

Igiugig News & Notes

Igiugig Tribal Village Council

February 2009

Volume 12, Issue 2

Igiugig's Healthfeast Fest

By AlexAnna Salmon

On January 24 at 5PM at Igiugig School Gym we enjoyed watching, learning, and devouring the healthy masterpieces of local health-food connoisseurs and culinary magicians. Teachers Mark Battaion, Kristin Hathhorn, Jeff Thurston, and assistants Bernadette Andrew, Bonnie Thurston, and Martha Crow each conquered various dishes on the health-menu. The couscous and quinoa simmered on the stove alongside fresh steamed vegetables, caribou stir-fry, oven-baked Kvi-chak Salmon, and spicy beans.

The younger students zealously tackled the healthy sugar-free dessert and sampled the low-sugar fresh lemonade and blueberry juice made from local berries. While the crowd grew, and the aroma built anticipation for dinner deliciousa, we re-lived Friday night's basketball game in Nondalton: Igi-Bay vs. the Warriors. People clapped and hollered enthusiastically as they watched a recorded version of the game.

This healthfeast was hosted by the Igiugig Tribal Village Council as part of their Diabetes Awareness and Prevention activities outlined in a mini-grant received from the American Association of Indian Physicians. The goal of the healthy foods cook-off was to provide a hands-

(Continued on page 2)



Chefs Extraordinaire: Mark and Jeff

The Best For Last By AlexAnna Salmon

"A baby will make love stronger, days shorter, nights longer, bank balance smaller, home happier, clothes dirty, the past forgotten *and the future worth living for*"—Anonymous.



At 7:09 PM on December 28, 2008, Jack and Christina forgot that they missed Christmas in Igiugig. They forgot the month-long agonizing wait in the city, the enormous drain on their bank account, and the five hours and nine minutes of excruciating pain leading up to the greatest gift on earth: Dannika Jewell—a girl worth waiting for. At 7 pounds, 20 inches exactly, the screaming bundle of joy is Igiugig's newest member—third born after Aiden (4) and Keilan (2).

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Birthdays this month

- February 2
Mary Hostetter
- February 9
Kristin Hathhorn
- February 14
George Wilson Sr.
- February 26
Tess Hostetter

HEALTHFEAST (Continued from page 1)

on learning experience with various health foods, and learning simple tips to



Fewnia, Camille, Aiden and Kiara help with preparing the apple-blueberry crisp.

small life-style changes that make big differences. For example, a dessert naturally sweetened with local blueberries, or olive oil substitution for Wesson oil, and the high benefits of quinoa—or even where to buy it!

The people of Igiugig are always open to try something new. The feasting began like a scene out of “Iron Chef”.

The gym was silent as people indulged, broken only by exclamations of approval from the young and old. “Ahhh, this is GOOD! What is it called again?” Uncle Gabby was even putting in requests that the store order quinoa (keen-wah! For those of you who have pronounced this wheat: quinn-o-ah your entire lives like me). And feast we

did! The only left-overs were a small bowl of couscous. Everything else was devoured. Thank you to everyone who participated and especially to those that donated the fresh foods for the village to enjoy. Qu yana and we look forward to more events!



Everyone enjoyed trying different foods that were offered.

Conquering the North: Igi-Bay No-Chief-Ums

In the final week to Igiugig’s first home game against Levelock Vikings, the No-See-Ums received unfortunate news: the basketball game was rescheduled in Nondalton, land of the Warriors. On Friday, January 22 Coach AlexAnna and her two all-stars Jeremy Salmon #23 and April Hostetter #14 boarded the Lake Clark airplane. Upon arrival we met the Pedro Bay Chiefs: Samantha Foss, Brandon Jensen, and Coach Teresa Bickling and joined forces: Igi-Bay No-Chief-Ums. The Kokhanok Warlords and Port Alsworth Lynx transformed into the War-Lynx. Nondalton Warriors were the only complete team, but they also had the youngest players.

Games began at 6PM: the No-Chief-Ums vs. the War-Lynx. (I am not sure what our mascots would look like!). The teams, full of energy and nervous excitement in the first quarter, played a fast-paced game with many turnovers. As Igi-Bay eased into the unfamiliarity of new teammates, a new court, and the first game of the season, the baskets came more naturally and they started having fun on the court. They led the scoreboard the entire game, and won 48-42. Game 2 between Port-Kokhanok and Nondalton was next. The War-Lynx were victorious: 59-40. This game gave the No-Chief-Ums the opportunity to scope out their next victims.

Game #3 Igi-Bay vs. Nondalton ended in a floor-sweeping 80-38 victory. The comfortable lead gave the No-Chief-Ums the opportunity to finally practice their “plays” as a complete team! Teresa and I were constantly

hollering, “Show us a Play! Play #1...Aloha!” and then watching the attempts. Jeremy starting taking daring moves such as shooting from the perimeter and other luck shots. His missed shots were followed by a mile-wide grin, and a quick dash for the rebound. “*What are you doing!?*” I finally had to holler. “Having fun!” he replied. I guess if you maintain a fifty-point lead you are entitled to a little relaxation. The last game of the evening was a mixed/matched five-man team and all the players had a good time. The increase from six to ten players on the court looked crowded! After four hours of basketball, the players and coaches were ready for bed.

The next morning teams were scheduled to depart at noon, so 6 minute quarters, rather than 8 were played. We played games 2 and 3. Against Nondalton, Igi-Bay slept on the court while the Warriors were fresh. The weak passes were intercepted often, but as the game commenced, the No-Chief-Ums came out of hibernation and won 48-25. The final game: Port Kokhanok vs. Igi-Bay gave the coaches a run for their money. The War-Lynx wanted victory so bad they could taste it. They had hustle and heart; their threes were swishing and John Eknaty, #4, was driving to the hoop no matter how congested the defense. And they were sinking. By the end of the second quarter the teams were tied ay and the War-Lynx were just warming up. Our plays were not coming through, our shooting accuracy had declined, and we could not stop the

(Continued on page 9)

“Happy New Year!”



At the stroke of midnight the bonfire was lit, signaling the end of Slavi and the beginning of a new year. Igiugig villagers gathered behind St. Nicholas Russian Orthodox Church to throw their old belongings into the conflagration. Yako Nickoli was the brave igniter and the east wind caused the pile of expired Christmas trees to burn in no time. People ran around the bonfire three times for “good luck” for the year ahead, and wished each other “Happy New Year” followed with exuberant hugs and kisses. The usual silence of Igiugig-at-night was broken by numerous gun shots fired into the air and the mood was merri- ment and laughter. Indeed, celebrating Russian New Year’s on January 14th is much more excit- ing than January 1st.



Christina, Martha, and AlexAnna enjoyed the bon fire at the New Years celebration.

The bonfire was enjoyed by everyone but a frightened Leif Talarik Richards. After waiting up until midnight anticipating bonfire excitement, he kept his head buried in his mother’s coat as she carried him around in the baby carrier. It was not discovered until he returned home that three sparks from the fire had landed on his face! There are dangers associated with any type of fire, and Yako found this out when lighting the sparkler firecrackers for the kids. Soon sparklers were flying through the air, with Yako hollering, “OOOOOOUUUUUUUCH!”

This year, quite a few people slept through the bonfire, but not the youngest vil- lager—Miss Dannika Jewell—at three weeks old. Her mother Christina is not one to miss a large social gathering! The dying flames of the bonfire marked the end of the long Christmas holiday season in Igiugig—one that spans two calendars, Gregorian and Julian. May 2009 bring you health, wealth, and happiness!

BEST . . . (Continued from page 1)

Dannika’s scheduled due date was December 27, but Chris- tina was sure she’d be born early and even mailed all her Christmas presents home. Proud grandmothers Joanne and Julie flew to Anchorage for the countdown; Aunt Lydia cancelled her vacation to the Vir- gin Isles, and Chasity Anelon waited all day at the hospital to watch Dannika be born. However, they all took a “dinner break” at the wrong time, leaving Jack, Christina, and the doctor to welcome the new baby. While Christina felt sorry for the ladies missing out, Jack preferred the intimate delivery.

In the Yup’ik tradition, a newborn is gifted the name of an ancestor, or a person who passed away the year the child is born. Dan- nika Jewell is a special name-bearer. She is named after her *Ap’a*, Daniel Salmon and a beloved friend Jewell Boskoffsky. Her Yup’ik name is *Ataneq*, after her great-great grandmother. This name means “The Boss” and it fits her well—both coming into this world and her life so far. And her parents best listen, or she just screams louder! She is an adorable baby girl with a powerful name—we look forward to watching her grow into the beautiful leader she is destined to become!



Proud dad Jack with Aiden, Keilan, and Dannika Jewell.



Library/Computer Lab News

Lincoln's Birthday is on the 12th followed by President's Day on the 16th, and Washington's Birthday on the 22nd. But don't forget Valentines Day is on a Saturday this year.



"Any views, findings, conclusions or recommendations expressed in this publication do not necessarily represent those of the Institute of Museum and Library Services"

We bought 107 books from the Book Fair; here are some of the titles. They are now in the computer if you would like to check them out.

I will be asking for your input on what kinds of items or reading materials you would like to see in our library. We will be ordering more books soon. So, if you want that special book, feel free to call me or come to the library with your wish list.

Easy fiction

If I Could by Susan Milord

"If I could, I'd rouse the sun and make it shine till day is done."

Fiction

Morning Comes Softly by Debbie Macomber

"A shy Louisiana librarian, Mary Warner fears she'll always be alone."

Nonfiction

Children's Letters to GOD by Stuart Hample

A collection of questioning, serious, reverent, and humorous letters, which children have written to GOD.

INTERESTING WEBSITE OF THE MONTH

www.pfd.state.ak.us

Need to file your Alaska Permanent Fund Dividend application? This site is the easy way through the Internet. Have questions about your dividend? This site is for you. Remember the deadline is March 31, 2009.

ABC Poem

By Maggie Stoltman,
8th Grade, Igiugig School

Azure bright crisp day.
Emits Frost's ghostly heaves.
Ice jags knit links,
Merry nymphs ore placid
Queens Ruby Sea.
Tranquil utopia,
Valliant winter,
Xavier's yellow Zen

Winter '08 – '09

By Angel Alvarez, 11th Grade, Igiugig School

The air is cold,
Dry; crisp.
Double-digit negatives,
Brrrrrrr!
90-degree increase
within a week!?
Daaaang!
The snow is gone,
The ice be meltin',
Another week goes by.
The temp. decreases,
The slush freezes,
And snow falls from the sky.
Moody season we're having.



Answer can be found on page 11.

3			9			2		
9							3	7
4		1		8				
	9	5						
				2		9		
				6		8		
	6		3					5
2		3			1			
			7	9			6	

I Am

By Maggie Stoltman, 8th Grade, Igiugig School

I am a rubber band,
I snap when I am frustrated,
I stretch out all my time,
And I do it with out any rhythm or rhyme.

I am thoughtful
I always think before I write,
But then it almost comes out right
As I'm thinking through the night.

I am sleepy
I stay awake late in the night

And wake early when it's not bright
And in the end I learn to... sleep.

I am a career
I care for my family, pets, and friends,
I'd do it until my end,
Caring is just what I do.

I am a duck
I am some times very stupid,
Dodging obstacles thrown in front of me,
Always looking toward the sea.



Tess, Dolly Ann and Maggie warm up by the heater as they wait for the feasting to begin at the Healthfeast Fest.

WORD BUILDING

Use the following letters to make words in the slots provided.

DVCAIE

1. □□□

2. □□□

3. □□□

4. □□□

5. □□□

6. □□□

7. □□□

8. □□□

9. □□□□

10. □□□□

11. □□□□

12. □□□□

13. □□□□

14. □□□□

15. □□□□

16. □□□□

17. □□□□

18. □□□□

19. □□□□

20. □□□□

21. □□□□□

22. □□□□□□

Answers can be found on page 11.

TRAVELLING THOUGHTS

Nothing is the same anymore! All the things we knew about air travel have change. For travel to destinations in the 'lower 48' all airlines changed the baggage allowance per passenger at least down to one, and some airlines actually make you pay a fee for each bag. This change was largely blamed on the increased cost of fuel this summer, however the price of fuel has gone back to a rate lower than it started at, but the airlines seem to like this new revenue source, so we should assume that forever more baggage limits will stay what they are or get more restrictive.

Now that the luggage limit is one (or none), even more people are dragging aboard carry-ons that stress the space in the airplane cabin. If your are travelling with small children you are lucky because that means you can board ahead of everyone and certainly have room for your stuff, but for the rest of us who need to wait in line and don't savor the combat attitude of trying to be at the head of the line, following are some tips and thought to ponder.

Reading the information on the airlines website ahead of travel time can give you good information that the agents may not know or will not tell you at the time that something isn't going right, so spend some time before you travel finding out what the specific airline requires of you and offers in return.

- Always check the airlines baggage size specifications, carry-on allowance and other requirements.
- Pay attention to what their policy is for checked luggage—do they give you a stipend to buy stuff you need if your baggage doesn't arrive—what is the amount they will reimburse you if they completely lose your luggage—what exactly does that cover (most don't cover computers, electronics, cameras, film, pictures, heirlooms, jewelry, etc., which leads a person to wonder what you are supposed to pack in checked luggage other than clothes and shoes!?)
- Consider the weight limit. Many times the things that make your luggage heavy are things that you could buy cheaply at your destination (or get free from your hotel) like shampoo.
- Pack less, buy more. If your travel is to buy school clothes take only a couple outfits and wear what you buy to finish the trip (your school clothes might not be *brand new* for the first day of school, but no one but you will know).
- If you are going someplace with a warmer climate than the one you are leaving, find a place to drop of your cold weather gear en route. (Don't we all miss those lockers at the airport? Most airports do offer luggage storage but most also limit the number of days, so that's another thing to find out about in advance.)
- If you are going to visit family consider mailing some of the things you will need (or gifts if it is the holiday season) ahead of time.
- If you do a lot of shopping while you are travelling, consider mailing your souvenirs home.
- Be prepared for checked luggage to go astray for up to 48-hours (wrap/insulate frozen items well, double bag things that may leak, and take a change of clothes, meds, 4oz or smaller personal hygiene items, etc in that extra large carry-on just like everyone else is doing).
- After you do check in and before you walk away from the airline counter, be sure to glance at your bag tag to be sure the agent really routed your bag to the correct destination.

Plan ahead—or be surprised at the airport!

If you like things to go as planned, read up,

If you love a good twist in life, try the "airport surprise".

The Fishing Adventure

By Shaun Andrew, 6th Grade, Igiugig School

*The longest rod I ever saw
Towered above my hands
Cast after cast like an endless metronome:
Ten to two, ten to two, ten to two
Day after day no bites, no nibbles, no snags
A boat ride to a shallow stream never gave
me hope
Silver bullets speedily shoot past snagging
my fly
Exhausted by my sore wrists and aching
legs
A fish darts swiftly swerving it fought
Splash, zing, zing, splash I half drag the fish
to shore
He wiggles and struggles,
He knows he is in hot water after the fight
In a last desperate attempt to survive
I filet him quickly and bag my prize
I throw his remains downstream and clam-
ber into the boat
I am full of triumph during the boat ride
home*

How I Love to do the Chickens

By Jeremy Salmon, 11th Grade, Igiugig School

Oh, how I love to do the chickens
As stinky as they may be.
Their eggs I go a picken
Which provides a check for me.

As I pull up to the chicken coop,
I hear the rooster squawk.
I begin the job with a scoop,
And the chickens seem to mock.

In the summer months the stench,
Grows stronger in the sun.
Around my nose, my fingers clench
Until I'm finally done.

Next I go to wash the eggs, you see,
For the villagers to eat.
Be thankful that there is no fee
And enjoy your delicious treat.

Now the job is done
And I retreat
The chickens won,
They simply can't be beat.

Carroll College Names Students to Dean's List

Carroll College in Helena, MT named 411 students to its 2008 fall semester dean's list. To be included on the dean's list, a student must receive a 3.5 GPA or better for the semester and take at least 12 credits. The following student from your area was named to the fall 2008 dean's list:

Jonathan Salmon, Igiugig, Alaska

Carroll College is committed to providing its 1,400 students with an academically rigorous, affordable education. Carroll is nationally ranked for academic quality as a regional liberal arts college that reaches out to Montana communities, the Northwest and other regions in both the US and foreign nations with opportunities for personal, professional, intellectual and spiritual

growth. **Congratulations Jon!**

GARDENERS GOODIES

FEBRUARY garden activities:

- FEBRUARY – enjoy those seed catalogs, browse and plan while the weather is less than balmy outdoors.
- FEBRUARY – make a “to do” list with dates that you can post on your bulletin board or refrigerator to remind you of the times you need to get certain things planted, ordered, or finished in order for your summer gardening to be fun and productive without too many last minute rushed jobs.
- FEBRUARY – there really isn’t much actual gardening during this time of year, but if you really love growing things, there are other options. One fun way is to get a hydroponic system (this is a unit that grows plants without soil just using water with nutrients added). If you would like to see one of these in operation, swing by the village office and check out the thing that looks like a lamp on Sandy’s desk and the tomato plants growing in it.



*What’s blooming now?
Christmas Cactus*

REMEMBER those Re’s

***Reduce – Refuse – Reuse – Renew – Recycle – Remodel – Refurbish – Rebuild – Recharge –
Refill – Refinish – Repurpose – Recover – Reclaim
– Reload –Reinvest – Reinvest – Re...something.***

At the very least continue recycling your indoor air with the use of houseplants that improve air quality both by removing pollutants and by changing CO2 into oxygen during daylight hours.

IGI-BAY *(Continued from page 2)*

drives and swishes.

The time ticked...one minute thirty seconds left. The scoreboard read 35 to 39, Igi-Bay struggling to maintain the lead. The game was fast and furious and getting physical—falls, fouls, turnovers. The opposing team shot the ball and missed, we rebounded, took it to the other end, and missed the shot. The ball was driven to the other hoop for two more points: 37 to 39, thirty seconds remaining. One three point and we could lose. No-Chief-Ums regained control of the ball and April Hostetter made the last two points of the game in the remaining ten seconds. Once we had the four point lead I could rest easy for the last two seconds! That game was too close for comfort! Shortly after the games Igi-Bay went their separate ways. We will reunite forces again in Port Alsworth on February 6-7.

Sharpshooter Stories by the Elementary Class of Igiugig School

Skunks have a very evil scent. The sweet animals are a petite as a box. The skunks are as black as a bear and are very shiny and furry. A skunk's underside is black and their back has white stripes. Skunks have a bushy tail because they have sprayed cars all day. Skunks are as huge as a cat and skunks are like pets. Skunks have to fixed so they cannot spray their scent all over the place. Skunks shoot a really awful smelling spray. Skunks keep their enemies away so they stay cheerful. The skunk's smell stays for days and days. Skunks make a hole in trees so they can dwell in the trees. Farmers love skunks as a friend because he keeps their enemies away. Skunks devour bugs and mice when they are hungry because they are savory.

- by Fenicia Zharoff, 3rd Grade, Igiugig School

Skunks have very harmful smells. I would love a little adorable furry animal like a skunk. Skunks have black shiny and furry tails. They have white stripes on their backs. They have a huge bushy white tail. I like skunks because they have black and white undersides. Skunks are good pets. They are the size of cats. If you want a skunk you will have to get it fixed so they cannot spray. If skunks get afraid they will shoot a bad smelling spray at you. Skunks try to keep their enemies away to protect themselves. If a skunk sprays at you, you will stink for days and days. Skunks make their dwelling in trees. They make a hole to keep tepid in the winter. Farmers do not think that skunks are enemies. Skunks are farmer's friends because they devour mice and bugs that consume the farmer's vegetables and fruits.

- by Dolly Ann Zharoff, 4th Grade, Igiugig School

If skunks get afraid they will shoot out an evil scent. Skunks are gorgeous little animals because they wear black and white fur. Skunks have white and black backs. Skunks are pretty and shiny like cats and also make a good pet. Skunks have to be fixed so they cannot spray their scent. If skunks get afraid they will spray a very bad smelling spray. Skunks keep their enemies away by spraying bad smells. If you get sprayed by a skunk you will be smelling and it will stay for days. Skunks dig a hole for a residence in a tree. Skunks have friends. Skunks love to feast on mice and bugs that destroy farmers crops.

- by Kyle Andrew, 1st Grade, Igiugig School

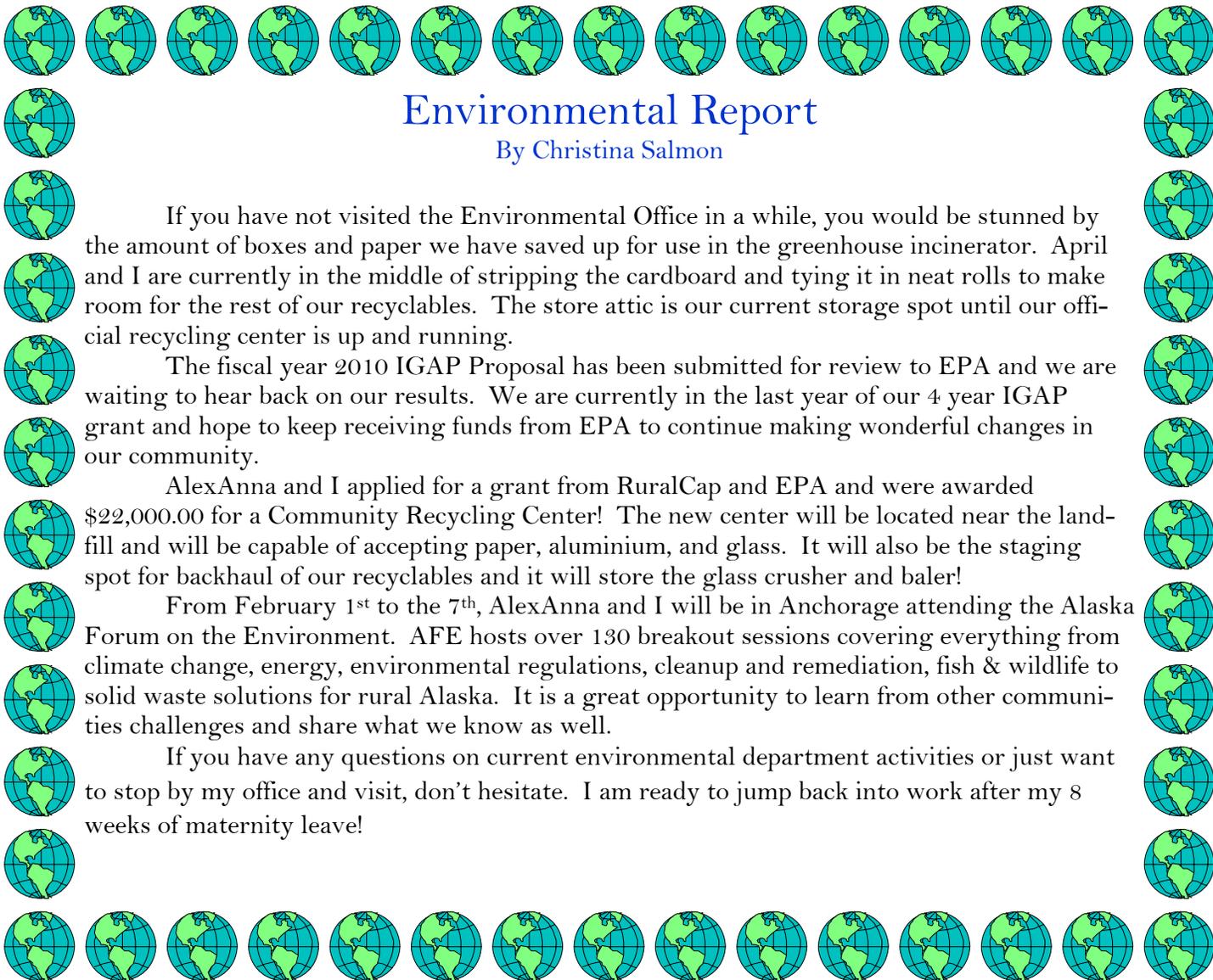
Skunks have a bad smell. Skunks are cute tiny animals. Their fur is black and shiny. The skunk's white stripes are on its back. The tail is white and black. The top of the skunk is black and white. They are like cats and are good pets. First you have to fix the skunk to keep him from spraying. They shoot a very harmful scent. How do they keep their enemies away? They shoot their predators with their spray. The smell stays for days and days. Skunks dwell in holes in trees. Skunks are friends to farmers and kids. Skunks consume bugs and mice.

- by Joshua Brown, 3rd Grade, Igiugig School

Congratulations to Igiugig School for their success in the LPSD Battle of the Books competition! Four of our five teams won their grade level battles for the district and the other one tied for third place. The students did wonderful job of challenging some questions and working together. Our high school, fifth/sixth grade, and 3rd/4th grade teams will be competing at the state level. Watch for more information on the Statewide Battle of the Books competition the week of February 23—26.

1. 3rd/4th Grade team: Fewnia, Camille, Dolly Ann, and Joshua took 1st Place in the district.
2. Shaun competed by himself at the 5th/6th Grade level and took 1st place.
3. Our 7th/8th Grade team was Molly, Tess, and Maggie who tied for 3rd in the district.
4. High schoolers April, Angel, and Jeremy took 1st place for the district.
5. Kyle (1st grade) and Andrew (kindergarten) competed at the 1st grade level and won after a tough battle against Newhalen.





Environmental Report

By Christina Salmon

If you have not visited the Environmental Office in a while, you would be stunned by the amount of boxes and paper we have saved up for use in the greenhouse incinerator. April and I are currently in the middle of stripping the cardboard and tying it in neat rolls to make room for the rest of our recyclables. The store attic is our current storage spot until our official recycling center is up and running.

The fiscal year 2010 IGAP Proposal has been submitted for review to EPA and we are waiting to hear back on our results. We are currently in the last year of our 4 year IGAP grant and hope to keep receiving funds from EPA to continue making wonderful changes in our community.

AlexAnna and I applied for a grant from RuralCap and EPA and were awarded \$22,000.00 for a Community Recycling Center! The new center will be located near the land-fill and will be capable of accepting paper, aluminium, and glass. It will also be the staging spot for backhaul of our recyclables and it will store the glass crusher and baler!

From February 1st to the 7th, AlexAnna and I will be in Anchorage attending the Alaska Forum on the Environment. AFE hosts over 130 breakout sessions covering everything from climate change, energy, environmental regulations, cleanup and remediation, fish & wildlife to solid waste solutions for rural Alaska. It is a great opportunity to learn from other communities challenges and share what we know as well.

If you have any questions on current environmental department activities or just want to stop by my office and visit, don't hesitate. I am ready to jump back into work after my 8 weeks of maternity leave!

Answers to SUDOKU (game on page 5)

9	3	7	2	6	1	8	5	4
4	5	2	8	9	7	6	3	1
8	1	6	3	4	5	7	2	9
1	9	8	7	3	6	5	4	2
5	7	4	1	2	9	3	8	6
2	6	3	5	8	4	9	1	7
3	4	5	9	7	2	1	6	8
7	2	1	6	5	8	4	9	3
6	8	9	4	1	3	2	7	5

Answers to WORD BUILDING (game on page 6)

CAD, ICE, VIE, AID, VIA, DIE, ACE, ADE, CAVE, ICED, IDEA, VIED, VICE, DICE, DIVE, DIVA, ACED, ACID, AIDE, AVID, CAVED, ADVICE



WALK TO BE FIT

Total Village Mileage through May is 69,853

What's it all about?

We started this "Walk to be Fit" thing so long ago it may be time that we revisit what it's about and why we started in the first place.

Fitness for What?

Diabetes Prevention!

Diabetes is a disease that attacks and disables many people each year causing them to have all sorts of medical problems, from sores that won't heal to circulation that is so bad they may have to have their legs amputated. For those who end up with diabetes it can include testing your blood and injecting insulin many times every day.

Having this disease can easily cause you to no longer be able to pursue your life goals because you are so busy just making sure your blood sugar stays right.

The program in Igiugig started because many of the people in the village have relatives that died due to problems related to the disease, and if you are one of them it means that you have a good chance of suffering from diabetes too unless you work on lifestyle changes that help your body avoid it.

So Far?

It was in March of 2000 we started walking and logging your miles, not just for another 'thing to do' but because staying fit means avoiding diabetes. Since then, village people have logged enough miles as a group to nearly circle the earth three times.

Over the years the Dillingham Diabetes Prevention people have come over and taught us things about nutrition, exercise and detection. They have also provided several of the machine you see in the exercise room.

Last summer we grew our own potato garden.

So, What Now?

AlexAnna has recently been awarded a number of grants and other donations on behalf of the village, to construct a greenhouse that we can use to grow our own food. Food which will not contain harmful chemicals or pesticides and that are harvested fresh when they are the most nutritious (and taste the best).

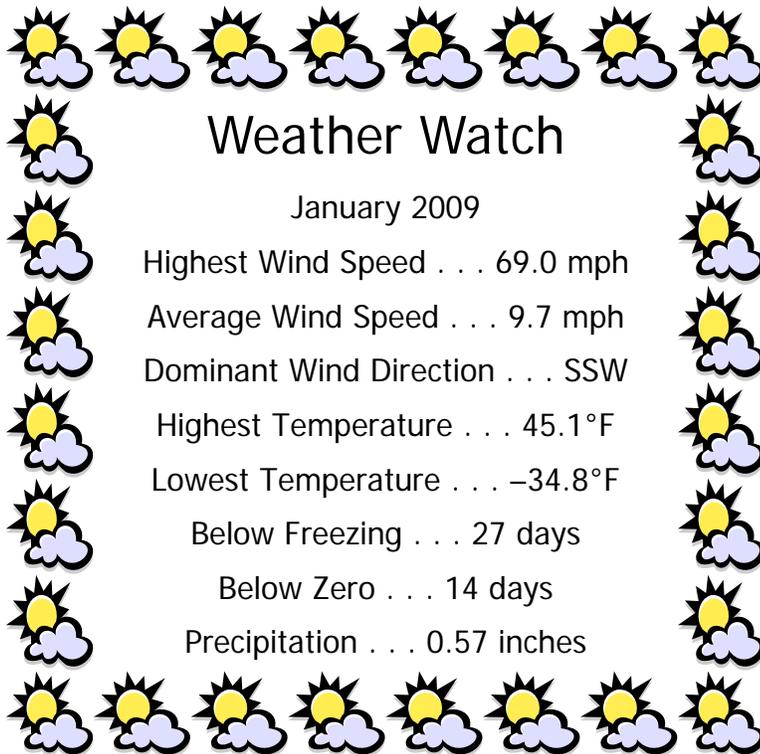
So here we go—we will all need to become volunteers to help this project become a reality. It will provide a food source that is totally healthy and natural, while also eliminating many of the sources of garbage and pollution that are currently plaguing the village. And it will be fun

Build your days around good food, good work, and good exercise for the most productive long life possible!

Igiugig Tribal Village Council

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Christina Salmon, IGAP Director
April Hostetter, IGAP Intern
Ida Nelson, Tribal Clerk



Celebrating the Life He Lived; the Legacy He Leaves...
Daniel R. Salmon

As we approach the one year commemoration of Daniel Salmon, we remember all those who have helped us through his untimely death on February 27, 2008. In expression of our appreciation for your steadfast support, the Salmon Family invites you to a memorial dinner on February 27, 2009, 4 pm at Igiugig School. Following the dinner will be a short slideshow & commentary.



And in the end, it's not the years in your life that count. It's the life in your years. -Abe Lincoln