



Birthdays

May

- 5th - Tate Gooden
- 8th - Sharolynn Zackar
- 8th - Alice Zackar
- 11th--Ella Gooden
- 11th Luke & Addison
- Anelon-Salmon 1st Birthday
- 12th - Tanya Salmon
- 15th - Leif Richards
- 17th- Tia Hobson
- 23rd- June Gooden
- 29th- Walt Gooden



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Still Spring

By Ida Nelson

Spring time is here in Iguigig and the birds have returned! We welcome spring. Most of the ice on the ponds is gone and Iliamna Lake is currently honey-combed. Please practice safety and use your head. Be safe and mindful of your surroundings.

Reminder: We are coming close to the end of the school year and we have our annual village clean up. Stacy Hill can tell you more in her article. Alicia has an update about the Book Off she did this spring and we'll have an update on winners in our next newsletter. Before we headed off to Arizona, the high school and middle school students wrote and performed their speeches at the school. You can read a few of them in this newsletter.

Quyana to all the people who donated and helped make our Arizona Trip possible. Following the student's articles, you can view some of our photos that highlight our trip. Also included are more pictures of your favorite people and announcements. Its spring time and remember to be careful and enjoy it before the bugs return!

SPRING CLEANUP 2017

By Stacy Hill

Spring has arrived and it's time for our annual village cleanup! The date is scheduled for May 17th. We will meet at the school at 10:00 am and break into groups. After the cleanup we will be having a barbecue at the ball field. Please bring a side dish to share. The village will provide the hot dogs, hamburgers, and soft drinks. All adult volunteers who participate in the clean up activities will receive a landfill discount. If anyone would like trash picked up the day of the cleanup, please have it bundled up and placed alongside the road. We will have trucks driving around picking it up.

Books People Read for 2017 BOOK OFF

0-5 year olds

- Addi-18
- Luke-18
- Mav-24
- Erika- 26

6-10 year olds

- Jem-5
- Jon-5
- Avery- 14
- Danni-5
- Shea- 5

11-20 year olds

- Walt-
- -Magnus Chase and the Gods of Asgard, Rick Riordan, 491
- -Were World Age of Lions, Curtis Jobling, 407
- - Diary of a Wimpy Kid, 217
- - Diary of a Wimpy Kid: Dog Days, 217
- -Diary of a Wimpy Kid: Ugly Truth 217
- - Diary of a Wimpy Kid: Cabin Fever 217

- - Diary of a Wimpy Kid: The Third Wheel 217
- Kiara-
- -Alone, Holly Hook, 165
- -Found, 168
- -Freed, 180
- -Sanctuary, Devon Ford, 197
- -We All Looked Up, Tommy Wallach, 370
- - Hunger Games, 374
- -Catching Fire- 391
- -Mocking Jay- 390
- -Song of the Summer King, Jee E. Owen, 264
- - Skyfire, 412
- - A Shard of Sun, 398
- - This Is Where It Ends, 285
- -Unhooked, 344
- - Dragons of Arethia, 242
- -A Princess of Mars, 326
- -A Dogs Purpose, 336
- - Harry Potter and the Cursed Child, 320
- Dolly
- -Thuvia Made of Mars, 126
- -The Chessman of Mars, 222
- - Into the Wild, 203

21-200 year olds

Julie

- Evergreen, Belva Plain, 698
- Flirting With Disaster, Sherryl Woods, 392
- Davy
- Prey, 507
- Guns of Timberland, 224
- Sandy
- The Shack, 256
- The Girl from the Sea, 306
- Alicia
- Before I Fall, 470
- Paper Princess, 370
- Broken Prince, 370
- Twisted Palace, 370
- If I stay, 201
- Beautiful Disaster, 319
- Walking Disaster, 448
- Beautiful Wedding, 148
- Christy
- I Suck at Girls, 367
- The Girl with the Lower Back

Below you will be able to read our students A.A. (academic athletic) Meeting speeches.

One of the best ways to learn how to handle the competition and conflicts of daily life is to learn from great fictional characters. Three of my favorites are: John Carter, Lyra Belacqua, and Mo.

John from the books of John Carter of Mars by Edgar Rice Burroughs, teleported to Mars, the god of war. John Carter is a smart, dauntless man, he is fair to others, and will be your loyal friend, or enemy, if you threaten him. John Carter competes for his life, saves his companions and competes for the one he loves. What I have learned from John Carter is fairness, there were his enemies who killed anyone outright, because they liked killing, and John only did self-defense fairly. He also was loyal to his friends, and showed genuine love.

Lyra Belacqua, from the works of The Golden Compass by Philip Pullman. Lyra is from another world where they have dæmons, animal companions that can shape shift, they are super natural spirits, and are owned by every person in this contrasting universe. Lyra and her allies compete against a church government that are wanting to be rid of the dæmons and peoples free will. Lyra is cunning, and brave. Loyal to her friends, whom she did not give up saving.

Mo from the Inkheart Trilogy by Cornelia Funke. Mo is a talented man. He repairs books, and Mo also has a peculiar gift. When Mo reads aloud from books the characters come to life appearing before him. Mo's gift has a consequence: every time something comes out of a book, something must go into it. Mo accidentally brings out three villainous men from the book called Inkheart. The villains are after Mo. They want him to bring out something evil from their book. Mo and Meggie are forced to compete against the villains and the monster that waits. I have learned from Mo, and the characters from Inkheart

Though Mo, Lyra, and John Carter are fictional, and from books, they still have competed for something such as we do in reality. Books are there for us to learn from, to enjoy, be moved by, and understand.

The Games People Play

By Dolly Zharoff

What is it about competition that makes it so motivating to people? When we play games in our classes, learning is more fun. When we go to gym, we play an Around the World 3-point game, we play 2-4 games and see who wins the most. I have even seen two elementary students racing to see who would get to the waste basket first to throw away trash. So competition is a normal part of life. Sometimes it's spontaneous, and sometimes it's planned. And sometimes it's really crazy. Have you heard of the sport called "Wife Carrying?" This sport is where male competitors race against each other through watered and dried obstacles carrying a female companion, either their real wife, a friend or a neighbor. If you were one of these guys, you could carry her a couple different ways: the piggy back, the fireman's carry, which is over one shoulder, or Estonian-style, where the wife hangs upside-down with her legs around the carrier's shoulders and her arms holding his waist. During the official Wife Carrying Championships held in Finland, two couples race at the same time, each team getting one helmet for the wife and a belt for the carrier. For their award, the winners get beer equal to the companion's weight. So the heavier the wife, the better. If you think Wife Carrying is strange, then wait until you hear about this. Do you think that grown men would play with a dead animal as a competitive sport? Imagine the men in your village racing around on Hondas, trying to throw a dead rabbit into a goal. Wouldn't happen, right? Well, Buz-kashi is the National game of Afghanistan, and surrounding countries. The name Buz-kashi means "goat dragging." It is brutal, and not very pleasant. It's like football, only on horseback and with a dead headless goat. Each team tries to get the carcass of a goat into a goal. The field is a four hundred meter square, about 4 times as long as a football field.

The Games People Play (continued)

By Fewnia Zharoff

Each team has ten horse riders, with only five riders playing at one time. In a tournament the games last for an hour and a half, and players can do pretty much whatever they have to, to get the carcass into the goal. It's dangerous, but the people love it.

Wife Carrying and Playing with a dead goat might sound weird to us, but in the state of Alaska, we have some weird competitions too, like the ear pull or seal hop in Native Youth Olympics. Those come from back-in-the-day-skills us natives use to need, and use to do all the time. "Most ear pull competitors say they do it to endure pain, but the old Inuits used to practice this game as training for enduring ear frostbites." The seal hop is a game of endurance and toughness, and was traditionally used to train hunters to sneak up on a seal, mimicking the seal's movement on the ice.

So you see, no matter where we live, there's always competition, and often it comes from our history. Wife carrying started long ago when Ronkanin the Robber and his band of thieves raided villages and stole women to be their wives. Buz-kashi comes from a brutal land where life is hard and people are tough. The same goes for traditional Alaskan games. They each test strength, quickness, and your ability to take on a challenge. As strange as they may seem, the games we play are a part of who we are. So it's worth asking, what games do you like to play?

Competition by Kaylee Hill

Fish are a big part of our lives. Every summer people harvest salmon to eat and gain strength from. But now wild salmon have competition, farmed and hatchery salmon. As in any competition, what you think about the issues depends on which side you're on. Commercial fishermen are concerned about the economics. One fisherman said, "If there were no farmed or hatchery salmon my wild Alaskan salmon would be in higher demand and therefore would be worth a lot more money." Other people worry that diseases from farmed fish will wipe out the wild salmon population.

So what exactly is the difference between hatchery and farmed salmon? Craig Parry, a hatchery manager, explains how it works: "We take naturally reproducing salmon stock and enhance it. We spawn the males and females in a hatchery setting and incubate the eggs and fry...over the winter. And in the spring we feed them for a couple of months and then let them go into the wild to grow."

Farmed fish, on the other hand, live their whole lives in big football field size pens and are fed ground up chicken scraps that are dried and made into little pellets with coloring in it to make the fish look more pink. Fish farms are not legal in Alaska but they are in Canada. The Canadians are mostly farming Atlantic salmon, which spawn multiple times and grow faster than Pacific salmon. "In Alaska we look at fish farming as being bad because Atlantic salmon can spread diseases to Pacific salmon." Just imagine being in tight quarters with a bunch of other people for a long period of time. We all know how gross that can be. That's how these salmon live.

Competition

Continued from Page 4

When contaminated water from fish farms flows into the environment, it can pass bacteria and disease into our wild salmon. That's not a good thing. It has a possibility of wiping out our wild salmon, as well as many other fish. The types of diseases farmed fish spread include fungal infection, metazoan parasites, and pseudomonas. I don't know about you, but those aren't something I want on my dinner plate! These diseases stress out the fish, change their color, rot their fins, and end in death.

Now, because "natural stocks of fish cannot reproduce at the rate they are being harvested to feed the world," some people believe that it's okay for humans to help the fish population grow. While they admit that "bad things can and do happen in fish farming just like with any industry," they think that by being careful they can avoid problems.

To me, it seems to be a very unfair competition. Wild salmon have been adapting and surviving for millions of years. And now humans, trying to "help" the salmon population, may end up hurting it instead.

Competition Between Fast Food Restaurants

By Kiara Nelson

All fast food places want you to buy their food and spend your money on junk such as burgers and fries. Why do we do it even though we know that it's bad for us? Why do people like fast food? The answer is that it is cheap, convenient, and tastes good. The fast food industry will do just about anything to compete for your money.

How do fast food restaurants make their food so cheap? It's all about the government. The government is paying the chicken, beef, and vegetable farms in food subsidies. A subsidy is a sum of money granted by the government to assist an industry or business so that the price of a commodity or service may remain low or competitive.

How do they make it convenient? Location, location, location! It's all about where the food joints are. According to New York Times, McDonalds has a goal to have one of its restaurants within four minutes of every neighborhood or town. They do this so people can have easy access.

The fast food industry wants you to have their food close to have more customer satisfaction which can lead to a higher rating. For example, if a Taco Bell opens, then a McDonalds opens right next to it. If a KFC opens then a Burger King lands right next to it, and so on.

They have been competing for space for so long there are food deserts everywhere. A food desert is where there is nothing but fast food restaurants.

How do they make food taste good? Fast food joints add excess fat, sugar and salt, which makes it more addictive to the human body.

10,000 years ago, when people had fat, sugar, and salt, it was a rare prize to have. But nowadays we have it all the time, and all the disease that goes with it. Fast food places want to convince you that their food is healthy by placing athletes and famous people in poster-ads and commercials eating "healthy food." Such as salads and low-calorie meals. This will persuade you to buy their food because it's *good* for you. But in reality, it is not.

Competition Between Fast Food Restaurants

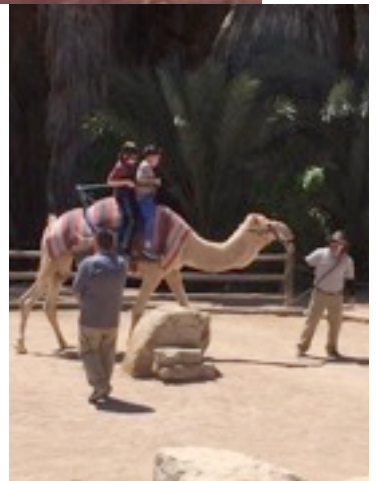
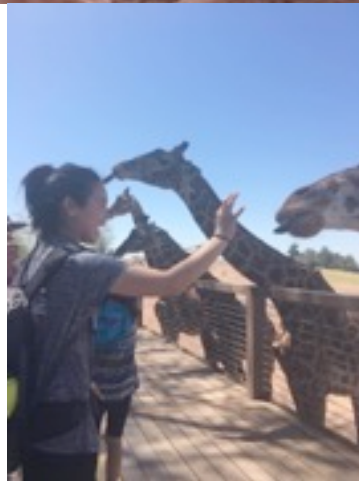
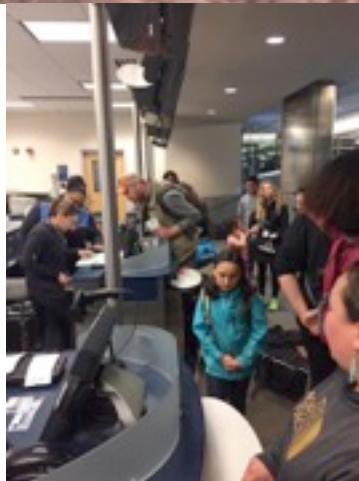
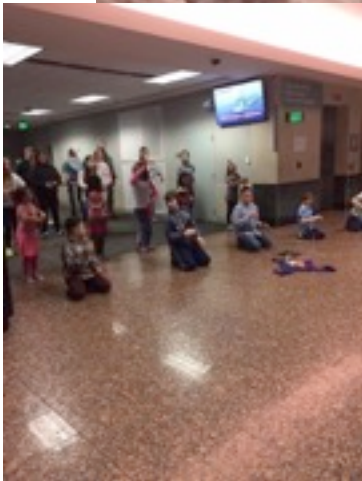
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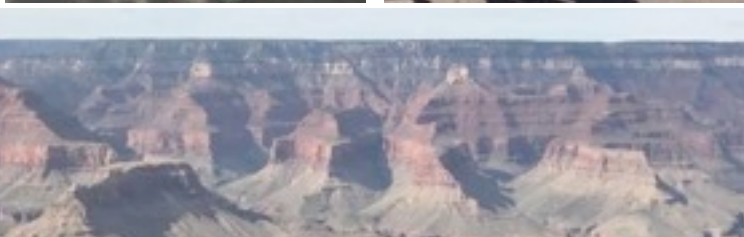
Places like McDonalds and Burger King send you a message saying “Oh look, Stephen Curry or Serena Williams is eating our merchandise which makes it healthy for you! Buy our food!” It’s like an illusion, they want you to think that their food is good for you. When you see the burger commercials, the one that is convincing you to buy makes it look really, really appetizing. But instead you get a disguised disease.

We can compete against the industry’s tactics by knowing what they are and by choosing to spend our money on healthy, unprocessed foods to live a healthy and longer life. Next fall, back at home, we are doing a native foods challenge where we will not have processed food for six weeks. We will eat local foods such as berries, moose meat, dry fish, etc.

We can’t really afford not to eat healthy. Restaurants are competing for our money, but we are competing for our lives.

ARIZONA SCHOOL TRIP PHOTOS!









Shea taking Teagan out to play.



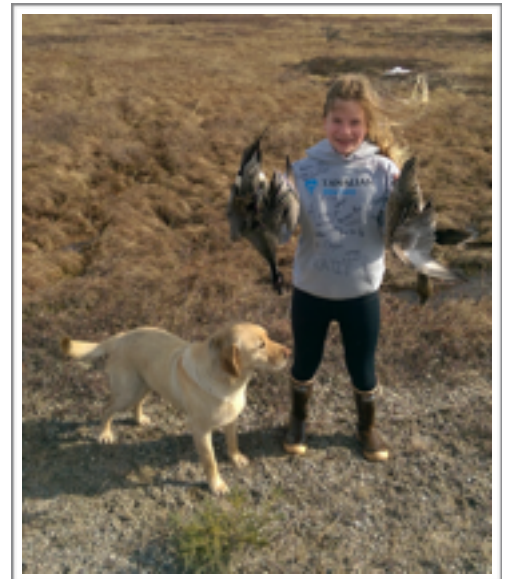
Renae enjoying a picnic.



Stacy heading off to Goose Camp.



Cool girl Teagan.



Kaylee with her two birds.



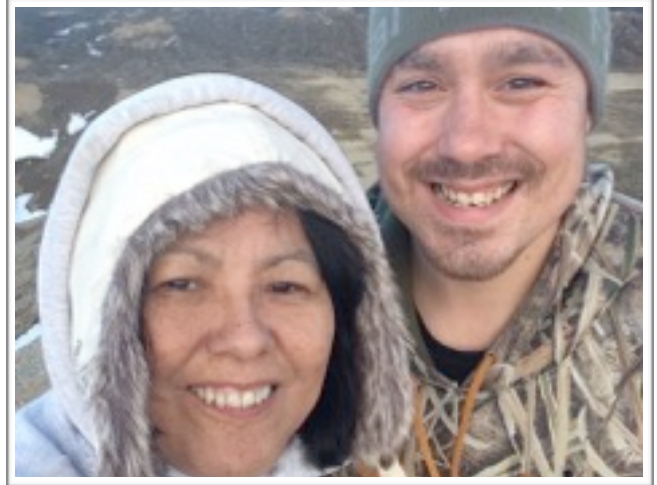
June and Champ picking up mail.



Olivia with freshly caught Pike.



Mav and Erika on the mini sno-go.



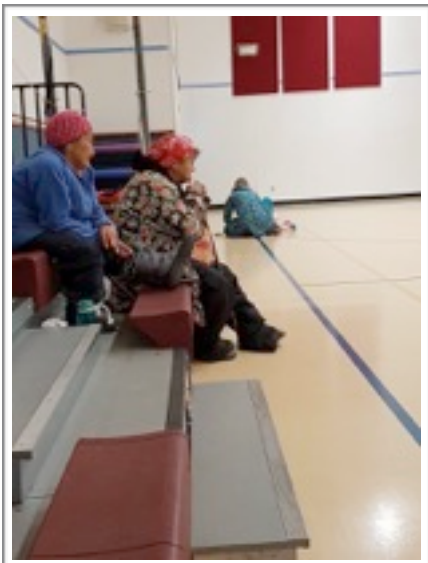
Lorraine & Erik enjoying spring weather.



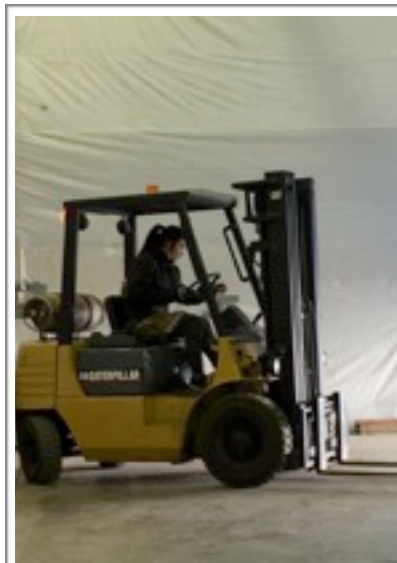
Teagan on Tony's back walking around.



Greg with Marie during Easter Services in Anchorage.



Alice and Dalia watching little kids play in the gym.



Sharolynn earning her forklift certification in Anchorage.



Jem, Shea & Danni roasting marshmallows. [10 of 12](#)

ANNOUNCEMENTS

Remember in IGIUGIG We:

- Keep Your Dogs Tied Up or on a leash.
- Turn Off Lights when leaving a public building
- Recycle: #1 to #7 plastics, aluminum, cans, glass, tin cans. We also separate batteries and e-waste.
- Do Not Park in front of the hanger or the white trash trailer.
- We compost! Bring it to the greenhouse, please no dairy or meat products.
- Contribute to the newsletter! Send photos, news, important events to Ida @ igiugignewsletter@gmail.com
- Love our village? Join Igiugig Village Info Zone on Facebook if you haven't already.

Igiugig General Store

Hours: Monday - Saturday

3:00 PM - 5:00 PM

It is located at the white house near the Zackar's house. Call 907.533.3069 to open or if you have any questions.

Important Dates!

5/1/17 - 5/5/17: Goose Camp.

5/8/17: SCF Dental comes to IGI.

5/8/17: Inservice.

5/9/17: Dolly's Graduation!

5/17/17: School Closes & Village Clean Up.

LIBRARY HOURS

MONDAY - FRIDAY: 4:00PM TO 6:00PM

SATURDAY: 2:00PM TO 4:00PM

HOURS ARE SUBJECT TO CHANGE.

Clinic News

The Igiugig after-hours emergency number is **907.533.6020.**

If there is *no health aide in the village*, please call the Nilavena Clinic at 907.571.1818 or 907.571.7111 for after-hours emergencies.

Igiugig Village Council

IVC Board & Main Staff

AlexAnna Salmon, President

Karl Hill, Vice-President

Kevin Olympic, Member

Christina Salmon, Member

Sandy Alvarez, Director of Accounting
& Finance

Alicia Zackar, Social Service Director/Member

Tanya Salmon, Librarian

Stacy Hill, IGAP Director

Ida Nelson, Tribal Clerk & Newsletter
Editor

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Loretta Peterson, Tribal Clerk

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First Class mail

Front Page Photo Credit: Christina Salmon-Bringhurst: Group picture at Slide Rock.

Back Page Photo Credit: Christina Salmon-Bringhurst: Group picture at the Meteor Crater Arizona.

Igiugig Tribal Council Newsletter