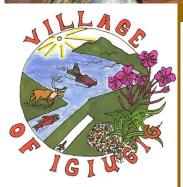


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December Birthdays:

10th - Tony Wassillie

11th - AlexAnna Salmon

12th - Tatyana Zackar

12th - Dave Hostetter

24th - Sheryl Wassillie

25th - Avery Salmon

28th - Dannika Wassillie

Bring on the Christmas Cheer



Waiting to eat Thanksgiving Dinner at Renae's house

Ghosts are long gone, the turkey has been stuffed, and now it is time to spread Christmas Cheer to those that are dear to your hearts. October and November have gone by so fast and the new year of 2015 is coming over the horizon. I am not saying we have not been busy. We have.

You can get a quick little update from AlexAnna's 411 in the 533 on recent grants and how we solved our "no health aide in the village" with a lazy susan effect of taking the on call phone between the ETTS. Wondering how our kids are doing? Not sure what type of activities they have been up to; I suggest that you read the School Swarm and see how Aiden's most painful day of his life went, Kaylee's article on two sweet potatoes and find out what names they gave to them, and how Keilan and the rest elementary class have cre-

ated a Friendly Ghost Party for the preschool kids. Fewnia has written a piece about the recycling center and recommended some tips that we can use for our updated waste management in Igiugig. Fewnia's sister, Dolly, has written a very good article on our annual Halloween party and she included a great number of photos of all of your favorite people.

Continued on page 7

By Ida Nelson

Volume 17, Issue 9 Page 2

The 4 111 In The 5 3 3

By AlexAnna Salmon

The end of October and November was filled with meetings:

- monthly IVC meeting.
- Joint ILC and IVC meetings and a summit at Iliaska Lodge to brainstorm its future.
- LPSD School Board met in Igiugig on October 30th to present Igiugig School with the 5 Star School banner.
- November 12 was a Hazard and Mitigation Plan update workshop.
- November 13 was The Salmon Project convening at Alyeska (www.salmonproject.org).
- November 16 was the Annual Igiugig Native Corporation Meeting.

I have also started hosting staff briefings every two weeks to stay current with office procedures, and mostly to find out people's travel plans and to make sure there is substitute coverage.

I am happy to report that eventually, both rental homes were moved to their final destinations. Renée and I have been working with the Borough to submit a CDBG grant to repair the bulk fuel farm by building a sheet pile reinforcement wall. We have also been prepping the grant binders for the upcoming audit, working on a strategy for renovating Iliaska Lodge, and determining the next grants to submit proposals for.

Our ETT group had a refresher on what to do (who to call) in an emergency, when the PA Anne Dailey visited from the Nilavena Subregional Clinic. Our group has a schedule of taking care of the on call phone while we await more Itinerant health coverage. The number is 533-1206 or 533-6020.

In between all the work ongoings, I fit in an amazing Halloween Party at the school (my 3 year old is still recovering...) and several wonderful birthday celebrations for my Mom and Gram. And I am now looking forward to a relaxing Thanksgiving holiday with family.

Let us eat, be merry, and grateful.

School Swarm

The Most Painful Day of My Life

Right after the first snow me, Keilan ,Danni,

By Aiden Wassillie Age 9



Aiden waiting for an Xray in Anchorage

Jon, and Kaylee, were sledding at sand pit. Jon brought his dog sled and he said I could go first. At first it started to go straight, then it veered to the left. A second later it flipped on me I went flying in mid-air and I landed on my shoulder. I could hear the crack, and feel the pain. I got up and started to cry. Then I started to walk to Mr. Bee's Honda. I was holding my shoulder and my Apa Randy told me to get in his truck and he brang me to the clinic and Marissa said it was a broken bone. Ida called Karl and he was leaving to Anchorage so it was lucky for me. The whole flight there I was drifting in and out of sleep because of the pain. Then when I got there my Mom picked me up. I was pretty happy to see her. We went to get my x-rays and after the x-rays we ordered pizza. I was starving by then, and that pizza was delicious. Then the next day my

mom went to OPA to give them my x-rays. They said my bone was a clean break and I wouldn't need surgery. Since then I've been back for a check up and they told me that my bone is overlapping the other one. But there's new bone growing and it will be alright. Good thing I drink a lot of milk.

Recycling Center

By Fewnia Zharoff

Recycling Center is a place for recyclables. The recyclables would be plastic #1 through #7 bottles, all glass, steel tin cans, aluminum cans, and boxes. This is to instruct you for when you go to the hanger and put your bags of recyclables or your burnable bags at the hanger.

Please read the signs of where to put your bags. By placing the bags in the right place will be what to do because it would be great help in what we are doing and in what we have to do, the bags would be burnable or non-burnable.

Please tie up any kind of your bags because we don't know if they are tied up or not and when we pick the bags up loose bagged trash, or bagged recyclables would just spread out and when it is windy the trash will scatter everywhere. Likewise, when you throw your bags of recycling bags in the big white trash bin, the aluminum cans and tin cans go everywhere and we would have to get a bin and pick everything up. It will be easier on us if they were in tied up trash bags because we would be able to perform our job in a much faster speed and we appreciate the extra help.

Page 4 Igiugig News and Notes

School Swarm

Elementary Writings

By Igiugig Students

By Kaylee Hill age II

Sweet potatoes



Left side is Chubby and the left is Spud

Do you want a fun and easy way to grow a house plant? The elementary class has been growing sweet potatoes. Here is the way grow a sweet potato. First you get a cup and fill it with water. Then you take some toothpicks and stick them in the potatoes. Take the potatoes with the toothpicks in them and put them in the cup of water they there is only a little bit of potato sticking out. Then in about a week there will be roots coming out. I think you should plant one. Try it sometimes. We have been growing

some. We even gave them names. There names are Chubby and Spud. We picked the names Spud because he is grow-

ing really fast. We picked the name Chubby cause he is short and chubby.

Friendly Ghosts

By Keilan Wassillie age 8

If you went through the haunted maze at our Halloween carnival, you know how spooky it was. Well, we wanted to make a maze that the preschool could go through. Here's what we did we put sheets over two tables and we set up the desks like a maze we put slimy peeled grapes in a bowl like fake eyeballs. We used gummy worms for them to feel. We ripped pieces of paper up for a fake snow storm and we rolled pumpkins out in front of them. We set a fake fire with Christmas lights and orange and yellow tissue paper. We ate the fake eyes and the gummy worms and we ate chunky zombie fingers that we made out of string cheese and red peppers for the fingernails. We were being friendly ghosts.

Recycling Center Cont.

By Fewnia Zharoff

I don't like it when we go through recycling bags, open them, and we see trash in the bag. We don't like that, because it was only suppose to be only recycling items. The trash in the recycling bags can make it smell inside. It is so gross to open a bag that was suppose to be recyclables and see trash, so please don't throw trash in your recycling bag. Thank you.

I am reminding you that we don't burn big cardboard boxes anymore. We don't want to burn boxes anymore because we are saving them for next spring for the green house. There is a sign for where the boxes go. It is the bin where we use to put the bagged trash. There are simple instructions on the bin for you to do.

Thank you very much. We all will appreciate it.

Page 5 Igiugig News and Notes

Halloween Party

By Dollyann Zharoff

The Halloween Party was a blast! We had many Halloween games: Ring Toss was supervised by Fewnia (the cones looked like witches hats); a Ping Pong toss overseen by Kaleb; Poke the Cup by Renae; Paper Roll Bowling monitored by Tia; Pudding in Face by Mr. B.; Fishing pole by Simeon; Photo Booth by Dolly;

and jail by Greg and Kaleb where you could put someone in jail for \$1.00 a minute.

There was an awesome, scary Haunted House, where some tears were shed. We had delicious hot dogs and chili, and many tasty desserts for the cakewalks. We had relay races and an egg toss. The relay race was a fun team game, and Kaylee and I did it. I was blind folded and Kaylee sat on a chair with wheels while I pushed her across the gym to the end. At the end I had to feed Kaylee a cup of pudding when I couldn't see. Her costume, which



Betsy and Dave

was Cleopatra, got a mess of pudding on it. It was mucky, but not as mucky as yellow pudding being thrown at Mr. B's face.

Many people had great costumes and painted faces. Kaleb had a big, light Tanya, Donovan, Avery and Tia! green, air filled costume, he didn't know what to call it, but he scared many of the little kids. Ida was also green; she was Fiona from Shrek. Simeon was a

big black gorilla, and Fewnia was Mustard and Tia was Ketchup. Ms. McKelvey was a fortuneteller, Mr. Page



AlexAnna & Renee with Little Tiger and Elsa

was a scary pirate, Karl and Stacy were fat sportsman fishers, baby Mavrik was a cute tiger, and the twins, Ruth and Olivia were cute ladybugs. AlexAnna had a very pretty masquerade mask on, Renee was a zoologist or anthropologist with a cute little monkey on her side, and Tatyana Rose was a super cool reptile. Keilan was a killer monkey; Aiden was the awesome wizard Gandalf. Kaylee was Cleopatra, Tanya was Ragdoll Sally, and Donovan was Jack Skellington from Nightmare before Christmas. Alicia was a vampire, Kiara was a diva, and Shealayla was a spooky soul taker. Avery was bat-woman, Jonathan was the transformer bumblebee and Dannika was a very adorable raccoon. Christina was a fly and Mr. B was poop and Erika was Elsa from the cartoon Frozen. Clara was a zombie, and Renae was happy clown.



Mr. Page and Kate

We do the Halloween Party every year, and every year it always turns out to be fun. We will most likely be hosting it next October and be seeing many amazing costumes, face paints, games, and foods.



Yup'ik Word Search

By Renee Grounds

Can you find these 8 common Yup'ik words and phrases? They may be diagonal, backwards, or connecting.

Practice and use these words today!

```
Yup'ik
        Ν
          ΑG
                U
                   Q
                      Τ
                         M
                            K
              Ε
Ε
        0
           G
                Α
                   C
                      Υ
                         Μ
                           Α
                              Y
                                 Α
                                    Υ
                                                         (hello)
                                           Waqaa
  Ε
Α
           J
              Т
                U
                   Η
                      Α
                         F
                            В
                                 C
                                    Ρ
                                           Aqumi
                                                         (sit down)
J
  M
     Ν
        Η
           U
              Ε
                Χ
                   0
                      U
                         Q
                            U
                              Υ
                                 Α
                                    Ν
                                          Kaiqtua
                                                         (I'm hungry)
              F
                Η
                   K
                         C
                            0
Ι
                                           Akutaq
                                                         (ice cream)
        Т
                   Τ
                              S
S
  R
           G
             Χ
                Α
                      G
                         В
                            Α
                                 Α
                                          Assirtuq
                                                         (it's good)
                Τ
                      Τ
                         C
L
  W
              C
                            Ν
                                          Quyana
                                                         (thank you)
Q
  Z
     Η
        Ν
           F
              Ε
                0
                   0
                      Α
                         Ζ
                            G
                              Ρ
                                 М
                                       J
                                          Qang'a
                                                         (no)
                Ζ
                      K
                         Ζ
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                         В
                               Ι
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                                      U
                                            Ask your elders for help
       Т
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                      Ζ
\mathbf{E}
  Ε
           F
              0
                   F
                         R
                              G
                                 V
                                    J
                                       R
                                            pronouncing these words!
             D R
                  A M
                         Ν
```

Bring in your completed puzzle to the hangar - the first 3 people will win a treat! Open to all ages!

Bring on Christmas Cheer Continued

By Ida Nelson

Jiles, our new Environmental Assistant, attended the ATCEM with Kannon earlier in November. He has some tips of when you are not in the vicinity, in my opinion, the greatest drinkable fresh water in the world. He has come up with some questions and answers for you to ask when you are around questionable water. Jiles lovely wife, Renee, has come up with a Yup'ik word search for us to enjoy and to become more engaged with our Yup'ik language. Also, Renee has a prize for the first 3 people who brings in their puzzle in completed.

Having no trained health aide in the village or a intenerate health aide to cover for our basic medical needs, I have written a small article on what the procedures are during this time. Please follow the tips given during our transition of new health aides in training. Last but not least, enjoy our latest announcements and pictures of your favorite people.

May your home be blessed with Christmas cheer and the love of family and friends near and far, Merry Christmas!

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Water Quality Q&A

By Jiles Pourier

I was excited to take part in the 20th Annual Alaska Tribal Conference on Environmental Management (ATCEM) with the Environmental Coordinator, Kannon. Everyone I met at the conference was full of praise for the successful environmental programs Igiugig has implemented and continues to develop. Since I am very new to my position as the Environmental Assistant, I wanted to glean as much knowledge as I could from the many presentations scheduled throughout the week. My focus was on the water quality track of presentations. Some of the recurring themes included protecting local water supplies, informing the public on water quality standards, and identifying suitable alternative sources of drinking water in rural areas. I've highlighted some of the relevant tips for Igiugig residents in a question and answer format.

Questions and Answers

Who is at the greatest risk of harm caused by unsafe drinking water?

Infants, children, elders and people experiencing an illness are at the greatest risk of harm from waterborne diseases and/or contaminants.

Can you define adequate safe drinking water? Water must be potable palatable, and available:

- -Potable water has to be free from microorganisms, harmful chemicals and other pollutants that can make you sick
- -Palatable water has a clean clear appearance with no bad taste or odor
- -Available water is readily accessible when needed, and in the quantity required for all common uses

How can I avoid getting a waterborne illness?

Use one of these three methods:

- -Disinfect by Boiling: boil water for at least 3 minutes to eliminate microorganisms in your drinking water
- -Sanitize: 1 teaspoon of Bleach (chlorine) per gallon of water is adequate to sanitize your drinking water
- -Filter: use a filter to get rid of harmful particulates in your drinking water and change the filter regularly

If water looks clean and smells clean, is it safe for me to drink?

No. Although water may look crystal clear and smell okay, it can still contain harmful microorganisms that can lead to waterborne illness. If you collect water from an unmonitored source you must test the water yourself.

Is it hard to do my own water testing?

No, it's easy! You just need an At Home Drinking Water Test Kit

Where do I get the tools to test my water?

- -You can order drinking water test kits online (www.Firstalert.com or www.amazon.com) to test for a variety of contaminants. They cost under \$20.
- -You can ask your Environmental Coordinator about how to acquire and use an at home water analysis kit.
- -If your water test shows the presence of harmful contaminants contact me or Kannon.

What other ways can I ensure that my drinking water is clean?

Water hygiene is mainly common sense but it is important to remember because clean water can be accidentally contaminated

- 1. Keep your water containers and utensils clean, sanitize them with bleach regularly
- 2. Take care in handling, transporting, & storing water to avoid contamination
- 3. Be aware of contaminates at the source or collection point of water

Do I need to practice water hygiene even if I am getting water from a monitored source? (e.g. school, pump house)

YES! Contamination of a common collection point or water source is the surest path to rapidly spreading disease throughout a community, significantly impacting the health and safety of infants, children, elders, family & friends.

Remember to practice water hygiene and stay vigilant in order to ensure the safety of members of our community. Clean drinking water is an essential part of our lives here in the village. Pass these tips along to others!

Emergency Medical Tips

By Ida Nelson

Igiugig ON call Cell phones: 907-533-1206 or 907-533-6020

Igiugig currently has no trained health aide in the village but we have a solution. While we wait for our two new hired health aides, April and Jiles, to be properly trained we have to rely on our Emergency Trauma Technicians (ett's) for major emergency events. The ETT team, which consists of Kannon, AlexAnna, April, Stacy, Sharolynn, Alicia and myself, is working closely with Nilavena Clinic and the physicians as our guide. We ask if you didn't know already, during normal business hours and you're sick, to call Nilavena and talk to one of the Physicians about your symptoms. Between you and the physician you will come up with a solution to how to treat your non-emergency medical needs. Given the amount of time and considering daylight they will send a plane for you to take care of your needs.

So what if it is after hours and it is a major medical needed attention? What is considered a major emergency after hours? Here are some but not all examples of when to call for help:

- an elder who is sick with a fever above 104 or has fallen down without explanation
- unexplained or sudden abdominal pains
- infant or a child with a fever above 104 and ibuprofen and Tylenol is not helping
- if pregnant and experiencing bleeding or contractions
- Difficulty breathing, shortness of breath
- Chest or upper abdominal pain or pressure
- Fainting or loss of consciousness
- Unresponsiveness when talked to or touched
- Drowning Even if person seems okay or if it was a near drowning
- Unexplained seizures or convulsions
- Sudden dizziness, weakness, or change in vision
- Mental change (such as confusion, unusual behavior, difficulty waking or speaking)
- Unexplained severe headache
- Sudden or intense pain
- Bleeding that won't stop
- Severe vaginal bleeding
- Coughing up or vomiting blood
- Suicidal or homicidal feelings
- Choking
- Severe burns
- Severe allergic reaction
- Trauma (injury)
- Hypothermia or abnormally low body temperature
- Heat stress or exhaustion
- Motor vehicle accident injury
- Industrial accident
- Drug overdose
- Poisoning
- Neck or back injury
- Children: Fast pulse that won't slow down; or stiff

Nilavena Subregional Clinic, SCF 8:00 AM to 5:00 PM Monday to Friday 907-571-1818

neck with fever

ANNOUNCEMENTS

REMEMBER In Igiugig We:

- ⇒ <u>Keep our Dogs Tied</u> up or on a Leash.
- ⇒ <u>Turn Off Lights</u> when leaving a public building.
- ⇒ Recycle: #1 to #7 plastics, aluminum cans, glass, tin cans. We also separate batteries and e-waste.
- ⇒ We have Eggs & Potatoes! \$4.50 a dozen eggs, free for elders. \$1.50 a pound for potatoes. Available at the hangar!
- ⇒ <u>Do Not Park</u> in front of the hangar or the white trash trailer.
- ⇒ <u>Do Not Litter</u>, we confront those that do, and we pick up trash that we see.
- ⇒ We Compost! Bring it to the greenhouse, please no dairy or meat products.
- ⇒ Contribute to the Newsletter! Send photos, news, important events to Ida: nelsonida2901@gmail.com
- ⇒ Love Our Village! Join Igiugig Village Info Zone on Facebook if you haven't already.

Winter Library Hours
Monday—Friday:
3:00pm to 5:00 Pm
Saturday:
12:00 pm to 2:00 pm

Deanne Anelon, an Itinerate health aide will be coming January 5th-16th, 2015

Igiugig General Store is Now OPEN! Store Hours: Monday to Sunday 4:00 PM to 5 PM The Igiugig Student Government is selling new items at the gift shop! Help us get to New Zealand The items include:

Sweat Pants Color Gray \$40.00

*Long-sleeved shirts \$30.00 Colors: Black, Gray, and Maroon S-XL



*Baseball hats \$20.00 Colors: Black and Maroon

*Zip-up hooded sweaters \$50.00 Colors: Black and Gray sizes from S-XL

*Additional pull over sweaters along with Youth sizes of Orange
Youth size s-XL

November 2014

Average Temp: 34*

High Temp: 54 on the 20th

Low Temp: 7* on the 5th

Average Wind: 9 MPH

High Wind: 63 MPH

Dom. Direction: NorthEast



Julie's birthday celebration with family



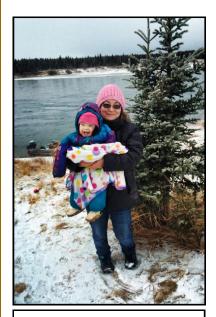
Jon and Shea working on crafts in school



1st grade and Kindergarteners love Mr. B



Brittney, Sharolynn, Clara, & Alicia going for a ride



Sharon and Olivia playing outside



Julie with her Grannies on her Birthday



Aiden and Taty playing outside



Georgette and Christina at AFN



Renee, AlexAnna and Mavrik flying



Terry, Donovan, Tony and Terek all took a break from work to vote this year.



Mary O celebrating her 83rd birthday



Jon at the Century link prevention center in Seattle



Olivia and Atlas going for a ride



Kaylee and Danni sliding down sand pit with little snow we got





Kaylee sleeping and Kaleb on their way to Anchorage



Tia with her sister



Avery, Erika, and Danni all buckled to fly home



Shea wagon sailing on a windy day



Eileen, Altas and Kiara relaxing



Mackenzie with Erika and Avery during preschool



Nanna Shoon and Deanne





PO Box 4008 Igiugig, AK 99613

First Class Mail

Front Page Photo Credit: Renae Zackar, dried pike on the table

Back Page Photo Credit: Ida Nelson, Johny Jump Ups bloomed in November

Igiugig Tribal Village Council Newsletter