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#### Birthday's This Month:

#### March

- I-Angel Nuñez
- 3 Martha Crow
- 10 Lydia Olympic
- 12- Rhiana Nuñez
- 18- Gordon Hester
- 21 Jon Salmon
- 24 Terek Anelon
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# Always Buzzing Around

By Ida Nelson

So much has gone on this past month, it is difficult to keep track of who is where, or doing what. Days are longer and I am loving the extra daylight and the illusion of having more hours in a day to complete what I wanted to do in the first place. However finishing up in a different path that I planned with my first cup coffee.

Spring is fast approaching and disappearing just a fast as summer arrives. The hum of tourists and bugs will greatly increase. So I'd like to take a moment and just enjoy the beautiful sunshine and our shifting weather and indulge what beauty brings each day.

From being a proud mom status of our 3rd/4th grade Battle of the Books and taking 9th place state wide to cheering like a mad happy seal at the computer screen watching the High School Flaming Flash Backs battle on the basketball court in Nondalton. And just coming up short of 1st place in Districts (again); but still a proud Parent of Igiugig Noseeum Students. Way to go Mighty No-See-Um Students, you do have Bite!

Growing up here in Igiugig, many of my friends always asked me what do you do here in such a small village? Well, don't ever say you're bored and have nothing to do. We have creative ways to keep you entertained if you cannot come up with different ideas yourself. Like wondering what all this Arsenic warning is about? AlexAnna, our trusty Water operator, can inform you about that later in the Newsletter. You can read all about it. Wondering if you came home from Anchorage with extra baggage

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# The 4 111 In The 5 3 3

By AlexAnna Salmon

Waqaa Igyararmiut!

The last month has flown by. From February 27 – March 2 I attended the Alaska Library Association annual conference in Anchorage. On the first day I attended a pre-conference with the enthusiastic "Librarian on Loan", Jennifer LaGarde of North Carolina. I learned how to use new digital tools (like the i-Pad, phone, etc) for educational programs for schools. She provided shocking statistics of "why technology matters". For example, worldwide, in our poorest communities, we will only get more devices. There is more access to mobile technology than running water, and parents will have a cell phone even if they cannot afford a hot meal for their kids. And the gaming stats are even more shocking. She cited that 1.7 million students in the US drop out of school every year, and 5 million students play 45+ hours of video games per week. So the purpose of our workshop was to understand why technology matters and how to use it productively in a classroom or library setting. In an upcoming library event, I'd like to incorporate the digital quiz sites we learned about.

My favorite workshops were "Culture and (Mis)Communication" with Father Michael Oleksa. Anchorage is the second most culturally diverse city in the United States and Mountainview is the most diverse neighborhood in the US. Father Oleksa provided different definitions of culture: I) the way you see the world, 2) the Game of Life as you understand and play it, 3) the Story into which you were born. Each of these definitions was explained using stories and examples to make for a captivating presentation. He explained how, when miscommunication occurs, whoever has less power suffers the consequences. Other highlights from the conference were listening to keynotes from seasoned storytellers, watching the Iditarod, and a lunch with Alaskan authors (I sat next to Jackie Ivies). It was an inspirational and energizing four days.

On March 3rd we drove to Kenai to meet the former owner of the Upik Fur Company to see the condition of the fur equipment that the family is interested in selling. We are contemplating how we can turn it into business for Igiugig if there is interest. Shortly after returning home, IVC had a regular monthly meeting on March 7th. And this week kicks off the seasonal influx of visitors: ADF&G completing round II of Whitefish studies, artist Apayo Moore completing a mural at the school, the Superintendent of Katmai, Alagnak, and Aniakchak Parks and Chief Ranger making their introductory rounds; Sherry Johanson with BBAHC Behavioral Health to do suicide, drugs and alcohol prevention with the community. We now have two new DVDs at the office, one about Katmai, and the other on suicide prevention if community members are interested in borrowing them.

We are also planning for the ETT Course to take place from March 28-April 7th and our one day fun-filled carnival on April 5th. So as the days are growing (colder!), longer, and brighter, we are keeping plenty busy. I have also passed my Yup'ik midterm and this is what I have to say:

Angnirtellruunga akertellrani unuamek.

I was happy when the sun was shining today.

Angnirtuq. (He/she/it is happy).

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Buzzing Continued

than you thought you had? Golly what happens if I get Bed Bugs? What to do? Christina can explain a little in her Creepy Crawlies news bit. Exploring the school hallways and watching themes transition as the students progress in levels they accomplish. For example reading what the Elementary students love so much about Igiugig and truly: Home is where the heart is.

I would have to say the best of about this month was not only Traveling to Kokhanok Carnival for the 49th annual carnival, but coming back and having the opportunity to paint with Apayo Moore, a Bristol Bay Native from Twin Hills. Igiugig has always been buzzing with activities, and I am not talking about the Bugs we are most famous for. Enjoy reading and catching up with what's been going on in this tiny village, as we continue to roll with the punches.

# Creepy Crawlies

By Christina Salmon

Does the idea of little reddish brown wingless bugs crawling around you while you sleep excite you? If so, you should have listened in on the bedbug challenge in Alaska presentation at the Alaska Forum on the Environ-

ment. Presenting was Leif Albertson from the Cooperative Extension service of UAF. I myself am disgusted by the idea of these nasty little bugs sucking my blood while I sleep and then crawling back into my mattress to lay more bedbug babies! Cimex lectularious, bedbugs, have been pests to humans throughout much of recorded history. In recent years though, they have been on the rise nationwide and Alaska has not been immune to this trend. Health agencies across the state have been reporting increases in bedbug infestations.

The easiest way to tell if your home is infested is by the actual bite marks or small rashes on your body. Sometimes your sheets may have small specks of blood from bites, but the best way to know for certain is to locate the bugs themselves. Inspect mattresses and seams and the cracks and crevices of furniture. They are most active at night, so searching with a good flashlight is the best way to go.

Bedbugs are spread from one place to another by "hitchhiking" on things like, clothing, luggage, and furniture. Often, people bring home bedbugs after staying in hotels. Make sure you always check your mattress and furniture in hotels once you arrive. A messy house does not cause an infestation, but it is important to remember that cleanliness is critical in control and prevention.

Bedbug infestations are challenging to deal with, keeping your home clean and uncluttered is key to getting rid of them. They thrive in hidden undisturbed places, like piles of laundry and bedding. Eliminate your clutter and you eliminate their hiding places. Washing and drying your laundry at high temperatures (over 120\*) will help kill bedbugs. Purchasing a bedbug mattress bag will help by entrapping bedbugs and they eventually will starve to death. If you are unlucky enough to get bedbugs in your home, hopefully you are lucky enough to get them in the winter. Bedbugs

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# The No-See-Um BUZZ

Written by the Elementary Students of Igiugig School

**Outside my House** 

Outside my house I love to

play. I see loud trucks and

noisy Hondas but noting is

he. I see green- glittering-

eye foxes, dogs, rabbits eat-

ing grass, and porcupines. I

play with my dag Shadow.

He is nice sometimes, and

dogs. Their names coco and

sapphire. Sometimes I smell

me hungry. I hear all sorts of

chickadees and loud geese.

By Rhiana Nunez Grade 2nd

houme cooking. It Makes

birds; black crows, quiet

plays with me. I love my

Home is where the Heart is...
The Elementary Students favorite places in Igiugig

### BlackFish Lake

One of my Favorite places is Blackfish Lake. I like to glide across the smooth cold ice. The Lake is called Blackfish Lake because we caught our first Blackfish there. The ice glittered like a clear crystal ball. And the blackfish was spotted like a stealthy leopard. One day we went to blackfish lake and ice skated, the lakes was covered with a thin coat of dusty snow. I got on my skates and started to float across the ice. The bright sunshine shone down on me, and I had a thrilling day.

By Ella Gooden 3rd grade

#### The Cotton Wood Forest

The cotton wood forest is a spook place for me and Mr. B. We rode Hondas There last Weekend past Sandpit to a trail that hardly gets used. When you got the and walk into the forest you are surround by darkness and humongous trees. At the top or one tree of the biggest birch tree is an empty hawk's nest. Thrny wild rose stems pricked Danni's legs and made her cry creeping through the Woods you see a lots of dead trees that are perfect for lighting smoke-houses. Hanging from the trees are spider's webs.

By Aiden Wassillie 3rd grade

#### Forts

Forts are cool and I have a secret fort at my house. It's at my house. Its made out of cut off branches and twigs from a big bushy tree. I cut them with my brothers ax. It is cool and it is my favorite it has lots of animals. Sometimes I see ptarmgon or rabbits, who go in there and poop. It is the best place to listen to birds like chickadees and robins. I cant really see them but I can hear them. They sing soft like snow. They fly really fast as fast as lightning. You can see them for one second. By Keilan Wassillie 2nd grade

#### The Beach

When we go to the beach the waves hit the shore. It sounds like the roar of thunder crashing. The sand is so hot that we run around the shore to keep our feet from burning. The sun beams on our faces as we sit on our blanket. The view from the beach to across the lake fills our minds with curiosity. Pondering about what is on the other side. We see fish surfacing for air and little stickle backs swimming away. The beach is my favorite place in the world Kiara Nelson 4th grade.

## The Barge Landing

The barge landing is the place I love, because we climb the barges. We run fast like the wind to jump into cold water. I have a life jacket. As I jump off like a kangaroo I sink into the water. Then I pop up like a duck and I paddle like a dog towards the beach. I take off my jacket and I roll into the sand like a dog to get warm. That is why I love the barge landing; I jumped off with my mom.

By Shea Nelson Kindergarten

### Continue on page 9

# **Announcements**

#### **Important Dates:**

- ETT Course to take place from March 28-April 7th
- Offering Free CPR class for those who don't want to Take the Full ETT class
- LSAC meeting the 27th, 3:30 pm
- April 1 4 State Testing
- "R" Carnival is April 5th.
- **April 7th District In service No School**
- April 14-18 AA meet

Loose dogs in the Village. Pet owners. Please remember to contain your pets in your yard on keep them chained up or on a leash. Thank you for your consideration and cooperation.

Reminder: Please bring all of your compost to the Green house. There will be bins available located just inside the Green house. Please just no dairy or meat products. Thanks!

#### T-shirt Contest!

The Igiugig Student Government is looking for new ideas for a Sweater/t-shirt! Submit your ideas to Jeff. They will pick one winner from the Village and one from the school. The winning design will be screen printed on t-shirts, and sold at the hanger this summer. Submit them to him NOW.

Remember, we RECYCLE! Please separate #1 plastics, aluminum cans, glass, & tin cans! Signs are placed around the hangar directing you where to dispose your trash. Please be courteous in disposing of your trash properly. you for your cooperation & understanding!



The Igiugig Student Government is selling new items at the gift shop! The items in-

\*Long-sleeved shirts Colors: Black, Gray, and Maroon S-XL

\*Baseball hats \$20.00 Colors: Black and Ma-

\*Zip-up hooded sweaters \$50.00

Colors: Black and Gray sizes from S-XL

\*Additional pull over sweaters along with Youth sizes of Orange

Youth size s-XL

If interested call the Igiugig Village Council during normal business hours of 830 am to 430 pm M-f excluding holidays. The Price of shipping will be a flat rate box depending on the amount of your order.

Have interesting news, an article, or pictures that you want in the newsletter? Please e-mail them to Ida at

nelsonida2901@gmail.com. If you need help with downloading photos, then feel free to come up to the office so that she can help you! Having a variety of pictures & authors always makes for a more interesting newsletter! Thanks!

If you see kids/adults throwing trash on the ground, please confront them! We have seen an increase in trash around the village. Please respect our community & clean up after yourselves/children!

#### Turn Out The Lights

🝌 It's a simple task. When you leave any 🚽 涬 public building, please turn out the 🦻 lights behind you. Even if you plan on 🖈 look at your light bill and start to com 🖈 -plain about the cost of it, re-member that we can't keep electric bills down. ★ when you keep public lights on! We ★ can only help you if you help yourself!

## Creepy Crawlies Continued

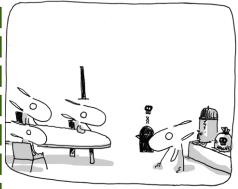
cannot survive in the cold. Anything colder than 23\* will kill them. Placing items in a freezer for a few days will eliminate bugs from clothing, toys, etc. Thermal heat treatments aren't as realistic out in rural Alaska, but if possible, exposing bugs and their eggs to temperatures of 113\* and over for one hour will kill them. Bedbugs need to be eliminated from the entire house. It just takes a small colony of them to infest your entire house again!

Keep in mind that bedbugs can be eliminated from your home. Although nasty and creepy, they are otherwise harmless. They don't spread diseases, and much like mosquitoes, they suck your blood, lay babies, and annoy the heck out of you.

## What's All This Talk About Arsenic?

By AlexAnna Salmon, Igiugig Water Operator

#### ARSENIC



In a meeting, even the worst employee can be of assistance. Even if it means ending permanently The longest meeting ever....

Arsenic is an odorless and tasteless semi-metal that is found in Igiugig's groundwater from natural deposits in the earth. Long-term chronic exposure to arsenic can lead to stomach pain, numbness in hands and feet, and blindness among other effects. It has also been linked to cancer of the bladder, lungs, skin, kidney, nasal passages, liver, and prostate. The Environmental Protection Agency (EPA) regulates Public Water Systems (PWS) and set the arsenic standard for drinking water at 10 parts-per-billion (ppb). Prior to 2002, it was 50 ppb.

Igiugig PWS had arsenic filters installed in 2007 and the media is now over-due for replacement. Our December 2013 arsenic sample resulted in a reading of 98.6 ppb. However, due to an upgrade to a surface water system, where we will pull drinking water from the pristine Kvichak River, we will not be replacing these expensive filters (\$12,000+) in the interim. The PWS has sent out and posted notices to not drink the water; we recommend that water for consumption is drawn from the river and boiled for an extra measure of safety.

I realize that many Igiugig residents use a private well, with an independent filtration system for arsenic and iron. In my house, there is a filter tank, and then a reverse osmosis system at the point-of-use (kitchen sink). These systems can filter up to 160 ppb of arsenic in the water; however, it is imperative that the filters and the filter media is replaced. I have tested the water at two homes and the clinic; all three have failed meaning it is time to replace the main filters but if you have recently changed your reverse osmosis filters the water should meet the drinking standard. I am ordering the materials to fix the main filters too.

The purpose of this news article is to raise awareness for all water consumers – know the quality of your drinking water. To be on the safe side, we haul drinking water from the river. If you want to be extra safe, just boil the water first! Our groundwater may be murky and muddled with minerals, but our Kvichak River may be the last pure water source in the world!

Information for this article was taken from the federal government website: Water.epa.gov/lawsregs/rulesregs/sdwa/arsenic/index.cfm Credit for the cartoon strip: http://www.rabbit-comics.org/index.php?number=2632

Igiugig News and Notes



When I paint, I feel as if I am reborn into a sperfect world for that moment and the canvas is my camera. Most of the time, my thoughts are gathered from inner frustration with the way that sour land is managed. In my mind, our lands should be shared and utilized with the understanding of respect. I believe that humans forget that we are the invasive beings, and paths of the wild have been shere long before our egos. Those accessorial paths should be cared for and prioritized before land development. Using acrylic paint, I am able to live my sthoughts and record them as quickly as the paint dries. I paint what I remember from my childhood in Bristol Bay. In my memory, there is always a seautiful stretch of water, awesome sunsets, and

beach lines of trees, river banks and of course, the never ending returning of the wild red salmon that fuel our energy to move in the summer time and eat well in the winter. I hope that my paintings help people to think twice about the way we live and how our actions affect the health of the lifecycle of all living things.

The most important part of painting to me, is to remember that there are no mistakes. If you look at any landscape, there are endless possibilities of line, color, and composition. Everything is placed with a random act of chance. I keep this in mind while I paint any landscape or creature. Everything is unique and there are always small imperfections that make everything a little different. I love working with acrylic paint because unlike oils, I am able to paint quickly and add layers of paint within minutes without mudding my colors. Most of my paintings are very colorful and rich with energy. This choice of style is my little contribution to making a happier world.

My current work focuses on the smaller details in salmon and other Alaskan fish that I have overlooked growing up. They have become much more to me than the typical one color fish. Salmon are an array of colors, even before they are in their spawning regalia. I am especially mesmerized by the color on their heads. They often have twisting lines of green, blue, purple and black on their

foreheads that are beautiful. I am also curious about adding texture to my paintings. In the past I stuck to straight gloss paint, but find that textures within a painting add for stimulating more emotions. I hope that by pushing my style to integrate more textures along with the bright colors, people will see even more beauty in the wildness of our region and gain an understanding of my obsession with protecting our region from large-scale development.

Pay art.com

Apayo Moore, a local artist from Twin Hills was invited to come to the school and paint a school mural based on the different habitats the students where studying for science. The study of Blackfish, Speckle birds, and rabbits.

Apayo enjoyed working with the No-see-um students from High school to Kindergarten. This mural painting was made possible by Nunamta Aulukestai, Care takers of Our Land a 501 (c) (3) non profit organization and a Grant through the Lake and Peninsula School district through the Pebble Fund of the Alaska Community Foundation that the high school students applied for with the aide of Mentor Jeff Bringhurst.

## Painting: with Apayo Moore



BlackFish Mural: L to R Kaylee, Ella, Kiara, Rhiana, Keilan, Walt, Shea and Aiden



Speckle Birds Mural: Rylee, Kaleb, Dolly, Fewnia, Taty, and Tess



Night Rabbit Mural: Terek, Apayo, AlexAnna, Ida, Stacy, and Karl



Painting away, Rhiana, Shea and Walt

# The No-See-(1mB(177

Continued

#### The look out Tree

The lookout tree is place I love. You can climb it and look out to the lake. It leans against another tree and if you climb to the top there is a host big enough to sit in under it is like a cave. You can also jump off it. It is very fun! By Walt Gooden 2nd Grade

#### Snowshoe

By Rhiana Nunez Age 7

Snowshoe hare is walking Down to the river Then he quickly ran to his hole The fox followed his tracks After the snowshoe hare Popped out of his hole To cover his tracks

#### The River

I love the river it's cristal clear water flowing and the birds singing like pretty opera music. And I touch the water its cold feeling trying to get around my hands lk a croud of people at a concert. And I see a beautiful sun shining down on me. One time I went to the river to get water for the elders and had a BLAST! But Aiden got my gloves wet it was not on perpos he was filling up a water jug. So it was ok. Then I helt down on the ice. And hung my hed over the water and stuck my tongue out and got that crystal clear water on my tongue. It was great!

By Kaylee Hill 4th Grade.

## Kannon's Korner by Kannon Lee

Remember, we have a repurposed trash trailer located west of the hangar. This will be our waste station. The station will be the primary location for recycling drop off.

Please place your BAGGED trash in the properly labeled receptacle:

- All aluminum cans need to be sorted prior to bagging.
- Please place aluminum cans in labeled receptacle (no bags).
- We have located a company in Anchorage that will accept our steel and tin cans (can goods ie., chicken noodle soups, canned fruit). Open a can of delicious food item at home, wash can out, tear off label, place in your own recycle bin, bring to waste station and place in labeled receptacle.

(Elders will still receive trash pick-up service, in addition to recycle pick-up service).

• Plastic (#1) can be placed in the labeled receptacle. What is a #1 plastic? Look for this petter symbol on the bottle.

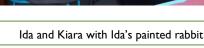
Common #I plastics that we all have: Pop plastic bottles, water bottles, Gatorade bottles, ketchup, mustard, peanut butter, bbq sauce, relish, and other condiment bottles (NO PLASTIC BAGS of any kind). Electronics and battery recycling will still be located IN the bins in the hangar.

A Friendly Reminder Please do not park in front of the Trailer. This prevents easy access to the trash trailer. Quyana!











Alexandria and Rhiana with rabbit

Sandy with her painted snow-shoe hare

It was Kokhanoks ball, and we were looking for a steal. Just in time with 20 seconds on the clock, there was a turn over. With a fast sprint to the basket, Nathan saved our game and made a lay-up.

In comparison to the whole basketball season though, this was just a small victory. We went from barely being able to dribble the ball down the court to winning some games. After this game we advanced in the bracket, and eventually after a long battle for 1st, came in 2nd place. We did good!

#### lust a Little Note.

As part of our library services to the community, the Council subscribes to many magazines for your reading pleasure. Located in the lobby of the airport building, you're invited to browse and read articles on your favorite subject matter in your spare time. Feel free to enjoy the nice sunny space and a good read anytime you have reason to be in our building with time to spare.

If you don't find interesting reading material in the current selection, let us know what other magazines you think we should subscribe to. Please let us know-the selection is based on the things people in the community are interested in and we only know what you tell us.

## 3/4TH GRADE BATTLE OF THE BOOKS

By Kiara Nelson, Kaylee Hill and Ella Gooden

All the Igiugig Battle of the books teams Battled well. But one team went to state. It was exhausting and challenging but we pulled through it. The other teams were beating us. And we weren't enjoying it. We went down Stairs to eat lunch. We had a very short break; our coach came down and talked with us. She said that we weren't having fun; she told us that every time we answered we had to make a funny sounds. We went back up to face our death. When we got up there instead of making funny sounds I started talking in different accents. On the last 8 questions we really were ready to die. One of the questions was "in which book, is there a lady bug crawling on the floor." I thought as hard as I could. At the last second I remembered, Kiara wrote it down and the time was, I proudly said "The Trouble with Chickens, By Doreen Cronin. Our team was first to give our answers. I liked it that way. So I didn't get mixed up listening to the other



Kaylee, Kiara and Ella in State Battle of the Books

teams. We didn't win but we got a prize: angel food cake! How isn't that awesome and after that we were done we were tired, we were through and we battle a good battle.



Erika Visiting Georgie at the airport



Paige and her Cousin displaying their Beautiful Kuspuk Coats



Mary O The Kokhanok 2014 Carnival Queen

#### Page 12



Terek, Erika and Alex visiting Katia in Homer



That's cute, you went swimming in June! Try March :D



The Wassillie Cousins Reunited in Anchorage



Rylee with his bird he painted



Kaylee and the Attacking Otter



Dawson Playing with his friend "the bug"



Karl and Jeff testing the Nano Blimps for the "R" Carnival-- Fail



Igiugig School Mural Paintings with Apayo Moore Top Left to right: Kaylee, Ella, Rhiana, Keilan, Walt, Aiden, Shealayla, Rylee, Kaleb, Fewnia, Taty, Tess Bottom: Kiara and Dolly They look amazing!



Alice watching People Paint



Danni and Avery Playing at Chuck E.Cheese



Preschool teacher Jeff and his students playing Dinosaur Attack



Shea and her Friend Malia with Face Paint



Kaleb, Kaylee and Keilan playing outside





PO Box 4008 Igiugig, AK 99613 First Class Mail

Front Page Photo Credit: Ida Nelson, picnic on the beach

Back Page Photo Credit: Apayo Moore. The Rabbit Natural Habitat painted by the participating adults and perfected by the artist Apayo.

## Igiugig Tribal Village Council Newsletter