly goal (homework, novels, BOB books, magazine articles, etc.)
- participants record number of pages read daily
- those who meet their weekly goal record their success on the weekly reading chart at the school
- the number of participants reaching their weekly goals will be reviewed monthly and community incentives will be offered for a high success rate

*****Please make sure your children are reading and recording pages daily!***



You Many Years” and the ceremony commenced with a shower of rice. The Wassillie family boarded the decorated get-away caboose and drove off to the reception. The reception was held in the school gym so extravagantly decorated (many thanks to Chasity Anelon) that wedding goers forgot they were in the village. The reception featured an array of refreshments, delectable desserts, a three-tier wedding cake, sparkling cider, party music, a round of toasts, bouquet and garter tossing, and even dancing. The newlyweds stepped onto the dance floor to “You and Me” by Lifehouse. Carl Amadon serenaded the two with “When You Say Nothing At All” on his guitar and received an encore from the impressed crowd. After a mountain of presents were opened—gifts ranged from cases of smoked salmon and salmonberry jam to deep fryers, blanket and sheet sets—the two were whisked away to their overnight paradise at Clearwater Lodge. A honeymoon will follow in October; destination: Molokai, Hawai’i.

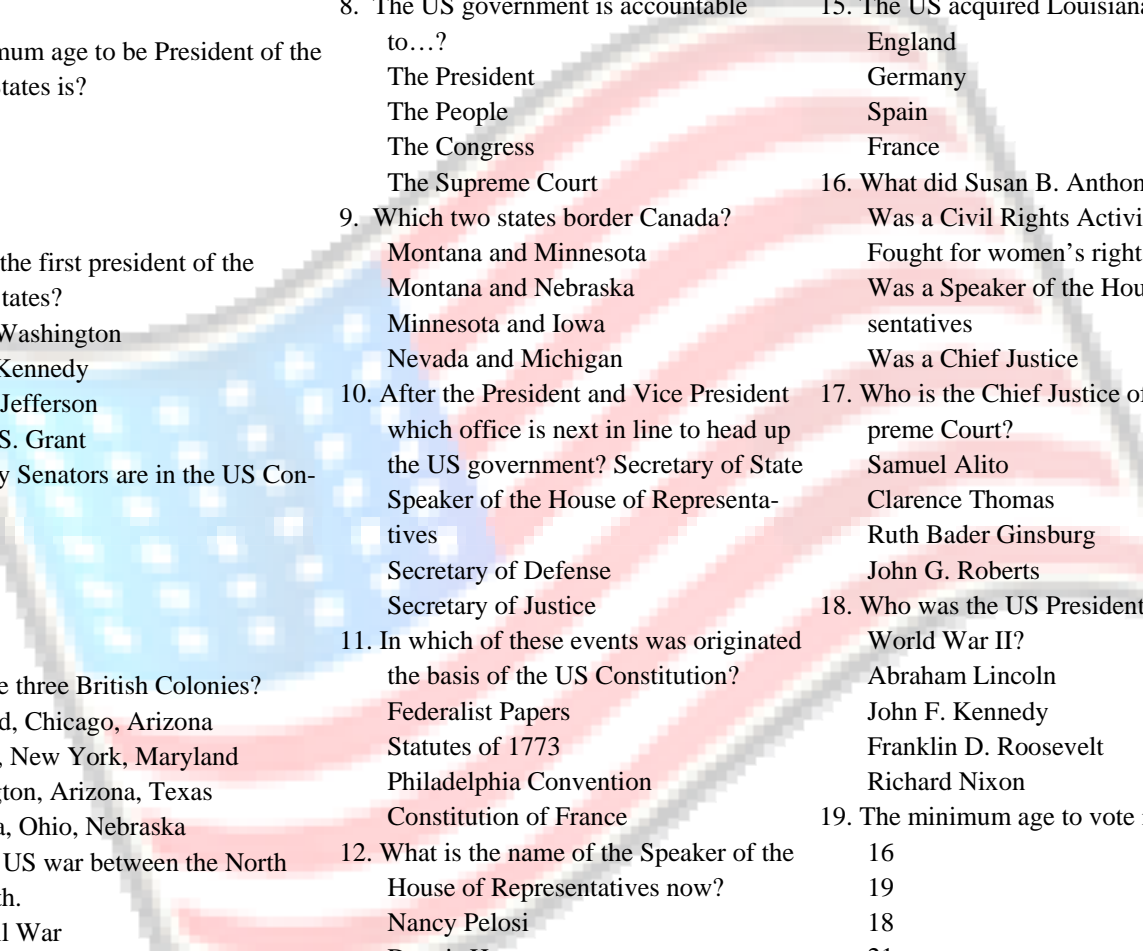
They say a man marries a woman thinking that she will stay the same forever. A woman marries a man thinking that she can change him for the better. For Jack and Christina, who have been together for five years and will have their third child in December, perhaps this marriage advice does not apply. On August 3rd, the couple knew exactly what they were spending the rest of their lives on. It turned out to be a beautiful day for a wedding—a village wedding...the most intimate in existence. For Jack and Christina it was a good day to tie the knot, but for the rest of us it was a fun day to get dressed and celebrate. After all, in the Village of Igiugig, a wedding averages two decades!



Bits 'n Pieces

US CITIZENSHIP TEST

If you weren't born in America, do you know enough of the right answers to become a citizen of this country? Following are a selection of the questions that are asked on just such a test:

- 
1. The minimum age to be President of the United States is?
30
35
40
45
 2. Who was the first president of the United States?
George Washington
John F. Kennedy
Thomas Jefferson
Ulysses S. Grant
 3. How many Senators are in the US Congress?
250
101
100
56
 4. What were three British Colonies?
Maryland, Chicago, Arizona
Virginia, New York, Maryland
Washington, Arizona, Texas
Louisiana, Ohio, Nebraska
 5. Name the US war between the North and South.
The Civil War
World War I
The Civil Rights War
North War
 6. Which countries were enemies of the US in World War II?
Japan, Germany and Soviet Union
Germany, China and Italy
Germany, Italy and Spain
Germany, Italy and Japan
 7. The western border of the United States faces...?
Mexico
Pacific Ocean
Atlantic Ocean
Canada
 8. The US government is accountable to...?
The President
The People
The Congress
The Supreme Court
 9. Which two states border Canada?
Montana and Minnesota
Montana and Nebraska
Minnesota and Iowa
Nevada and Michigan
 10. After the President and Vice President which office is next in line to head up the US government? Secretary of State
Speaker of the House of Representatives
Secretary of Defense
Secretary of Justice
 11. In which of these events was originated the basis of the US Constitution?
Federalist Papers
Statutes of 1773
Philadelphia Convention
Constitution of France
 12. What is the name of the Speaker of the House of Representatives now?
Nancy Pelosi
Dennis Hastert
Condoleezza Rice
Ruth Bader Ginsburg
 13. Who was the author of the Declaration of Independence?
Abraham Lincoln
Thomas Jefferson
George Washington
Theodore Roosevelt
 14. Which is a right or freedom not guaranteed by the Bill of Rights?
Right to the Pursuit of Happiness
Freedom of Speech
Freedom of Religion
Freedom of Press
 15. The US acquired Louisiana from?
England
Germany
Spain
France
 16. What did Susan B. Anthony do?
Was a Civil Rights Activist
Fought for women's rights, civil rights
Was a Speaker of the House of Representatives
Was a Chief Justice
 17. Who is the Chief Justice of the Supreme Court?
Samuel Alito
Clarence Thomas
Ruth Bader Ginsburg
John G. Roberts
 18. Who was the US President during World War II?
Abraham Lincoln
John F. Kennedy
Franklin D. Roosevelt
Richard Nixon
 19. The minimum age to vote in the US is?
16
19
18
21

Answers on page 15.

Our Heritage is based on our History

Waiting for my plane seemed like forever. When I woke up the day I was leaving for Tanalian Bible Camp and I was so excited. You now what, I'll tell you my story of going to camp.

The day Shaun left for camp I couldn't wait for him to come back. Because, when he came back I would leave. I had to wait a whole week for him to come back. Finally the day came, the day for me to start my trip and for Shaun this meant he had to end his trip. When Shaun arrived I waited for my plane, which seemed like forever. When my mom called me she said, "Your plane won't come for a while." Then I said, "WHAT!!" Next she said, "I'm just joking!" She told me to take my Dramamine because Mark Bindon (the pilot) would be here soon. Finally Mark Bindon arrived. I said, "Good-bye" to my mom, Madison, Kyle, and Shaun. Then I got into the plane and went to camp. It took a while to get there. But, I wanted to go to camp.

When I got to Port Alsworth my counselors Angel and Sage came to help me carry my bags. Sage took me to our cabin. Right after we put my bags in the cabin we went to eat lunch. I saw one of my cabin mates Dana Natiwick. I saw her during my first year. I was so excited to see her. Next Tatyana Zackar came, then Mercy Alsworth and last but not least Katelyn Alsworth. I was so happy to be at camp. After lunch we had to do F.O.B. (Flop On Bunk.) That's when we are in the bed taking a nap or reading quietly for 30 minute. After doing F.O.B. we did activities for example: Obstacle course, canoeing, Orienteering, playing games at Sig Field, Basketball, Volleyball plus many more. Usually after that there is Snack Shop when you can buy snacks, soda, water, juice, disposable cameras, t-shirts, and caps. Then there usually is free time or waterfront or both which is when you can go swimming. Next we would probably do some more activities. Then we had dinner where we can't just go and get your food you have to wait for Pastor James to call on your cabin, then you go get your food. Right after dinner campers and counselors go and get their Bibles. When we go up the stairs we hear Mark McGee singing some of the songs. During Chapel we sing songs and read the Bible. When Chapel is over we go back to our cabins and put our bibles away and run to Sig Field. When we get to Sig Field we play on this enormous field. Sometimes we play Kick Ball, Rabbit Sticks and a lot more. After we go back to the bunk and have a snack and talk about the Bible. Next we brush our teeth, then go to bed. We would usually do this through the whole week, but on Saturday we have a carnival! It's so much fun to play the games. But one time we saw a moose go right through the cabins! It was so exciting. On Sunday night they told the cabins who had the most points: the Robin cabin and the Eagle cabin. I was in the Robin Cabin. We got to have ice cream with Paul, Mark, Pastor James, and Randy. It was great. But camp soon ended. The day I left I wanted to stay longer.

What did you think of my week away at Tanalian Bible Camp? I thought it was great and I can't wait until next year.

Answers to US CITIZENSHIP TEST (game on page 14)

35, George Washington, 100, Virginia, New York, Maryland, The Civil War, Germany, Italy and Japan, Pacific Ocean, The People, Montana and Minnesota, Speaker of the House of Rep, Philadelphia Convention, Nancy Pelosi, Thomas Jefferson, Right to the Pursuit of Happiness, France, Fought for women's rights, civil rights, John G. Roberts, Franklin D. Roosevelt, 18

Answers to WORD BUILDING

(game on page 6)

GEL, GNU, GUN, LEG, LUG, PEG, PEN, PUN, GULP, GLEN, GLUE, LUGE, LUNG, PULE, PLUG, LUNGE, PLUNGE

Odd Word Definitions: (from

www.dictionary.reference.com)

gnu (noo)

-noun. Either of two stocky, oxlike antelopes of the African plain.

glen [glen]

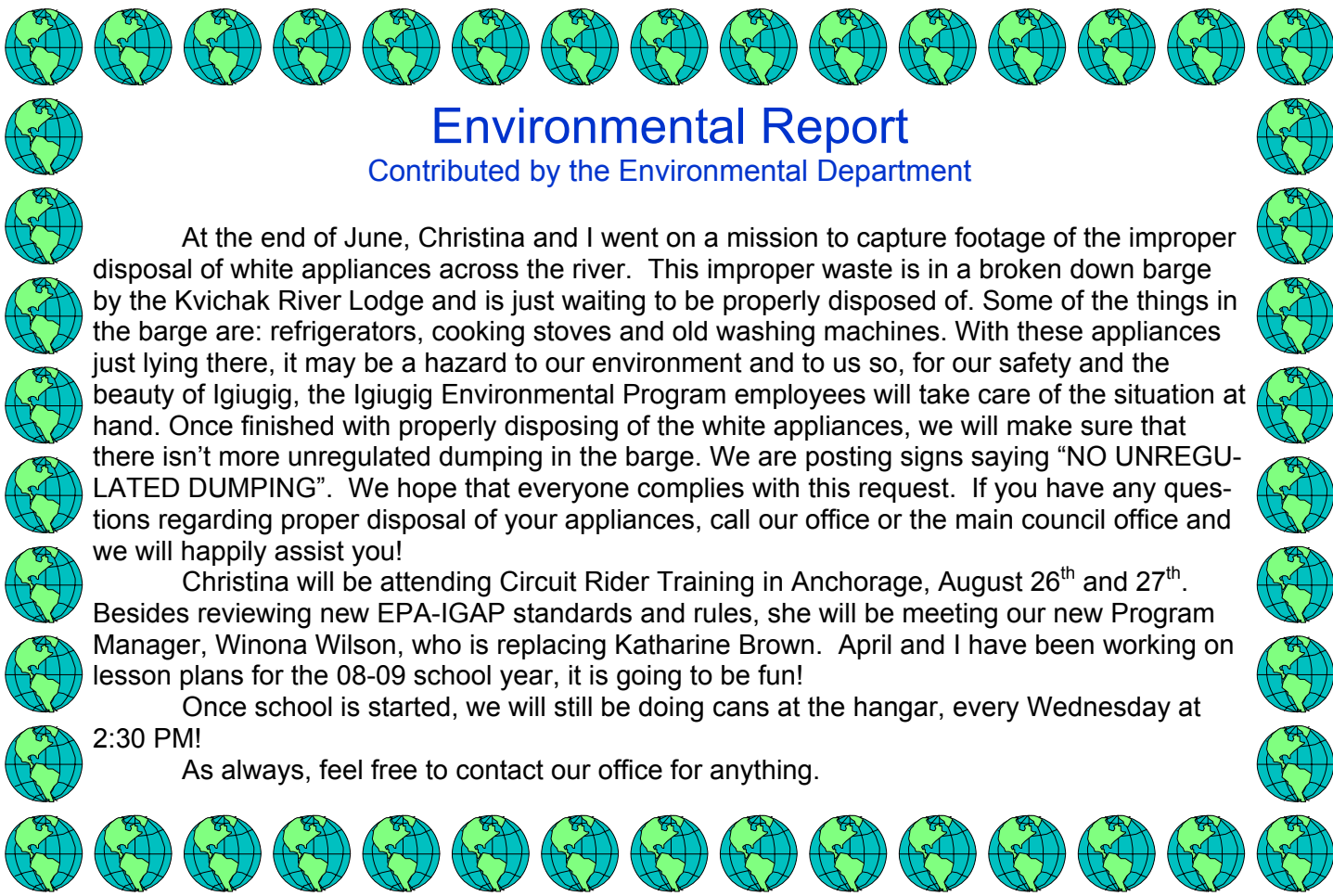
-noun. A small, anrrow, secluded valley.

ule [pyool]

-verb. To cry in a thin voice; whine; whimper.

Answers to SUDOKU (game on page 5)

1	8	4	9	2	5	3	6	7
7	9	2	1	3	6	8	5	4
5	6	3	7	8	4	1	9	2
2	4	1	6	9	3	5	7	8
3	7	8	5	4	1	6	2	9
9	5	6	8	7	2	4	3	1
8	2	5	3	1	9	7	4	6
4	3	7	2	6	8	9	1	5
6	1	9	4	5	7	2	8	3



Environmental Report

Contributed by the Environmental Department

At the end of June, Christina and I went on a mission to capture footage of the improper disposal of white appliances across the river. This improper waste is in a broken down barge by the Kvichak River Lodge and is just waiting to be properly disposed of. Some of the things in the barge are: refrigerators, cooking stoves and old washing machines. With these appliances just lying there, it may be a hazard to our environment and to us so, for our safety and the beauty of Igiugig, the Igiugig Environmental Program employees will take care of the situation at hand. Once finished with properly disposing of the white appliances, we will make sure that there isn't more unregulated dumping in the barge. We are posting signs saying "NO UNREGULATED DUMPING". We hope that everyone complies with this request. If you have any questions regarding proper disposal of your appliances, call our office or the main council office and we will happily assist you!

Christina will be attending Circuit Rider Training in Anchorage, August 26th and 27th. Besides reviewing new EPA-IGAP standards and rules, she will be meeting our new Program Manager, Winona Wilson, who is replacing Katharine Brown. April and I have been working on lesson plans for the 08-09 school year, it is going to be fun!

Once school is started, we will still be doing cans at the hangar, every Wednesday at 2:30 PM!

As always, feel free to contact our office for anything.

SUMMER SUNRISE (Continued from page 6)

know I was there, but on my way to use the phone I was hit with a schedule.

I worked as dish crew that whole week, and the next week I was penned in to be a junior counselor for primary camp (3rd and 4th graders). Counseling for that week was a good experience, I had a wonderful group of girls and a great senior counselor! All the girls in my cabin were excited and full of energy. Throughout the seven days of the camp week, the girls learned a lot, and we had fun. Break week was the next in line – the one week in the middle of the camp season with no campers.

The flights back to Naknek that week were not planned to have enough seats for everyone without making an extra unnecessary trip. With the plans I had at the beginning of my trip to visit a local friend, I chose to stay. Continuing on with my ever changing plans, the choice I had made deciding to stay for only two weeks no matter what before I came up to Port Alsworth again were squashed. I was looking forward to being back in time to meet my cousin who was flying into Naknek from Oregon for a couple of weeks. So until I got to Kalee's house, it was kind of a drag to think about not being at the airport when my cousin arrived. The week turned out to be amazing. While Kalee had work from 8:00am to 5:00pm I would go down to the camp to help with some of the cleaning and hang out with friends. Then when she got off work, we would usually end up finding something exciting to do that would occupy our time. We went on four-wheeler rides, stayed the night on their barge and spent time with other friends from around town. I had a blast!

When that week was over, I went back to Naknek for one week to catch the last half of my cousin's stay in Alaska, and the following Monday I flew back up to Port Alsworth to finish out the camp season. Upon my return, I had one week of dish crew, and the next and final week, I myself was a camper.

It was a nice switch from being staff for most of the summer to becoming a camper. I enjoyed having other kids around that were in my age group and I loved being able to participate in everything the camp had to offer. It just took some getting used to for staying in the set boundaries. The counselors were all amazing, and it was fun to meet the few teens I did not recognize from years before. I also enjoyed spending time with the friends I had not seen since previous camp years. All in all, my summer at Tanalian Bible Camp turned out to be a great one. When the sun finally sets here at the end of my summer, I can't help but notice that every plan pulled from the root up was inevitably replaced with an even more extravagant flower.

WALK TO BE FIT

Total Village Mileage through June - 68,651

Nuts, Twigs, Seeds & Spices?



Does healthy food sound sort of unappetizing to you?

Maybe it's because you've been told to "just eat it, it's good for you" enough times when something really didn't taste good, that the thought of healthy food automatically makes you think "bad tasting".

Or maybe you've not grown up eating that sort of food and it seems sort of foreign.

Or maybe it's not been prepared well.

A big part of becoming physically fit is eating the foods that let our bodies become healthy, so no matter what the problem, the answer is to learn to prepare foods using some of the following tips for healthy and delicious results that fit your own taste.

If you grew up on mainly meat and potatoes here are some ways to work yourself into a better/healthier diet painlessly:

begin by adding new spices to your regular recipe (see suggestions below)

add in some sautéed vegetables, onion, garlic and some nuts to your meat dishes

decrease your use of Crisco and butter in cooked foods and replace it with olive or canola oil

use whole grains whenever you can, brown or wild rice, whole wheat pasta, beans

if you really like white bread, you will need to gradually exchange a little white for wheat each time you bake.

Start by just exchanging about one-fourth of the white flour for whole wheat. Of course it won't look like white bread but the flavor will still be familiar.

Spices that make food taste good and give you health benefits in the process:

Turmeric (curry powder has this spice): Ease Arthritis

Cinnamon: Lower blood sugar

Rosemary: Avoid carcinogens

Ginger (fresh, powdered or candied): avoid nausea

Basil (dried or fresh): Combat stress

St. John's Wort: Soothe your worries

Garlic: Lower cancer risk

***SPRINKLE ON A BIT OF SOMETHING DIFFERENT TO-
DAY***

...and make healthy changes to your diet with an added dash of flavor.

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Ida Nelson, Tribal Clerk

Weather Watch

August 2008

Highest Wind Speed . . . 51.0mph
Average Wind Speed . . . 5.9 mph
Dominant Wind Direction . . . SSW
Highest Temperature . . . 70.8°F
Lowest Temperature . . . 9.2°F
Below Freezing . . . 0 days
Below Zero . . . 0 days
Precipitation . . . 0.87 inches

Recipe Corner

Blueberry Sour Cream Cake

1/2 cup unsalted butter, softened
1 cup sugar
3 eggs
2 cups flour
1/2 teaspoon salt
1 teaspoon baking powder
1 teaspoon baking soda
1 cup sour cream
1 teaspoon vanilla
2 cups blueberries, fresh or frozen
1/2 cup brown sugar

ents and add gradually to the egg mixture alternately with sour cream, ending with flour. Stir in vanilla and 1 cup berries. Pour half the batter into the pan. Cover with remaining berries and sprinkle with brown sugar. Add remaining batter. Bake 45-50 minutes. Cool in pan for 15 minutes. Remove to wire rack to cool completely.



Preheat oven to 325 degrees. Grease and flour 9x13x2 inch pan. Cream butter and sugar. Add eggs, one at a time, beating well after each addition. Mix dry ingredi-